Suicide Prevention and Intervention Checklists, Guidelines and Toolkits

Training	BPR Section 2*	BPR Section 3**	Training Description	Organization	Online Resource	Cost
After a Suicide: A Toolkit for Schools		X	This toolkit is designed to assist schools in the aftermath of a suicide (or other death) in the school community. It is meant to serve as a practical resource for schools facing real-time crises to help them determine what to do, when, and how. The toolkit reflects consensus recommendations developed in consultation with a diverse group of national experts, including school-based personnel, clinicians, researchers, and crisis response professionals. It incorporates relevant existing material and research findings as well as references, templates, and links to additional information and assistance.	American Foundation for Suicide Prevention (AFSP) & Suicide Prevention Resource Center (SPRC)	http://www.sprc.org/webform/after-suicide-toolkit-schools	Free
Guidelines for School-Based Suicide Prevention Program	X		The Guidelines for School-Based Suicide Prevention Programs provides practical recommendations for the safe and effective implementation of school-based suicide prevention programs. Topics addressed by the Guidelines include: • The conceptual basis for prevention programs • Requirements for effective suicide prevention programs • Requirements for effective program implementation • Requirements for institutionalization and sustainability of suicide prevention programs • Components of comprehensive school-based suicide prevention programs An outline of a four-lesson sample student curriculum is provided, as is a selected bibliography of suicide prevention and crisis intervention literature.	American Association of Suicidology	http://www.sprc.org/sites/sprc.org/files/library/aasguide_school.pdf	Free
Maine Youth Suicide Prevention, Intervention and Postvention Guidelines		X	The manual provides rationale for developing protocols and includes discussion on planning for school-based suicide prevention, intervention and postvention. The manual contains a self-assessment, "Is Your School Prepared to Manage Suicidal Behavior?" and numerous appendices, including sample forms for documentation, announcements, issues to consider when a student returns following a mental health related absence, media guidelines, and other resources. The likelihood of students, faculty or staff encountering a suicidal student is real. Advanced planning to prevent youth suicide and to intervene in a crisis can significantly	Maine Youth Suicide Prevention Program	http://www.maine.gov/suicide/docs/guideline.pdf	Free

			improve the ability of school personnel to respond quickly and effectively, with the least disruption to school routines, when suicidal behavior becomes an issue.		
Maine Youth Suicide Prevention Referral and Tracking Toolkit			This toolkit has been created to help school personnel involved in school-based suicide prevention and intervention to (1) track youth identified and referred for risk of suicide and (2) use that information to inform and evaluate suicide prevention practice. It is based on the lessons learned from the Maine Youth Suicide Prevention Program's (MYSPP) implementation of a comprehensive approach to suicide prevention. The toolkit is organized into two parts: (1) Facilitating good data collection and use and (2) Additional resources and background.	Maine Youth Suicide Prevention Program	http://www.maine.gov/suicide/docs/MaineActionableKnowlProduct.pdf	Free
Model School District Policy on Suicide Prevention			This comprehensive module is for middle and high schools without policies or those that need help amending existing policies. Presentation slides, a webinar, fact sheet, and policy document provide school professionals with the following: actionable steps to support school personnel; sample language for student handbooks; suggestions for involving parents and guardians in suicide prevention; and guidance for addressing in-school suicide attempts.	American Foundation for Suicide Prevention (AFSP), The American School Counselor Association, The National Association of School Psychologists and The Trevor Project	http://www.thetrevorproject.org/pages/modelschoolpolicy	Free
Preventing Suicide: A Toolkit for High Schools			Assists high schools and school districts in designing and implementing strategies to prevent suicide and promote behavioral health. Includes tools to implement a multi-faceted suicide prevention program that responds to the needs and cultures of students.	Substance Abuse and Mental Health Services Administration (SAMHSA)	http://store.samhsa.gov/shin/content//SMA12-4669/SMA12-4669.pdf	Free
Riverside Trauma Center Postvention Guidelines		X	The Riverside Trauma Center Postvention Guidelines provide communities and organizations with recommendations for how to respond to suicide deaths in a way that can help restore functioning to the organization, facilitate the grieving process, and decrease the risk of suicide imitation (contagion effect).	Riverside Trauma Center	http://www.riversidetraumacenter.org/documents/RiversideTraumaCenterPostventionGuidelines6_24_11.pdf	Free
The Role of High School Teachers in Preventing Suicide			This document created for high school teachers contains information on recognizing and responding to warning signs, resource materials about suicide prevention, including programs, as well as other suicide prevention information relevant to teachers.	Suicide Prevention Resource Center (SPRC)	http://www.sprc.org/sites/sprc.org/files/Teachers.pdf	Free
Youth Suicide Prevention, Intervention, and Postvention Guidelines: A		X	The Youth Suicide Prevention School-based Guide Checklists provide a framework for schools to assess their existing or proposed suicide prevention efforts and provide resources and information that school administrators can use to enhance or add to their existing program. The Checklists are based upon an extensive	Louis de la Parte Florida Mental Health Institute at the University of Florida	http://theguide.fmhi.usf.edu	Free

Resource for School Personnel			review of the literature, expert input, and feedback from end users; much of the supporting information for the Checklists are contained in issue briefs located on the Checklists website. The Checklists were first developed in 2003 and are updated periodically.		

*Section 2 of the Suicide Prevention Resource Center's Best Practice Registry (BPR) lists statements that summarize the best knowledge in suicide prevention in the form of guidelines, protocols, or consensus statements. These statements typically result from a collaborative process involving key experts and stakeholders and/or a thorough review of the literature by a preeminent expert in that topic area.

**Section 3 of the Suicide Prevention Resource Center's Best Practices Registry (BPR) lists programs, practices, policies, protocols, and informational materials whose content has been reviewed according to current program development standards and recommendations. Section III programs and materials are designed for use in specific settings, such as schools, communities, clinics, campuses, etc.