Welcome to DCR’s Walden Pond State Reservation

Renowned as the former home of Henry David Thoreau and the inspiration for his book, Walden, Walden Pond offers over 300 acres of park land primarily used for swimming and hiking. The reservation is part of the Massachusetts state park system and is managed by the Massachusetts Department of Conservation and Recreation (DCR), an agency of the Executive Office of Energy and Environmental Affairs.

ABOUT DCR

DCR oversees 450,000 acres of parks, forests, beaches, bike trails, watersheds, and dams. Its mission is to protect, promote, and enhance the state’s natural, cultural, and recreational resources. To learn more about DCR and to discover more parks and recreational opportunities within the Massachusetts state parks, visit www.mass.gov/dcr.

Healthy Heart Trail (1.7 miles)

• Designated by a heart symbol, Healthy Heart Trails are pathways or trails used for hiking or walking that are easy to moderate in activity level and intended for routine use to help build a healthy heart.

TRAIL USE GUIDELINES AT WALDEN POND

• Stay on designated trails and roads.
• Observe all posted rules and regulations.
• Motorized uses prohibited.
• Bicycles and horses are not permitted on any hiking trail or unpaved road.

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