Black Bean Fiesta Salad

Serves 6

**Ingredients**

3 15-oz. cans black beans (or 1½ cups dry beans, cooked)

2 cups frozen corn, thawed

2 large tomatoes, diced

1 large green bell pepper, diced

1 large red or yellow bell pepper, diced

¼ cup chopped red onion

¾ cup chopped fresh cilantro (optional)

**Dressing Ingredients**

2 Tbsp. seasoned rice vinegar

2 Tbsp. apple cider or distilled vinegar

1 lime or lemon, juiced

2 garlic cloves, minced

2 tsp. cumin

1 tsp. coriander

½ tsp. crushed red pepper OR a pinch of cayenne

½ - 1 tsp. salt

**Preparation**

Drain and rinse beans. Combine beans with the corn, tomatoes, bell peppers, red onion and fresh cilantro. Whisk together dressing ingredients and pour over salad. Toss gently to mix.

*Adapted with permission from California WIC program.*