



FALL 2025 Programs

North Region Coastal District
Winthrop Shore Reservation
Department of Conservation and Recreation

All programs are free and open to the public. Please dress for the weather. Programs are cancelled during inclement weather including high winds and extreme temperatures. For more information, or if you would like to receive regular emails about our current program schedules, please call (617) 721-4132 or email Matthew.Nash@mass.gov.



ADA/Reasonable Accommodation
617-645-0358 | Moneesha.dasgupta2@mass.gov

Thursdays
6:45–7:15 a.m.
October 16 & 30
November 27

Saturday
9:00–10:30 a.m.
September 27

Wednesdays
2:30–3:30 p.m.
September 10 & 24
October 22
November 5 & 26

Greeting the Day
Come experience presence and beauty while mindfully greeting the sunrise in nature. We will observe the sky’s colors and their reflection on the ocean.

Ages: all ages of adults and children

Location: On the sidewalk across from the John Joseph Kilmartin Pathway parking lot, Winthrop, MA.

Tidepool Discovery
Discover and learn to care for tidepool animals & their special home. Nets provided for gentle catch-and-release. Please be on time. Co-sponsored by Friends of Winthrop Beach and Save the Harbor/Save the Bay.

Ages: For adults & kids 5+. Children must be with an adult.

Location: Winthrop Beach sidewalk along Winthrop Shore Dr., across from Sturgis St.

The Quiet Beauty of Birding
Join us to watch migrating shorebirds like sanderlings and dunlins. Pay Attention, be astonished and tell about it while connecting with fellow birders.

Ages: For adults & kids 8+. Children must be with an adult.

Location: Winthrop Beach sidewalk along Winthrop Shore Dr., across from Sturgis St.