



## YOUTH

**NIDA for Teens:** [www.teens.drugabuse.gov](http://www.teens.drugabuse.gov)

Education for adolescents, parents and teachers on the science of addiction.

**Above the Influence:** [www.abovetheinfluence.com](http://www.abovetheinfluence.com)

Helps teens to be more aware of the influences around them.

**Just Think Twice:** [www.justthinktwice.com/](http://www.justthinktwice.com/)

A Drug Enforcement Agency (DEA) resource for teens.

**The Truth:** <https://www.thetruth.com/>

A national campaign aimed at eliminating teen smoking in the US.

## OLDER ADULTS

**National Institute on Aging (NIA):**

<http://www.nia.nih.gov/>

NIA leads a broad scientific effort to understand the nature of aging and to extend the healthy, active years of life.

- **Facts About Aging & Alcohol:**  
<https://www.nia.nih.gov/health/facts-about-aging-and-alcohol>
- **Medicines & Medication Mgt:**  
<https://www.nia.nih.gov/health/topics/medicines-and-medication-management>

## ADULTS / DATA

**National Institute on Health (NIH):**

<http://nih.gov/>

NIH is the nation's medical research agency.

**Natl. Inst. on Drug Abuse (NIDA):**

[www.drugabuse.gov/](http://www.drugabuse.gov/)

Advancing the science on the causes and consequences of drug use and addiction.

**Natl. Inst. on Alcohol Abuse & Alcoholism:**

<http://www.niaaa.nih.gov/>

Leads the national effort to reduce alcohol-related problems.

**Rethinking Drinking:**

[www.rethinkingdrinking.niaaa.nih.gov](http://www.rethinkingdrinking.niaaa.nih.gov)

Website and booklet produced by NIAAA.

**Natl. Council on Alcohol & Drug Dependence (NCADD):** <http://www.ncadd.org/>

A health organization dedicated to fighting alcoholism & drug addiction.

**Subst. Abuse & Mental Health Svcs. Admin. (SAMHSA):** [www.samhsa.gov](http://www.samhsa.gov)

Publications, data, programs, grants, and treatment locators.

**DEA Drugs of Abuse Resource Guide:**

[https://www.dea.gov/pr/multimedia-library/publications/drug\\_of\\_abuse.pdf](https://www.dea.gov/pr/multimedia-library/publications/drug_of_abuse.pdf)

A guide describing a drug's effects on the body and mind, overdose potential, origin, legal status, and other key drug facts.



# RECOVERY & SUPPORT

**Alcoholics Anonymous:** <http://www.aa.org/>

**Narcotics Anonymous:** <http://www.na.org/>

**Heroin Anonymous** (*find a meeting*):  
<http://heroinanonymous.org/meetings>

**SMART Recovery:**  
<http://www.smartrecovery.org/>  
A self-empowering addiction recovery support group. (*not a 12-step program*)

**Faces and Voices of Recovery:**  
[www.facesandvoicesofrecovery.org/](http://www.facesandvoicesofrecovery.org/)  
Individuals and organizations joining together to support recovery advocacy.

**Young People in Recovery:**  
<http://youngpeopleinrecovery.org/>  
A national advocacy organization, for youth to find and maintain their recovery from addiction.

**Addiction Policy Forum**  
<https://www.addictionpolicy.org/>  
Working to eliminate addiction as a major health problem.

**G.R.A.S.P. Grief Recovery After a Substance Passing:** <http://grasphelp.org/>  
A support community for those who have lost someone to substance use or addiction.

## FIND TREATMENT

**National Helpline:**

1-800-662-HELP (4357)

**SAMHSA Bh Treatment Locator:**  
<https://findtreatment.samhsa.gov/>



## MAT

**Decisions in Recovery:**  
<https://mat-decisions-in-recovery.samhsa.gov/>  
Information about treatment options; ways to locate a provider who can help; videos of people in recovery; and a wide variety of resources on recovery support and treatment.

**MAT Advocacy—Legal Action Center:**  
<https://lac.org/mat-advocacy/>  
A law and policy organization fighting discrimination against people with histories of addiction, HIV/AIDS, or criminal records, and advocating for sound public policies in these areas.

## CO-OCCURRING

**National Alliance on Mental Illness:** <https://www.nami.org/>  
Dedicated to building better lives for those affected by mental illness.

**National Institute on Mental Health:**  
<https://www.nimh.nih.gov/index.shtml>  
The lead federal agency for research on mental disorders.

**The National Council:** <http://www.thenationalcouncil.org/>  
The voice of America's community mental health and addictions treatment organizations.

**Strong 365:** <https://strong365.org/>  
A community who believe that the strength to persist and thrive through a mental health challenge exists in all of us.

## SELF-SCREENS

Self-screening for alcohol use: [www.alcoholscreening.org](http://www.alcoholscreening.org)

Self-screening for drug use: [www.drugscreening.org](http://www.drugscreening.org)