

What are MassHealth Long Term Services and Supports?

Long Term Services and Supports (LTSS) help with things like:

- Assistance with Activities of Daily Living (ADLs), such as dressing, bathing, and mobility
- Assistance with Instrumental Activities of Daily Living (IADLs), such as laundry, shopping, and housekeeping
- Skilled care, such as wound care and therapies
- Medical equipment and supplies

Some MassHealth LTSS programs include:

- Group Adult Foster Care (GAFC):
 - Daily assistance with ADLs, IADLs, nursing and case management services
 - Eligibility: MassHealth members who are elderly and/or disabled and enrolled in MassHealth Standard or CommonHealth¹ and meet clinical criteria
- Personal Care Attendant Services (PCA)
 - Personal care attendant hired and trained by MassHealth member to provide hands-on assistance with ADLs or IADLs.
 - Eligibility: MassHealth members with permanent or chronic disabilities who are enrolled in MassHealth Standard or CommonHealth and meet clinical criteria
- Home Health Services (HH)
 - Nursing visits, home health aide services, physical therapy, speech therapy, and occupational therapy services to MassHealth members in their homes and communities.
 - Eligibility: MassHealth members enrolled in MassHealth Standard, CommonHealth, Family Assistance, or CarePlus and meet clinical criteria
- Durable Medical Equipment (DME)
 - Medically necessary equipment, accessories, or supplies that a MassHealth member needs in their home.
 - Eligibility: MassHealth members enrolled in MassHealth Standard, CommonHealth, Family Assistance, or CarePlus and meet clinical criteria
- Hospice Services
 - An all-inclusive benefit of services designed to meet all of the member's end-of-life medical needs related to their terminal illness, as well as the member's and their family's psychosocial, spiritual, and emotional needs.
 - Eligibility: MassHealth members enrolled in MassHealth Standard, CommonHealth, Family Assistance, or CarePlus and meet clinical criteria

How do I obtain Long Term Services and Supports?

- Contact [MassOptions](#) at 1-800-243-4636 to ask which services best meet your needs
- If you are enrolled in a [MassHealth health plan](#), contact your plan and ask for help accessing LTSS
- Reach out to your Primary Care Physician (PCP) to discuss needs, current supports, and referral options
- Contact MassHealth Customer Service at 1-800-849-2900 to get a list of LTSS providers and resources.
- For more information visit [MassHealth Webinars for Homeless Providers | Mass.gov](#)

¹ MassHealth members on CarePlus who are assessed to need Group Adult Foster Care services should contact a [MassHealth Enrollment Center](#) to determine if they are eligible for Standard coverage.