How to take your TB medicine

When?

<table>
<thead>
<tr>
<th>Day</th>
<th>Sunday</th>
<th>Monday</th>
<th>Tuesday</th>
<th>Wednesday</th>
<th>Thursday</th>
<th>Friday</th>
<th>Saturday</th>
</tr>
</thead>
<tbody>
<tr>
<td>At dinner</td>
<td>☀</td>
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<td>☀</td>
<td>☀</td>
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<tr>
<td>At breakfast</td>
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</tbody>
</table>

How many?

हरेकपटक एक चक्कि मुखबाट सेवन गर्नुहोस।
Take this number of pills by mouth each time.

Never double up on your TB medicine, even if you miss a dose.

With food?

- ☐ हाँ / Yes
- ☐ होइन / No
- ☐ ___________

How long?

तपाईंको क्षयरोगको औषधि सेवन ______ महिनासम्म जारीराख्नु पर्नेछ हुन सक्छ।
You will likely finish your TB medicine in this number of months.
If you don’t feel normal…

1. Stop taking your TB medicine.

2. Call or go to your doctor right away.

How to contact your doctor:

This material was developed by the Massachusetts Department of Public Health. Language: Nepali. December 2014. For more information, visit www.mass.gov/dph/cdc/tb