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Massachusetts Youth Health Survey



Sponsored by:

Massachusetts Department of Public Health and

Massachusetts Department of Elementary and Secondary Education

Conducted by: ICF

Spring 2023

Before you begin, there are a few important things you need to know.

- Your answers are completely **anonymous**. There are no markings anywhere on the questionnaire that allows you to be identified. Please do not place your name or any other personal information on the questionnaire. Your answers will be combined with other answers for statistical analysis.
- The purpose of the survey is to gather information from school students in Massachusetts about health topics such as the use of tobacco, alcohol and drugs, in and out of school activities, diet and exercise and coping with stress. This information will be used to better understand the concerns and health practices of current students.
- It is important that you answer each question as honestly and accurately as you can.
- If there is any question that you would prefer not to answer, please just skip that question and go on to the next question.
- Your participation is, of course, voluntary. If you find the survey upsetting, you may stop answering the questions.
- Answer each question by filling in the circles like this:

Incorrect marks $\bigotimes \bigotimes \bigcirc \bigcirc$ Correct mark:

You must use a number 2 pencil.



- When you are finished with the survey, simply place it in the box located at the front of the class.
- Your participation is greatly appreciated, as this is one of the only ways for students like yourself to anonymously report on health issues that may concern you.

Thank you for your time and cooperation.

BACKGROUND INFORMATION

					_
1.	In	what	grade	are	vou?

- 9th grade
- 10th grade
- 11th grade
- 12th grade
- Other/Ungraded

2. How old are you?

- 11 years old or younger
- 12 years old
- 13 years old
- 14 years old
- 15 years old
- 16 years old
- 17 years old
- 18 years old or older

3. How tall are you without your shoes on?

Write your height in	HEI	GHT
the shaded blank boxes.	FEET	INCHES
Fill in the matching circles below each		
	3 4 6 6 7	

4. How much do you weigh without your shoes on?

Write your weight in the		IGHT OUND	
shaded blank boxes. Fill in the matching circles below each number.			
	(a) (b) (c) (d) (d) (d) (e) (e) (e) (e) (e) (e) (e) (e) (e) (e	0 1 2 3 4 6 6 7 8 9	0 1 2 3 4 5 6 7 8 9

5.	Are you Hispanic or Latino? Yes No
6.	What is your race? (Select one or more responses) American Indian or Alaska Native Asian Black or African American Native Hawaiian or Other Pacific Islander White Other
7.	What is your gender? Female Male Nonbinary/Other
8.	Some people describe themselves as transgender when their sex at birth does not match the way the think or feel about their gender. Are you transgender? No, I am not transgender Yes, I am transgender I am not sure if I am transgender I do not know what this question is asking
9.	Which of the following best describes you? Heterosexual (straight) Gay or lesbian Bisexual Questioning/Not sure Other I do not know what this question is asking
10.	During the past 12 months, how would you describe your grades in school? Mostly A's Mostly B's Mostly C's Mostly D's Mostly F's None of these grades Not sure
W	ORK AND LIFESTYLE QUESTIONS
11.	In the past 12 months, did you work at a job for pay? Do NOT count chores, babysitting, or yard work (such as raking leaves, shoveling snow, or mowing grass). Yes

11.	In the past 12 months, did you work at a job
	for pay? Do NOT count chores, babysitting,
	or yard work (such as raking leaves,
	shoveling snow, or mowing grass).

	No		If NIO		Ougation	4 4
\cup	INO		II NU,	go to	Question	т,
		_		•		

 12. Where did you most recently work? (Choose ONE. If you work in more than one place, choose the place you work the most hours.) Restaurant (such as fast food, pizza place, coffee shop, or ice cream shop) Grocery store or supermarket Other retail store or places where things are sold (such as a clothing store, gas station, pharmacy or pet store) Health care facility (such as nursing home, hospital, clinic, or doctor's office) Recreation or entertainment place (such as a golf course, camp, sports center, amusement park, or movie theater) Construction site Landscaping company Other (Please specify:) 	16. Yesterday, how many times did you eat fruit or dri 100% fruit juice? I did not eat fruit or drink 100% fruit juice yesterda 1 time 2 times 3 or more times 17. On an average school night, how many hours of sleep do you get? 4 or less hours 5 hours 6 hours 7 hours 8 hours 9 hours 10 or more hours
 13. During the past 7 days, on how many days were you physically active for a total of at least 60 minutes per day? (Add up all the time you spent in any kind of physical activity that increases your heart rate and makes you breathe hard some of the time.) 0 days 1 day 2 days 3 days 4 days 5 days 6 days 7 days 	18. During the past 12 months, have you felt you needed to talk to someone about how you were feeling, how things were going in your life, or problems you might have had? Yes No 19. Right now, if you needed help with a personal problem, is there someine who you feel you could talk to? Select all that appy Yes- there is an adult in my home I could talk to Yes- there is an adult outisde of my hime I could talk to
14. During the past 7 days, on how many days did you exercise or participate in physical activity for at least 20 minutes that made you sweat or breathe hard, such as basketball, soccer, running, swimming laps, fast bicycling, fast dancing, or similar aerobic activities? O days 1 day 2 days 3 days 4 days 5 days 6 days 7 days	 Yes- there is a friend or non-adult family member (e.g. cousin, sibling) I could talk to No- there is no one I could talk to 20. During the past 12 months, how many times did you hurt or injure yourself on purpose without wanting to die? (For example, by cutting, burning, or bruising yourself on purpose.) 0 times 1 time 2 or 3 times 4 or 5 times 6 or more times
15. Yesterday, how many times did you eat vegetables? DEFINITION: Count all cooked and uncooked vegetables; salads; and boiled, baked and mashed potatoes. Do NOT count French fries, potato chips, or lettuce that is on a sandwich or sub.	
 I did not eat vegetables yesterday 1 time 2 times 3 or more times 	2

21.	During the past 12 months, did you ever feel so sad or hopeless almost every day for two weeks or more in a row that you stopped doing some usual activities? Yes No During the past 12 months, did you ever seriously consider attempting suicide? Yes No	27. During the past 12 months, how many times have you been bullied at school? (Being bullied includes being repeatedly teased, threatened, hit, kicked, or excluded by another student or group of students.) 0 times 1 time 2 or 3 times 4 or 5 times 6 or 7 times 8 or 9 times 10 or 11 times
	PERSONAL SAFETY	12 or more times
23.	During the past 30 days, how many times have you nodded off or fallen asleep, even just for a brief moment, while driving? I do not drive 0 times 1 to 2 times 3 or more times	28. Has someone you were dating or going out with done any of the following: monitored your cell phone use, called or texted you multiple times a day to monitor your whereabouts, prevented you from doing things with friends, got angry if you were talking to someone else, or prevented you from going to school? I have never been on a date or gone out with anyone
24.	How often do you wear a seatbelt when riding in a car driven by someone else? Never Rarely Sometimes Most of the time Always	Yes, this has happened to me in the past 12 months Yes, this has happened to me, but longer ago than the past 12 months Yes, this has happened to me in the past 12 months and longer ago than that No, this has not happened to me
25.	During the past 12 months, did you suffer a blow or jolt to your head while playing with a sports team (either during a game or during practice) which caused you to get "knocked out", have memory problems, double or blurry vision, headaches or "pressure" in the head, or nausea or vomiting? Yes No H NO, go to Question 27 I did not play on a sports team during the past 12 months If you did NOT play on a sports team, go to Question 27	 29. Have you ever been hurt physically by a date or someone you were going out with? (Include being hurt by being shoved, slapped, hit, kicked, or forced into sexual activity.) I have never been on a date or gone out with anyone Yes, this has happened to me in the past 12 months Yes, this has happened to me, but longer ago than the past 12 months Yes, this has happened to me in the past 12 months and longer ago than that No, this has not happened to me
26.	If you suffered such a blow to your head during sports in the past 12 months, what happened? I stopped playing sports that day, and also got checked by a doctor, nurse or health care provider I stopped playing sports that day, but did NOT get checked by a doctor, nurse or health care provider I continued playing sports that day	30. Has anyone ever had sexual contact with you against your will? ○ Yes ○ No → If NO, go to Question 32

	Who has had sexual contact with your vill?	you agai Yes	nst your	34.	Do you think most people your a following?	yes	No
a.	One or more dating partners or people I was going out with			a.	Drink alcohol		
b.	One or more family members	0	0	b.	Use vape products (including JUUL, Puff Bar, Fruyt Stik, e-cigarettes, e-cigars, vape	0	0
C.	One or more friends				pipes, vaping pens, e-hookahs, hookah pens, etc.)		
d.	One or more acquaintances	0	0	C.	Use marijuana		
e.	One or more strangers			d.	Use other illegal drugs	0	0
	oid <u>you</u> do any of the following in nonths?	the <u>past</u> Yes	12 No	e.	other kids	•	0
					QUESTIONS ABOUT A	ALCOH	OL
a.	Bully or push someone around			in	he next questions ask about drin cludes drinking beer, wine, wine monade, hard cider, and liquor s	coolers, h	hard
	b. Use texting, e-mail, or social networking sites to make fun of, threaten, or insult another kid, or try to hurt another kid's reputation		0	al fo	odka, or whiskey. For these quest loohol does not include drinking a or religious purposes. During your life, on how many da at least one drink of alcohol?	a few sips	of wine
	Threaten to hurt, physically hurt, or try to hurt a date or someone you were going out with	0	0	I have never had a drink of alcohol other sips — If you have NEVER had a Question 41			
-	Have sexual contact with someone who told you "No", objected in some other way, was trying to talk you out of it, or was physically trying to get away from you or avoid your touch	0	0		1 or 2 days 3 to 9 days 10 to 19 days 20 to 39 days 40 to 99 days 100 or more days		
	Have sex with someone who was passed out or asleep at the time, or with someone who was too drunk or too high to stop you			36.	How old were you when you had alcohol other than a few sips? 8 years old or younger 9 or 10 years old 11 or 12 years old	l your first	drink of
QU	ESTIONS ABOUT YOU AND PEERS	JR FA	MILY		13 or 14 years old15 or 16 years old17 years old or older		
	low would your parent(s) react if to regularly drank alcohol? Would Extremely upset Fairly upset A little upset Not upset at all			37.	During the past 30 days, on how you have at least one drink of alc 0 days 1 or 2 days 3 to 9 days 10 to 29 days All 30 days		rs did

	8. During the past 30 days, on how			DRUG QUESTIONS
	you have 4 or more drinks of alcoare female) or 5 or more drinks of you are male), that is within a coal of the co	of alcohol in ouple of hou	n a row (if urs? wine	 The next questions are about marijuana use. Marijuana is also called dope, grass, hashish, herb, joint, pot, weed or reefer. It includes blunts and cigars filled with marijuana. 42. How old were you when you tried marijuana for the first time? I have never tried marijuana for the first time? If you have NEVER tried marijuana, go to QUESTION 47 8 years old or younger 9 or 10 years old
				11 or 12 years old
				13 or 14 years old15 or 16 years old
Ξ	a. I buy it from a supermarket or a convenience store			17 years old or older
	b. I buy it from a liquor store or package store	0	0	43. During the <u>past 30 days</u> , how many times did you use marijuana?
	c. I buy it from bars or clubs or			O times
	restaurants			1 or 2 times
				○ 3 to 9 times○ 10 to 19 times
	 d. I have someone else buy it for me 	\bigcirc	\circ	20 to 39 times
	iiio			40 or more times
	e. I get it through my friends			0 10 11 11 11 11 11 11 11 11 11 11 11 11
	5 5 ,			44. During the past 30 days, how did you get the
_	f. I get it at home	0	0	marijuana that you used? (Choose all that
	g. I get it at parties			apply) I did not use marijuana in the past 30 days
	O. During the past 30 days, did you other vehicle when you had been alcohol? I do not drive Yes No 1. How much do you think people is themselves (physically or in other have five or more drinks in a row No risk Slight risk Moderate risk Great risk	n drinking risk harmin er ways) if t	g	 I bought it from a store I bought it from someone else I got it at home with permission from a parent or family member over the age of 21 I took it from home without permission from a parent or family member over the age of 21 I took it from some other place without permission I got it from friends I got it at parties I got it some other way 45. During the past 30 days, how did you use marijuana? (Choose all that apply) I did not use marijuana in the past 30 days Smoked it in a cigar or blunt wrap Smoked it in a joint, pipe, bong, or dab Ate it (in brownies, cakes, cookies, candy) Drank it (tea, cola, alcohol) Vaped it (in an e-cigarette, vape pen, vaporizer) Used it some other way 46. During the past 30 days, did you ever drive a car or other vehicle when you had been using marijuana? I do not drive Yes No

47.	During the past year, have your parent(s) or guardian(s) talked to you about the potential negative consequences of using marijuana? Yes, a number of times Yes, once No I don't remember		rojo, tussin, triple C) to get high? Yes No	ıs M, dres,	robo,
48.	Does anyone who lives with you now use marijuana? Yes No		prescription drugs that weren't your Yes	own?	
49.	During your <u>lifetime</u> , have you used inhalants to get high? (Using inhalants includes sniffing glue, breathing the contents of aerosol spray cans, or		prescription drugs have you taken the		en't No
	inhaling any paints or sprays)?	a.	Narcotics (such as Methadone, Opium, Morphine, Codeine, OxyContin, Percodan, Demerol, Percocet, Ultram and Vicodin)	0	0
50.	During the past 30 days, have you used inhalants? Yes No	b.	Ritalin (also called vitamin R, R-ball, diet coke, skittles) or Adderall (also called addys, uppers, beans)		
51.	During your <u>lifetime</u> , have you used heroin (also called smack, "H", horse, brown sugar, dragon, junk, or China White)?	C.	Steroids (body building hormones in the form of pills or shots)	0	0
	YesNo → If NO, go to Question 53	d.	Other prescription drugs	0	0
52.	During the past 30 days, have you used heroin? Yes	60.	prescription drugs that weren't your Yes	own?	
	○ No		\bigcirc No \longrightarrow If NO, go to Question (62	
53.	During your <u>lifetime</u> , have you ever used any form of cocaine (also called blow, "C", candy, rock, powder, crack or freebase)? Yes		prescription drugs have you taken the		
54.	 No → If NO, go to Question 55 During the past 30 days, have you used any form of cocaine? Yes No 	a.	Narcotics (such as Methadone, Opium, Morphine, Codeine, OxyContin, Percodan, Demerol, Percocet, Ultram and Vicodin)	0	0
55.	During your <u>lifetime</u> , have you ever taken amphetamines or methamphetamines (also called speed, uppers, dexies, bennies, meth, crystal,	b.	Ritalin (also called vitamin R, R-ball, diet coke, skittles) or Adderall (also called addys, uppers, beans)		
	crank, or ice)? Yes No	C.	Steroids (body building hormones in the form of pills or shots)	0	0
		d.	dextromorphan, also called DXM, DM, dres, rorojo, tussin, triple C) to get high? Yes No S8. During your lifetime, have you ever taken prescription drugs that weren't your own? Yes No If NO, go to Question 62 59. During your lifetime, which of the following prescription drugs have you taken that weren your own? a. Narcotics (such as Methadone, Opium, Morphine, Codeine, OxyContin, Percodan, Demerol, Percocet, Ultram and Vicodin) b. Ritalin (also called vitamin R, R-ball, diet coke, skittles) or Adderall (also called addys, uppers, beans) c. Steroids (body building hormones in the form of pills or shots) d. Other prescription drugs 60. During the past 30 days, have you taken prescription drugs that weren't your own? Yes No If NO, go to Question 62 61. During the past 30 days, which of the followin prescription drugs have you taken that weren your own? Yes No HNO, go to Question 62 61. During the past 30 days, which of the followin prescription drugs have you taken that weren your own? A. Narcotics (such as Methadone, Opium, Morphine, Codeine, OxyContin, Percodan, Demerol, Percocet, Ultram and Vicodin) b. Ritalin (also called vitamin R, R-ball, diet coke, skittles) or Adderall (also called addys, uppers, beans) c. Steroids (body building hormones	0	
56.	During your <u>lifetime</u> , have you ever used ecstasy (MDMA, also called "E", or "X", "XTC", "Adam", "lover's speed", "happy pill", or "Molly")? Yes No				

	•	. you to got o	ach of the f	onowing:			
		VERY	FAIRLY	FAIRLY	VERY	IMPOSSIBLE	KNOV
a.	Beer, wine or other alcohol	\circ	\circ	\circ	\circ	\circ	\circ
b.	Marijuana (also called dope, grass, hashish, herb, joint, pot, weed, or reefer)						
64. I	How much do you think people risk	k harming the	mselves if	they <u>occasion</u>	ally use:		
				NO RISK	SLIGHT	MODERATE RISK	GREAT
a.	Tobacco (including cigarettes, cigaretobacco, etc.)	s, chew, dip, s	nus, pipe	0	0	0	0
b.	Vape products (including JUUL, Pufe-cigarettes, e-cigars, vape pipes, vae-hookahs, hookah pens, etc.)		k,				
c.	Marijuana (also called dope, grass, l weed, or reefer)	hashish, herb,	joint, pot,	\circ	0	0	\circ
d.	Narcotics (such as Methadone, Opic OxyContin, Percodan, Demerol, Per Vicodin) from prescriptions that aren	cocet, Ultram					
e.	Ritalin (also called vitamin R, R-ball, Adderall (also called addys, uppers, prescriptions that aren't their own		ttles) or	0	0	0	0
f.	Inhalants (sniffing glue, breathing the spray cans, or inhaling any paints or						
(During the past 12 months, have your drugs? I didn't use alcohol or other drugs Yes No	-		to someone	about your u	se of alcohol o	r other

Tr	The next questions ask about gambling activities.					
66.	During the <u>past 12 months</u> how many times have you anything of value?	done any of	the following 1-5 TIMES	g for money 6-10 TIMES	MORE THAN 10 TIMES	
a.	Played lottery or scratch tickets	\circ	\circ	\circ	0	
b.	Gambled at a casino					
c.	Participated in fantasy sports	0	0	0	0	
d.	Engaged in one of these other activities:					
	Betting on sporting events, games of personal skill (poo bowling, dominoes or darts), dice games, horse or other animal races, video poker or other gambling machines;					
	Playing cards or bingo for money or prizes;					
	Gambling on the internet.					
67.	How old were you when you first tried cigarette smoking, even one or two puffs? I have never smoked cigarettes, not even one or two puffs If NEVER, go to Question 69 8 years old or younger 9 or 10 years old 11 or 12 years old 13 or 14 years old 15 or 16 years old 17 years old or older During the past 30 days, on how many days did you smoke cigarettes? 0 days 1 or 2 days 3 to 9 days 10 to 29 days All 30 days	pouched dissolve Skoal, Good S	es, chewing to able tobacco Copenhagen, ve never tried lissolvable tobacco If NEVER ears old or your 10 years old or 12 years old or 12 years old or 14 years old or 16 years old or old the past 30 dd you use nice, snuff, dip, sts, such as Zhagen, Camelays 2 days 9 days o 29 days	chewing tokacco product, suchewing tokacco product, go to Que unger	v many days did hes, chewing solvable tobacco o, Skoal,	

_	
 71. How old were you when you first tried smoking 	76. During the past 30 days, have you used any of the
cigars, cigarillos, or little cigars, (e.g. Black & Mild,	following substances in a vape product? Choose
Swisher Sweets, Backwoods, Garcia y Vega Game),	all that apply
even one or two puffs?	Nicotine
I have never tried cigars, cigarillos,or little	 Marijuana, marijuana concentrates, marijuana
□ cigar → If NEVER, go to Question 73	waxes, THC, delta- 8 THC, or hash oils
=	○ CBD
8 years old or younger	Essential Oils
9 or 10 years old	Caffeine
11 or 12 years old	Other substance
13 or 14 years old	○ Not sure
15 or 16 years old	
17 years old or older	77. During the <u>past 30 days</u> , what flavor(s) did the tobacco products(s) (including vape products,
■ 72. During the past 30 days, on how many days did	cigarettes, cigars, smokeless tobacco) you used
you smoke cigars, cigarillos, or little cigars?(e.g. Black	
 & Mild, Swisher Sweets, Backwoods, Garcia y Vega 	I did not use any tobacco products during the past
Game)?	30 days
• 0 days	Fruit, alcohol, or candy flavors (e.g. cherry, vanilla
1 or 2 days	citrus, peach, piña colada, bubble gum, blue mist,
■ 3 to 9 days	fizzy pop, etc.)
■ 10 to 29 days	Mint, menthol, or wintergreen flavors
■ All 30 days	Clove or spice
The next questions are about electronic vapor products.	Other flavor not listed here
Vape products include: JUUL Puff Bars, Fruyt Stik,	O Not sure
	○ No flavors
e-cigarettes, e-cigars, e-pipes, vape pipes, vaping pens,	O No havels
e-hookahs, hookah pens, etc.	78 During the past 30 days, how did you get your
— 72 How old ware you when you finet twice a year	78. During the past 30 days, how did you get your
73. How old were you when you first tried a vape	tobacco products (this includes vape products,
product, even one or two puffs?	cigarettes, cigars, smokeless tobacco)?
■ I have never tried a vape product → If NEVER,	(Choose all that apply)
go to Question 77	 I did not use any tobacco products during the past
	30 days
8 years old or younger	 I bought them in a store such as a convenience
9 or 10 years old	store, supermarket, discount store, or gas station
■ 11 or 12 years old	I bought them from a vape shop or vapor store
■ 13 or 14 years old	I bought them from another state
■ 15 or 16 years old	I gave someone else money to buy them for me
17 years old or older	I got them from friend(s)/ I used a friend's
- 17 years old of older	
	I got them from a family member
74. During the <u>past 30 days</u> , on how many days did	I got them online
you use a vape product?	I got them some other way
■ 0 days → If NEVER, go to Question 77	
■ 1 or 2 days	79. How soon after you wake up do you want to use a
■ 3 to 9 days	tobacco product (including vape products,
■ 0 10 to 29 days	cigarettes, cigars, smokeless tobacco)?
All 30 days	 I do not want to use tobacco products
—	○ Within 5 minutes
	From 6 to 30 minutes
TE Which of the following boot decayibes the types of	
75. Which of the following best describes the types of	From more than 30 minutes to 1 hour
vape products you have used in the <u>past 30</u>	After more than 1 hour but less than 24 hours
days? (Choose all that apply)	I rarely want to use tobacco products
<u> </u>	
Disposable vape product (e.g. Puff Bar, Fruyt Stik,	
■ Blu)	
Vape product that uses pre-filled pods or cartridges	
(e.g., JUUL, Suorin Drop)	
 Vape product with a tank that you refill with liquids 	
Other type of vape product	
I don't know the type(s) of vape products I've used	
T don't know the type(s) of vape products ive used	

Are you seriously thinking about quitting tobacco products (including vape products, cigarettes,	QUESTIONS ABOUT ADVERTISING			
cigars, smokeless tobacco)? I do not use tobacco Yes, during the next 30 days Yes, during the next 6 months Yes, during the next 12months No, I am not thinking about quitting tobacco products	85. During the <u>past 30 days</u> , have you seen or heard any <u>anti-alcohol and/or anti-drug</u> messages on TV, the Internet, the radio, or in newspapers or magazines? Yes No			
SEXUAL BEHAVIOR	QUESTIONS ABOUT ORAL HEALTH			
 81. During your life, with whom have you had sexual contact? I have never had sexual contact → If NEVER, go to Question 85 Female Male Females and Males 82. Who did you have sexual contact with the <u>last time</u> you had sexual contact? 	 86. When was the last time you saw a dentist for a check-up, exam, teeth cleaning, or other dental work? During the past 12 months Between 12 and 24 months ago More than 24 months ago Never Not sure 87. During the past 12 months, have you had a cavity in any tooth? 			
 I have never had sexual contact → If NEVER, go to Question 85 Female → Male 	Yes No Not sure			
83. The <u>last time</u> you had sexual contact, did you or the other person use any kind of condom, dental dam, or other barrier to protect yourself and your partner against sexually transmitted infections (STIs – such as HIV, chlamydia, or herpes)? I have never had sexual contact — If NEVER, go to Question 85	Reference to Difficulties or long-term health problems? DEFINITION: "LONG -TERM" REFERS TO DIFFICULTIES THAT HAVE LASTED OR ARE EXPECTED TO LAST 6 MONTHS OR MORE.			
 No 84. The last time you had sexual intercourse, what method(s) did you or the other person use to prevent pregnancy? (Select ALL that apply) I have never had sexual intercourse Birth control pills A shot (such as Depo-Provera), patch (such as Twirla), or birth control ring (such as NuvaRing or Annovera) Condoms (male or female) Emergency contraception (such as Plan B or ella) An IUD (such as Mirena, Skyla, or ParaGard) or implant (such as Nexplanon) Withdrawal (pulling out) Some other method Not sure what method No method was used to prevent pregnancy 	 Yes No Not sure 89. Do you have any long-term emotional problems or learning disabilities? Yes No Not sure Not sure			

 burning the <u>past 7 days</u>, on now many days did you do volunteer work, community service or help people outside of your home without getting paid? 	you? There are no right or wrong answers.				
 0 days 1 or 2 days 3 or 4 days 5 or more days 91. During the past 7 days, on how many days did you take part in organized activities (including sports teams, school clubs, music, art or dance lessons, religious groups, or other supervised activities)? 0 days 1 or 2 days 3 or 4 days 5 or more days 5 or more days	95. I feel safe when I am with my family/caregiver(s) Not at all A little Somewhat Quite a bit A lot 96. I feel that I belong at my school Not at all A little Somewhat Quite a bit A lot A lot				
 92. During the past 30 days, how often did you go to bed hungry because there was not enough food in your home? Never Rarely Sometimes Most of the time Always 93. How safe from crime do you consider your neighborhood to be? 	 97. I feel that my family/caregiver(s) support my interests and things that I care about Not at all A little Somewhat Quite a bit A lot 98. In the past 12 months, have any of the following happened to you? Yes No 				
 Extremely safe Safe Unsafe Extremely unsafe 	a. A police officer or security guard stopped, questioned, or searched me when I was in my school building				
sleep at night? (Choose ONE. If more than one place, choose the one where you slept most often.) In my parent's or guardian's home With friends, family or other people because we lost our home or cannot afford housing In a shelter or emergency housing In a hotel / motel, car, park, campground, or other public place In a foster home or residential placement	building b. A police officer or security guard stopped, questioned, or searched me when I was outside, on a bus or subway, in my home, or in a store				
	c. A police officer or security guard treated me disrespectfully				
	d. A police officer or security guard handcuffed, arrested, or restrained me				
I move from place to placeSomewhere else	e. A police officer or security guard was helpful to me				