



2019 Multicultural Mental Health Resource Directory

MA Department of Mental Health

[Resource Directory Home Page](#)

Western Massachusetts Area

Adams	Deerfield	Huntington	Otis	Sunderland
Agawam	Easthampton	Lanesborough	Palmer	Thorndike
Alford	East Longmeadow	Lee	Pelham	Three Rivers
Amherst	Egremont	Lenox	Peru	Tolland
Ashfield	Erving	Leverett	Petersham	Turner Falls
Athol	Florence	Leyden	Phillipston	Tyringham
Becket	Florida	Longmeadow	Pittsfield	Ware
Belchertown	Gill	Ludlow	Plainfield	Warwick
Bernardston	Goshen	Middlefield	Richmond	Washington
Blandford	Granby	Monroe	Rowe	Wendell
Bondsville	Granville	Monson	Royalston	Westfield
Buckland	Great Barrington	Montague	Russell	Westhampton
Charlemont	Greenfield	Monterey	Sandisfield	West Springfield
Cheshire	Hadley	Montgomery	Savoy	West Strockbridge
Chester	Hampden	Mt. Washington	Sheffield	Whately
Chesterfield	Hancock	New Ashford	Shelburne	Wilbraham
Chicopee	Hatfield	New Marlborough	Shutesbury	Williamsburg
Clarksburg	Hawley	New Salem	South Hadley	Williamstown
Colrain	Heath	North Adams	Southampton	Windsor
Conway	Hinsdale	Northfield	Southwick	Worthington
Cummington	Holyoke	Northampton	Springfield	
Dalton	Housatonic	Orange	Stockbridge	

ORGANIZATION	SERVICES OFFERED	LANGUAGES OTHER THAN ENGLISH
<p>A Positive Place</p> <p>2 Conz Street Northampton, MA 01060 413-586-8288</p> <p>cooleydickinson.org/programs-services/hivaids</p>	<ul style="list-style-type: none"> - HIV care, education, prevention, and risk reduction - Case management - Referrals - Focused on LGBTQ healthcare equality 	
<p>AdCare</p> <p>117 Park Avenue West Springfield, MA 01089 413-209-3124</p> <p>adcare.com</p>	<ul style="list-style-type: none"> - Outpatient care and treatment - Recovery groups - Family support - Individual, group, and family counseling - Parenting group - Women's group - Spanish speaking intensive outpatient program 	<ul style="list-style-type: none"> - Spanish
<p>AdLib</p> <p>215 North Street Pittsfield, MA 01201 413-442-7047</p> <p>adlibcil.org</p>	<ul style="list-style-type: none"> - Independent living and specialized services for people with disabilities - Referrals - Advocacy - Peer counseling - Skills training - Transition services - Deaf and hard of hearing services 	<ul style="list-style-type: none"> - American Sign Language (ASL)

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<p>Anchor House</p> <p>518 Pleasant Street Northampton, MA 01060 413-588-4337</p> <p>anchorhouseartists.org</p>	<ul style="list-style-type: none"> - Shared affordable art space - LGBTQI+ friendly - Community events 	
<p>Ascentria Service for New Americans</p> <p>94 North Elm Street, Suite 401 Westfield, MA 01085 413-787-0725</p> <p>ascentria.org/our-services/services-new-americans</p>	<ul style="list-style-type: none"> - Refugee resettlement - Immigration legal services - Foster care for refugee children - Self-employment/business training for refugees 	<ul style="list-style-type: none"> - Interpreter services available
<p>Behavioral Health Network</p> <p>417 Liberty Street Springfield, MA 01104 413-747-0705</p> <p>Other locations in Westfield, Ware, Greenfield, and Holyoke</p> <p>bhninc.org</p>	<ul style="list-style-type: none"> - Therapy and counseling - Addiction services - Crisis services - Forensic evaluation and treatment - Partial hospitalization program - Domestic violence support and advocacy 	<ul style="list-style-type: none"> - Spanish - Italian - Russian

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<p>Berkshire Immigrant Center</p> <p>67 East Street Pittsfield, MA 01201 413-445-4881</p> <p>berkshireic.com</p>	<ul style="list-style-type: none"> - Support for immigrants to help with cultural adjustment - Citizenship classes - Walk-in legal clinic - Referrals to community services - Advocacy - Food and shelter assistance - Interpretation and translation services - English classes 	<ul style="list-style-type: none"> - Spanish - Kyrgyz - Russian
<p>Brick House Community Resource Center</p> <p>24 Third Street Turners Falls, MA 01376 413-863-9576</p> <p>brickhousecommunity.org</p>	<ul style="list-style-type: none"> - Youth services (teen drop-in center, peer support, arts, social justice work) - Parent and family services - Community Center - Summer meals program for youth 	<ul style="list-style-type: none"> - Spanish
<p>Brien Center</p> <p>333 East Street Pittsfield, MA 01201 413-499-0412</p> <p>briencenter.org</p>	<ul style="list-style-type: none"> - Behavioral health treatment for children, adolescents, adults, and families - Crisis and respite services - Community-based mental health services 	<ul style="list-style-type: none"> - Spanish - American Sign Language (ASL)

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<p>Casa Latina</p> <p>140 Pine Street, Suite 5 Florence, MA 01062 413-586-1569</p> <p>casalatinainc.org</p>	<ul style="list-style-type: none"> - Medical interpretation - Community education - Navigation of health insurance options - Referrals and information about healthcare, legal, and social services 	<ul style="list-style-type: none"> - Spanish
<p>Catholic Charities, Diocese of Springfield</p> <p>65 Elliot Street Springfield, MA 01105 413-452-0605</p> <p>diospringfield.org/Ministries/cca</p>	<ul style="list-style-type: none"> - Immigration services - Citizenship classes - Social justice workshops - Rental and housing assistance - Referrals to food pantries, health insurance, and employment resources - Case management - Refugee resettlement 	<ul style="list-style-type: none"> - Spanish
<p>Center for Human Development</p> <p>332 Birnie Avenue Springfield, MA 01107 413-733-6624</p> <p>chd.org</p>	<ul style="list-style-type: none"> - Counseling - Behavioral health programs - Disability support services - Elder care - Community-based programs - Child, adolescent, and family support services - LGBTQ focused services 	<ul style="list-style-type: none"> - Spanish - Vietnamese - Russian
<p>Center for New Americans</p> <p>42 Gothic Street Northampton, MA 01060 413-587-0084</p> <p>cnam.org</p>	<ul style="list-style-type: none"> - Education and career advising - Referrals to healthcare and housing - Community-based education and resource center - Citizenship classes - English classes 	<ul style="list-style-type: none"> - Spanish - Urdu - German - Russian - Haitian Creole - Mandarin Chinese

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<p>Center for Women and Community</p> <p>180 Infirmery Way Amherst, MA 01003 413-545-0883</p> <p>24/7 Hotline:413-545-0800</p> <p>umass.edu/cwc</p>	<ul style="list-style-type: none"> - Information and referrals - Education services - Counseling services - Women of Color Leadership Network - Sexual assault resources for people of all gender expressions and LGBTQ+ identified survivors - Rape crisis services including 24 hour hotline 	<ul style="list-style-type: none"> - Spanish
<p>Clinical & Support Options</p> <p>8 Atwood Drive, Suite 301 Northampton, MA 01060 413-773-1314</p> <p>Other locations include: Greenfield, Pittsfield, Springfield, Athol, Amherst, Florence, Orange, and Gardner</p> <p>csoinc.org</p>	<ul style="list-style-type: none"> - Behavioral health counseling, therapy, and treatment programs - Outpatient programs - Crisis and respite services - Community and family support services 	<ul style="list-style-type: none"> - Spanish
<p>Community Action</p> <p>393 Main Street Greenfield, MA 01301 413-774-2318</p> <p>56 Vernon Street Northampton, MA 01060 413-582-4230</p> <p>167 South Main Street Orange, MA 01364 978-544-5423</p> <p>communityaction.us</p>	<ul style="list-style-type: none"> - Childcare and HeadStart - Family support - Adult education and job skills training - Center for Community Resilience After Trauma - Multicultural Alzheimer’s program - Financial literacy program - Spanish speaking home visitors 	<ul style="list-style-type: none"> - Spanish - Nepali - Russian

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<p>DIAL/SELF Youth and Community Services</p> <p>196 Federal Street Greenfield, MA 01301 413-774-7054</p> <p>dialself.org</p>	<ul style="list-style-type: none"> - Youth services - Services for homeless youth - LGBT young adult housing 	
<p>Elizabeth Freeman Center</p> <p>43 Francis Avenue Pittsfield, MA 01201 413-499-2425</p> <p>24/7 Hotline: 866-401-2425</p> <p>elizabethfreemancenter.org</p>	<ul style="list-style-type: none"> - Domestic violence and sexual assault services - Emergency services and shelter - Counseling - Safety planning - Advocacy - Special services for refugees, immigrants, and LGBTQ community 	<ul style="list-style-type: none"> - Spanish
<p>Fair Housing Center</p> <p>57 Suffolk Street Holyoke, MA 01040 413-539-9796</p> <p>massfairhousing.org</p>	<ul style="list-style-type: none"> - Advocacy to address housing discrimination and unfair lending - Services specifically for those who have been discriminated against 	<ul style="list-style-type: none"> - Spanish

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<p>Franklin County Life Path</p> <p>101 Munson Street, Suite 201 Greenfield, MA 01301 413-773-5555</p> <p>lifepathma.org</p>	<ul style="list-style-type: none"> - Rainbow Elders Programs for LGBTQIA elders and allies - Services for the elderly, individuals with disabilities, and caregivers - Caregiver resource center - Home care services - Food programs - Resources for raising grandchildren - Support groups - Respite services - Healthy living programs - Personal care attendant program 	
<p>Gandara Center</p> <p>147 Norman Street West Springfield, MA 01089 413-736-8329</p> <p>gandaracenter.org</p>	<ul style="list-style-type: none"> - Focused on well-being of diverse populations specifically Western MA's Hispanic population - Counseling services - Child and family support programs and services - Addiction recovery services - Youth Development Center - Residential programs - Developmental disability services 	<ul style="list-style-type: none"> - Spanish
<p>Guidewire Inc.</p> <p>551 East Columbus Avenue Springfield, MA 01105 413-733-6100</p> <p>34 Depot Street Pittsfield, MA 01201 413-443-3295</p> <p>guidewireinc.org</p>	<ul style="list-style-type: none"> - Adult residential support - Young adult transitional support - Adult community day program - Shared living, residential home placement - Clinical and nursing support - Disability support services - Deaf and hard of hearing services 	<ul style="list-style-type: none"> - American Sign Language (ASL)

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<p>Impact Center</p> <p>41 Taylor Street Springfield, MA 413-654-1566</p> <p>gandaracenter.org/impact-youth-access-center/</p>	<p>Offers services for youth 16-21 who are experiencing, or at risk for mental health and/or substance abuse concerns.</p> <p>Services include:</p> <ul style="list-style-type: none"> - Housing resources - Independent life skills training - Health and wellness programs - Support group sessions 	<ul style="list-style-type: none"> - Spanish
<p>Jewish Family Service of Western Massachusetts</p> <p>15 Lenox Street Springfield, MA 01108 413-737-2601</p> <p>jfswm.org</p>	<ul style="list-style-type: none"> - Behavioral health services - Counseling services - Geriatric care - Refugee resettlement program - English for Speakers of Other Languages (ESOL) - Citizenship services - Domestic violence aid 	<ul style="list-style-type: none"> - Arabic - Vietnamese - Nepali - Burmese - Karenni - Swahili - Somali - French - Interpreter services available

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<p>Martin Luther King Jr. Family Services</p> <p>3 Rutland Street Springfield, MA 01109 413-746-3655</p> <p>mlkjrfamilyservices.org/home.html</p>	<ul style="list-style-type: none"> - Serves multi-cultural youth and families - Childcare - Shelter, housing and family support - Education scholarships - Tours of historically Black colleges and universities 	
<p>Massachusetts Society for the Prevention of Cruelty to Children</p> <p>9 Sullivan Road Holyoke, MA 01040 413-532-9446</p> <p>mspcc.org</p>	<ul style="list-style-type: none"> - Pregnancy and parenting support - Child and family counseling - Foster care and adoption - Advocacy 	<ul style="list-style-type: none"> - Spanish
<p>Mental Health Association</p> <p>995 Worthington Street Springfield, MA 01109 413-734-5376</p> <p>mhainc.org</p>	<ul style="list-style-type: none"> - Disability support services - Homeless services - Caring Together residences for youth served by Department of Mental Health (DMH) and Department of Children and Families (DCF) - Residential programs for adults with mental illness - Outreach services 	

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<p>Montague Catholic Social Ministries</p> <p>41 Third Street Turners Falls, MA 01376 413-863-4804</p> <p>mcsmcommunity.org</p>	<ul style="list-style-type: none"> - Bilingual play and learning groups - Family support - Parent support programs and groups - Emergency basic needs program - Women's resource center 	<ul style="list-style-type: none"> - Spanish
<p>New England Learning Center for Women in Transition</p> <p>479 Main Street Greenfield, MA 01301 413-772-0871</p> <p>24/7 Hotline: 413-772-0806</p> <p>nelcwit.org</p>	<ul style="list-style-type: none"> - Rape crisis and domestic violence center - Counseling - Advocacy - Crisis intervention and services - Economic support - Supervised visitation program - Anti-racism work 	<ul style="list-style-type: none"> - Spanish
<p>Northeast Center for Youth and Families</p> <p>203 East Street Easthampton, MA 01027 800-360-6210</p> <p>ncyf.org</p>	<ul style="list-style-type: none"> - Therapeutic day programs for children - Outpatient behavioral health - Therapy for children, adolescents, and families - Child psychiatry - Sexual abuse and trauma treatment for survivors and their families - Group therapy - Medication management - Care coordination - Family support services - Foster care services - Residential care 	<ul style="list-style-type: none"> - Spanish

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<p>Northeast Family Services</p> <p>59 Interstate Drive West Springfield, MA 01089 774-206-1125</p> <p>northeastfamilyservices.com</p>	<ul style="list-style-type: none"> - In home therapy - Intensive Care Coordination - Outpatient therapy - Therapeutic Mentoring 	<ul style="list-style-type: none"> - Spanish
<p>Nuestras Raices, Inc.</p> <p>329 Main Street Holyoke, MA 01040 413-535-1789</p> <p>nuestras-raices.org</p>	<ul style="list-style-type: none"> - Community gardens - La Finca—beginning farmers program - Youth programs - Life skills training 	<ul style="list-style-type: none"> - Spanish
<p>Picknelly Adult and Family Education Center</p> <p>206 Maple Street Holyoke, MA 01040 413-552-2990</p> <p>hcc.edu/courses-and-programs/adult-basic-education/picknelly-adult-and-family-educatin-center</p>	<ul style="list-style-type: none"> - English for Speakers of Other Languages (ESOL) - Computer classes - Mentoring - Referrals - Advocacy 	<ul style="list-style-type: none"> - Spanish
<p>Roca Inc.</p> <p>29 School Street Springfield, MA 01105 413-846-4301</p> <p>rocainc.org</p>	<ul style="list-style-type: none"> - Justice-oriented work for at-risk youth - Young Men's program - Young Mothers' program - Programs aimed to break the cycle of poverty, violence, and incarceration 	<ul style="list-style-type: none"> - Spanish

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<p>Safe Passage</p> <p>43 Center Street, Suite 304 Northampton, MA 01060 413-586-1125</p> <p>24/7 Hotline: 888-345-5282</p> <p>safepass.org</p>	<ul style="list-style-type: none"> - Resources for victims of domestic violence - Counseling - Advocacy - Legal assistance - Emergency shelter - Project Access: Services specifically for immigrants - Support for transgender, gender non-conforming, no gender individuals and people of all sexual identities - Disability services program for domestic violence survivors with physical disabilities and mental health issues 	<ul style="list-style-type: none"> - Spanish - Khmer (Cambodian) - Vietnamese
<p>ServiceNet</p> <p>131 King Street Northampton, MA 01060 413-585-1300</p> <p>servicenet.org</p>	<ul style="list-style-type: none"> - Addiction services - Counseling - Psychiatry - Mental health recovery services - Prevention and Recovery in Early Psychosis - Disability support services - Transition age youth services - Employment programs - Support groups for LGBTQ young adults 	
<p>Springfield Vietnamese Cultural Center</p> <p>433 Belmont Avenue Springfield, MA 01108 413-733-9373</p>	<ul style="list-style-type: none"> - Bilingual/bicultural services - Advocacy - Outreach - Community support - Education - Elderly health programs - Youth programs 	<ul style="list-style-type: none"> - Khmer (Cambodian) - Vietnamese

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<p>Stavros</p> <p>210 Old Farm Road Amherst, MA 01002 413-256-0473</p> <p>stavros.org</p>	<ul style="list-style-type: none"> - Disability services for everyday living assistance - Deaf and hard of hearing services - Healthcare - School advocacy 	<ul style="list-style-type: none"> - American Sign Language (ASL)
<p>Tapestry Health</p> <p>296 Nonotuck street #12 Florence, MA 01062 413-586-2016</p> <p>Other locations include Greenfield, Holyoke, North Adams, Northampton, Pittsfield, Springfield, and West Springfield</p> <p>tapestryhealth.org</p>	<ul style="list-style-type: none"> - Reproductive health services and sexually transmitted infections testing - Overdose prevention and education - Access to food and nutrition programs - Community education - Syringe disposal and Narcan - LGBTQ focused health services 	<ul style="list-style-type: none"> - Spanish
<p>Valley Opportunity Council</p> <p>35 Mt. Carmel Avenue Chicopee, MA 01013 413-552-1554</p> <p>300 High Street Holyoke, MA 01040 413-552-1554</p> <p>valleyopp.com</p>	<ul style="list-style-type: none"> - Energy/heating assistance - Nutrition programs - Summer lunch program for children - Childcare - Adult education classes - Career support - English for Speakers of Other Languages (ESOL) - Citizenship classes - Senior companion program - Youth programs (college and career assistance, after school and summer programs, employment programs) 	<ul style="list-style-type: none"> - Spanish (both sites) - Arabic (Holyoke site) - Haitian Creole (Holyoke site) - French (Holyoke site) - Russian (Chicopee site)

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<p>Viability, Inc.</p> <p>5 Franklin Street Northampton, MA 01060 413-584-1460</p> <p>viability.org</p>	<ul style="list-style-type: none"> - Job readiness and employment services - Disability support services - Mental health services - Advocacy and academic support for high school and college students with disabilities - Deaf and hard of hearing services - Independent living services 	<ul style="list-style-type: none"> - American Sign Language (ASL)
<p>Walden Community Services, Learning Center for the Deaf</p> <p>110 Maple Street Springfield, MA 01105 Phone and TTY: 508-879-5110 Video Phone: 774-999-0941</p> <p>tlcdeaf.org</p>	<ul style="list-style-type: none"> - Services for Deaf children, adolescents, and their families - Family support and stabilization program - Intensive Care Coordination - Therapeutic Mentoring 	<ul style="list-style-type: none"> - American Sign Language (ASL)
<p>Western Mass Recovery Learning Community</p> <p>187 High Street, Suite 303 Holyoke, MA 01040 413-539-5941</p> <p>235 Chestnut Street Springfield, MA 01301 413-372-5652</p> <p>74 Federal Street Greenfield, MA 01301 413-772-0715</p> <p>Afiya (Peer-run respite house) Northampton, MA</p> <p>westernmassrlc.org</p>	<ul style="list-style-type: none"> - Peer support - Resource centers - Wellness and fitness programs - Support groups - Career exploration and support - Housing support - Peer-run respite house - Social activities and networking opportunities 	<ul style="list-style-type: none"> - Spanish - American Sign Language (ASL) - Website in multiple languages