**Who should get the flu vaccine?**

[Everyone 6 months of age and older should be vaccinated for flu](https://www.cdc.gov/flu/prevent/vaccinations.htm). It is especially important that the people listed below get a flu shot every year.

* Children aged 6 months through 18 years
  + Note: The flu vaccine is now required for all Massachusetts school students enrolled in child care, pre-school, K-12, and post-secondary institutions. More information can be found [here](https://www.mass.gov/news/flu-vaccine-now-required-for-all-massachusetts-school-students-enrolled-in-child-care-pre).
* People 50 years of age and older
* Pregnant and postpartum women
* People of any age with certain chronic medical conditions like asthma, diabetes, heart disease, kidney disease, neurologic and neuromuscular conditions and weakened immune systems
* People with muscle and nerve disorders that make it difficult to breath or swallow
* Children aged 6 months through 18 years on long-term aspirin therapy
* People who live in nursing homes and other long term care facilities
* Anyone who might transmit flu to someone at risk. For example, health care workers, including those in training, emergency response workers, direct care staff, people who live with or care for anyone on the list above, and people who live with or care for infants under 6 months of age, including parents, siblings, and daycare providers