MassHealth offers services for mental, emotional, or substance abuse issues that may help!

www.mass.gov/masshealth/cbhi

CENTRAL MASSACHUSETTS

Still not sure where to start?

• Talk to your child’s doctor, nurse, or counselor.
• Call your child’s MassHealth health plan. Trained staff on the phone can help you find the right service for your child.

In-Home Therapy

- Advocates
  - Framingham, Marlborough: 1-508-491-3000
  - Family Continuity Programs
  - Whitinsville, Worcester: 1-508-244-1152
  - Key Programs: 1-508-793-6263
  - LUR Crisis Center
  - Framingham, Webster, Worcester: 1-800-579-0000
  - Massachusetts Mentor
  - Worcester: 1-508-753-2967
  - MSPCC
  - Worcester: 1-508-734-2877
  - Multicultural Wellness Center
  - Worcester: 1-508-752-4665
  - Fitchburg: 1-978-343-3336

Riverside Community Care
  - Framingham: 1-508-528-7000, Ext. 6348
  - SMOC Behavioral Health Services
  - Framingham:
  - South Bay Mental Health
  - Worcester, Leominster
  - Wayside Youth & Family Support Network
  - Framingham, Milford
  - Y.O.U., Inc.
  - Centralized Intake Number: 1-855-4YOUINC (1-855-496-8462)
  - Blandford, Southbridge, Worcester, Gardner

Intensive Care Coordination

Community Healthlink
  - North Central: 1-877-240-2755
  - Worcester: 1-877-778-5030
  - The Learning Center for the Deaf, Walden School
  - Statewide: 1-508-999-6029
  - Videophone: 1-774-699-0948 and 1-774-406-3723
  - Wayside Youth & Family Support Network
  - Framingham
  - Y.O.U., Inc.
  - Centralized Intake Number: 1-855-4YOUINC (1-855-496-8462)

Massachusetts Mentor

South County 24-hour access number: 1-508-244-4665

- Bridgton, Blackstone, Bristol, Brookfield, Charlton, Douglas, East Brookfield, Franklin, Hopedale, Medway, Mendon, Millford, Milford, Northbridge, North Brookfield, Oxford, Southbridge, Stafford, Sutton, Upton, Uxbridge, Wales, Warren, Webster, and West Brookfield

- Worcester 24-hour access number: 1-866-549-2142

- Auburn, Boylston, Groton, Holden, Leicester, Milbury, Paxton, Shrewsbury, Spencer, West Boylston, and Worcester

Mobile Crisis Intervention

MetroWest 24-hour access number: 1-800-640-5432


North County 24-hour access number: 1-800-977-5555


South County 24-hour access number: 1-800-294-4665

- Bellingham, Blackstone, Bristol, Brookfield, Charlton, Douglas, East Brookfield, Franklin, Hopedale, Medway, Mendon, Millford, Milford, Northbridge, North Brookfield, Oxford, Southbridge, Stafford, Sutton, Upton, Uxbridge, Wales, Warren, Webster, and West Brookfield

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WORRIED about your child's acting or feeling?

MassHealth offers services for mental, emotional, or substance abuse issues that may help!
Youths under 21 on MassHealth Family Assistance, who are enrolled in managed care may be able to get this service if it is medically necessary. Youths with a mental or physical disability can apply to get CommonHealth. Contact MassHealth Customer Services for more information.

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Provider listings are subject to change. For the most current listings, visit: www.masshealthiaccess.com. You can search for available providers by zip code and service type and see their ability to accept new referrals, though this does not guarantee an appointment or placement.

Intensive Care Coordination

Intensive Care Coordination may be the right service for you if your child or teen has serious emotional or behavioral needs. A counselor will meet with you and your child to:

• find out your child’s needs and strengths;
• make a plan to help your child; and
• help your child get other needed services.

In-Home Therapy

If your child or teen’s behavior is making daily life hard for the family, then In-Home Therapy may be the right service for your child and family. Counselors will work with your whole family, helping you as a parent to help your child or teen. In-Home Therapy can help your child and family to:

• learn new ways to do things;
• resolve conflicts;
• learn new ways to do things; and
• find community resources.

Other Services

If your child gets outpatient therapy, In-Home Therapy, or Intensive Care Coordination and needs more help, he or she may also be able to get the following services.

In-Home Behavioral Services

Sometimes a child will do something over and over that bothers other people or harms the child. If it is very hard to get this child to act differently, a therapist will work with you and others in your child’s life to try new ways to help your child change these behaviors.

Therapeutic Mentors

Some children and teens want to get along with others, but need help and practice learning to talk or act in new ways. A Therapeutic Mentor will go with your child to the places where the child has the most trouble and teach him or her new ways to talk or act. The mentor will help your child change these behaviors.

Mobile Crisis Intervention

Mobile Crisis Intervention is for when your child or teen is having a crisis and needs help right away. Call your local set Crisis Intervention team. You can call 24 hours a day, 7 days a week. A trained team will come to your child’s home, school, or other places in the community to help your child with the crisis. The team will help you get other services for your child and family. Phone numbers for Mobile Crisis Intervention services are listed in this brochure.

Family Support and Training (Family Partners)

Do you need support? Family Partners help parents and caregivers to help their children reach their treatment goals. They are parents or caregivers of children with special needs – they’ve “been there,” understand what families go through, and can share their experiences. Family Partners are not behavioral health professionals, but work closely with parents to help them get the services their children need.

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