Julien Vaisman, M.D.

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Email: julien.vaisman@painandwellnesscenter.com

Education: Iassy School of Medicine Iassy, Romania

Student 1973-1976

Hadassah Medical School Jerusalem, Israel

Student 1977-1980

Bethesda Hospital Essen, Germany Completed an elective month in obstetrics April, 1980

and gynecology

Sourasky Medical School, Tel Aviv Medical School Tel Aviv, Israel

Rotational Internship December 1980-December 1981

Israeli Defense Force Israel

Medical Officer (captain) 1982-1985

LaGuardia Hospital, Cornell Medical Center Forest Hills, NY

Medicine/Surgery Internship, Internal July 1986-June 1989

Medicine Residency

Brigham and Women's Hospital Boston, MA
Fellowship in Anesthesia, Pain Management July 1989-June 1990

Texas Tech. University Health Science Center **Observed Management and Procedures**Lubbock, TX

November, 1991

at the Pain Institute

Brigham and Women's Hospital Boston, MA **Anesthesia Residency** July 1992-December 1996

Boven University Hospital 1992, Amsterdam, Holland,

Observed Procedures at the Pain Institute

Training: January 1995 to March 1995, Deaconess Hospital

Trained in the application of neural augmentative pain management procedures. Gained hands-on experience

With implantable devices, including surgical implantation of spinal cord stimulators, intrathecal pumps and long-term epidural catheters.

October 1995 to November 1995, Methodist Hospital, Houston, Texas

Spent one month, gaining hands-on experience in interventional procedures under the direct supervision of Dr. Vladimir Redko, MD

Accomplishments:

Diplomat of the American Board of Internal Medicine (September 1989) Diplomat of the American Board of Anesthesiology (April 1996) Certification of Added qualifications in Pain Management (September 1996)

Recognized by American Academy of Family Physicians as an active teacher in family medicine.

Interventional procedures adviser for the New England Pain Association.

Special recognition award for resident teaching, Department of Physical Medicine and Rehabilitation, Spaulding Hospital, Harvard Medical School, June 29, 2001.

Awarded honorary member for outstanding contributions in the study and policy of pain by the "Algesiology Association of Romania", May 2008

Patent No: US 7,549,996B2 awarded on June 23, 2009. "Tunneling needle design having an on-demand removal hub."

Member of manuscript review board for Neuromodulation Journal (2010 to present).

Professional Organizations:

Member of International Society for the Study of Pain Member of the International Spinal Injection Society Diplomat, American Academy of Pain Management Valid Massachusetts medical license

Professional Experience:

Wise Appalachian Regional Healthcare, Wise, Virginia, August 1990 to June 1992

Practice including pain management and internal medicine

Boston University Hospital, Boston, MA, January 1995 to October 1996

Assistant Professor of Anesthesiology, Co-Director of the Pain Clinic Participating in patient's care as well as teaching residents and fellows. Grand rounds given at Spaulding Hospital, Brigham and Women's Hospital and

Cornell Medical Center.

Various speaking engagements on pain management topics such as interventional techniques, precise spinal diagnosis, cancer and neuropathic pain. Guest speaker at the International Pain Symposium, Iassy, Romania.

Pain and Wellness Center, 10 Centennial Drive, East Entrance, Peabody, MA 01960 August 1996 to present Director

Multi-disciplinary clinic that brings together a team of professionals in the diagnosis and treatment of chronic pain.

Teaching is being provided on a regular basis for residents and fellows from Spaulding Rehabilitation Hospital and from Malden Family Practice (Tufts) residency program.

Guest speaker at various seminars for pain management, including "hands on" courses organized by "Clinical Education, Inc.".

Guest speaker for the residents in Internal Medicine at North Shore Medical Center, Salem, MA, Tufts Medical School for Family Practice.

Grand Rounds at the Occupational Medicine Division, Harvard Medical School, Spaulding Rehabilitation Hospital and Massachusetts General Hospital.

Presentation on the "Treatment of osteoporotic vertebral compression fractures" at the international symposium of pain management in Iasi, Romania, May 2008.

Teaching of Surgical Technique. Medtronic Implantable Pain Therapies Boston Cadaver Course. Peabody, MA June 16, 2007

Instructor of Physical Medicine and Rehabilitation, Harvard Medical School, Spaulding Rehabilitation Hospital, Boston, September 2001 until the present.

Publications:

- 1. The effect of Phenylephrine and Tropicamide on the pupil of the diabetic patient.
 - M.D. Thesis, 1980, Tel Aviv, Israel
- 2. Painful Rheumatoid Arthritis
 Core curriculum for professional education in pain, IASP publication, 1991

- 3. Acupuncture Obstetric Analgesia, edited by G.W. Ostheimer, chapter 140, Churchill-Livingstone, 1991
- 4. Regression of Sensory Anesthesia During Continuous Epidural Infusion of Bupivicaine and Opioid for the Total Knee Replacement, Ferrante FM, Vaisman J. et al, Anesthesia Analgesia, 1993; 77:1179-84
- Pulse radiofrequency. A new and ingenious modality for pain management.
 New England Pain Association Newsletter, Vol 4, Issue 2, Sept. 1999
- 6. Pelvic Hematoma after an Ilioinguinal Block for Orchialgia Anesthesia Analgesia 2001; 92:1048-49
- 7. Interventional Pain Management Interventional techniques for the alleviation of pain in the care of HIV-infected patient, in Pain Management, Anesthesia and HIV/AIDS, edited by Srdjan S. Nedeljkovic, Butterworth-Heinemann, 2002.
- 8. Refractory episodic cluster headache responsive to percutaneous cervical zygapophyseal radiofrequency ablation, Headache, The Journal of Head and Face Pain, 43:3, 279-281, 2003
- 9. Polymethylmethacrylate-Filled Needle Track Three weeks after Percutaneous Vertebroplasty, Pain Physician, 2004, Vol. 7, No. 4, 487-489
- 10. Subcutaneous Peripheral Nerve Stimulation with Paddle Lead for Treatment of Low Back Pain: Case Report. Neuromodulation 12(3): 205-209, 2009.
- 11. Alternative View for the Interlaminar Cervical Epidural Steroid Injections, Letter to the editor, Pain Medicine 2010;11:1743
- 12. Poster presentation at the North American Neuromodulation Society, December 3, 2010 Las Vegas "The treatment of medically intractable Trigeminal Autonomic Cephalalgia with supraorbital/supratrochlear stimulation: a retrospective case series". The poster was awarded the first prize at the conclusion of the meeting.
- 13. Role of Indium Scan in Assessing Catheter Malfunction with Implantable Spinal Infusion Pumps, Letter to the editor, Ordia J, Vaisman J.,PM&R, Vol.3 957-989, 2011.

14. Treatment of Chronic, Intractable Pain With a Conventional Implantable Pulse Generator, A Meta-analysis of 4 Clinical Studies, Slavin, KV, Vaisman, J et al, Clin J Pain 2013 Jan; 29(1):78-85.

- 15. The treatment of Medically Intractable Trigeminal Autonomic Cephalalgia With Supraorbital/Supratrochlear Stimulation: A retrospective Case Series, Neuromodulation: Technology at the Neural interface 2012; 15:374-380. J. Vaisman, H. Markley, J Ordia, T Deer.
- 16. Safety and efficacy of peripheral nerve stimulation on the occipital nerves for the management of chronic migraine: Results from a randomized, multicenter double-blinded, controlled study. Cephalalgia 2012, Dec 32(16):1165-79. Silberstein SD, J. Vaisman et al.
- 17. Poster presentation at the joint meeting of the International Headache Congress and American Headache Society, Boston, June 2013: Evidence for long-term efficacy of peripheral nerve stimulation of the occipital nerves in the management of chronic migraine. Dodick, D, Vaisman, J et al
- 18. Poster presentation at NASS meeting, Las Vegas, December 2013. Impact of surgeon's experience in performing peripheral nerve stimulation procedures on treatment efficacy and safety. Ashwini Sharan, Julien Vaisman et al.
- 19. Supraorbital and Supratrochlear stimulation for Trigeminal Autonomic Cephalalgias, Current Pain and Headache Reports, February 2014, 18:409. Julien Vaisman, Edrick Lopez, Nicholas K. Muraoka.
- 20. Analysis of adverse events in the management of chronic migraine by peripheral nerve stimulation. Neuromodulation, 2014. Ashwini Sharan, Julien Vaisman et al.
- 21. Managing loss of intrathecal baclofen efficacy: Review of the literature and proposed troubleshooting algorithm, Neurology: Clinical Practice, letter to the editor, October 2014. Orida J, Vaisman J.
- 22. Post –surgical spine Syndrome.Surg Neurol Int 2011;2:132.Ordia J, Vaisman. J.
- 23. Safety and efficacy of peripheral nerve stimulation of the occipital nerves for the management of chronic migraine: Long term results from a randomized, multicenter, double blinded, controlled study. Cephalalgia 2015 Apr 35(4):344-58, Dodick DV, ... Vaisman.J.

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Languages: Fluent in English, Hebrew, Romanian and French.