### Massachusetts Department of Mental Health Worcester Recovery Center and Hospital

# **INPATIENT MENTAL HEALTH SERVICES FOR DEAF & HARD OF HEARING PERSONS**

# **INPATIENT DEAF SERVICES**

#### Accepts individuals who:

- Require inpatient hospital level of care
- Utilize a signed language, visual-gestural communication or need other adaptations for successful communication

#### Serves:

- Deaf
- Hard of hearing
- Deaf-blind
- Late Deafened individuals
- Massachusetts residents
- Non-Massachusetts residents by arrangement
- Adults
- Adolescents, 14 and older, by special arrangement

#### Provides:

- Acute Stabilization
- Evaluation
- Evidence-based recovery approaches
- Discharge planning
- Court-ordered forensic evaluations
- Short-term and continuing care

# DEAF CULTURE & COMMUNICATION

#### Communication:

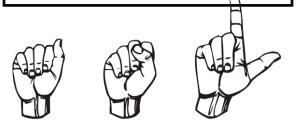
Inpatient Deaf Services Communication Staff are skilled at matching an individual's communication needs. Our staff is composed of native signers, Mental Health Clinicians with Deaf MH expertise, ASL interpreters and signing staff.

#### Deaf Culture:

Our goal is to have a culturally affirmative environment for people who are Deaf, Deafblind, and hard of hearing.

#### The Staff:

The Multidisciplinary Treatment Team (Psychiatry, Social Work, Nursing, Psychology, Occupational Therapy, Rehabilitation Counseling, Communication Department) have expertise in mental illness and Deafness and can evaluate issues related to Language Dysfluency.



# **ACCESSIBLE TREATMENT**

#### **Evidence-based Treatment:**

We offer Cognitive Behavior Therapy, Dialectical Behavior Therapy, Cognitive Enhancement Therapy, and Trauma-Informed Care in a Person-Centered context that has been adapted for Deaf people.

#### Medication Management:

For people in need of psychiatric or medical medications, emphasis is placed on education about symptoms, medication use and side effects.

#### **Communication Strengths and**

#### Language Dysfluency:

Each patient's communication strengths are identified and interventions are adapted to meet communication needs.

#### Other Communication Adaptations: As needed, the

WRCH Deaf Services Communication Department provides visual communication aids from our vast resources or as adapted to the individual's needs, FM amplification as needed and use of other communication technology/aids according based on our internal Communication Screening.

