

Welcome Family offers a universal, one-time nurse home visit to all caregivers with newborns up to eight weeks postpartum in Boston, Fall River, Lowell, Holyoke and Springfield. *A Year in Review* shares annual program updates and accomplishments with our partners, without whom this initiative would not be possible.

### Highlights from the Year

- 1,439 families with newborns were served this year, mostly through virtual visits.
- The most common referrals nurses offered were to home visiting programs (Healthy Families, Parents as Teachers, Early Intervention Parenting Partnerships Program), Early Intervention, and WIC.
- DPH contracted with Tufts Interdisciplinary Evaluation Research (TIER) to evaluate the impacts of Welcome Family and found that:
  - Infants of Welcome Family participants were 25.4% more likely than comparison group infants to be enrolled in Early Intervention by age 3.
  - Infants of Welcome Family participants were 1.21 times more likely to be enrolled in evidence-based home visiting (e.g., Healthy Families, Parents as Teachers) than the comparison group.

### Family Testimonials

*"It is so hard and lonely those first few weeks with a new baby and [the nurse] was so supportive, helpful and genuinely cared for how I was doing, not just the baby. This was exactly what I needed; someone to talk to, with experience who would give me immense amounts of advice and tips to cope with a new baby."*

*"The nurse took the time to actually listen to my concerns. She went above and beyond to get me to speak to the appropriate doctors to get me the help I need."*

*"[Most helpful about the visit was] all the information that I have access to, to better help me become an amazing mother."*



### Looking Forward...

- Welcome Family is expanding to New Bedford! Families who live in New Bedford or who give birth at St. Luke's Hospital can now receive a visit.
- Welcome Family will continue to offer both in-person and virtual home visits for the foreseeable future.

**Thank you for your continued support!**

[mass.gov/welcome-family](https://mass.gov/welcome-family)

