

# **A Year in Review**

# July 1, 2021 to June 30, 2022

Welcome Family offers a universal, one-time nurse home visit to all caregivers with newborns up to eight weeks postpartum in Boston, Fall River, Lowell, Holyoke, and Springfield. *A Year in Review* shares annual program updates and accomplishments with our partners.

# **Highlights from the Year**

* 1,439 families with newborns were served this year through virtual visits.
* The most common referrals offered were to home visiting programs (Healthy Families, Parents as Teachers, Early Intervention Parenting Partnerships Program), Early Intervention, and WIC.
* DPH contracted with Tufts Interdisciplinary Evaluation Research (TIER) to evaluate the impacts of Welcome Family and found that:
  + Infants of Welcome Family participants were 25.4% more likely than comparison group infants to be enrolled in Early Intervention by age 3.
  + Infants of Welcome Family participants were 1.21 times more likely to be enrolled in evidence-based home visiting (e.g., Healthy Families, Parents as Teachers) than the comparison group.

# **Family Testimonials**

* ****“It is so hard and lonely those first few weeks with a new baby and [the nurse] was so supportive, helpful and genuinely cared for how I was doing, not just the baby. This was exactly what I needed; someone to talk to, with experience who would give me immense amounts of advice and tips to cope with a new baby.”

# “The nurse took the time to actually listen to my concerns. She went above and beyond to get me to speak to the appropriate doctors to get me the help I need.”

# “[Most helpful about the visit was] all the information that I have access to, to better help me become an amazing mother.”

# **Looking Forward…**

* Welcome Family is expanding to New Bedford! Families who live in New Bedford or who give birth at St. Luke’s Hospital can now receive a visit.
* Welcome Family will continue to offer both in-person and virtual home visits for the foreseeable future.

**Thank you for your continued support!**



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Funded by HRSA/MCHB