

# **ZAMIR NESTELBAUM, MD, MPH**

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## **Professional Experience**

**Cooley Dickinson Hospital**

**May 2011-Present**

**Northampton, MA**

**Chief, Department of Psychiatry**

**Medical Director, Behavioral Health Services**

Clinical care, supervision and administrative oversight for a 20 bed Inpatient Behavioral Health Unit. Consultation Service for a not for profit community hospital.

**Carney Hospital**

**March 2010-May 2011**

**Dorchester, MA**

**Director, Department of Psychiatry**

Clinical and administrative leadership of large psychiatric department with 50 inpatient beds and 5 FTE Psychiatrists, 6 Nurse Clinical Specialists and a large staff of social workers, nurses, counselors, occupational therapists and administrative staff.

### **Program Includes:**

- 20 bed Adult Inpatient Unit
- 16 bed Older Adult/Geri psychiatric Unit
- 14 bed Adolescent Unit
- Adult Partial Hospital Program
- Outpatient Department
- Emergency & Consultation Service

**St. Elizabeth's Medical Center**

**November 2007 to May 2011**

**Boston, MA**

**Vice Chair, Department of Psychiatry**

Assisted Chair in clinical and administrative leadership of large psychiatric department.

### **Clinical Program:**

- 32 bed Adult Inpatient Unit

- 16 bed Geri psychiatric Unit
- Adult Partial Hospital Program
- Outpatient Department
- Emergency and Consultation Service

**St. Elizabeth's Medical Center**

**Boston, MA**

**Director, Residency Training Program**

**January 2008-May 2011**

Clinical and administrative supervision of twenty psychiatric residents in a fully accredited program within the framework of the Hospital's Graduate Medical Education Structure.

**Residency Program:**

- Curriculum Development
- Clinical Supervision
- Recruitment
- Faculty development and supervision
- Adherence to ACGME standards
- Adherence to hospital Graduate Medical Education Program

**Tufts University School of Medicine**

**January 2008 to May 2011**

**St. Elizabeth's Medical Center**

**Boston, MA**

**Site Director, Third Year Clerkship**

- Provided clinical and administrative supervision, and education for third year medical students during their required Clerkship in Psychiatry.
- Site leader: Medical Interviewing and the Doctor-Patient Relationship course January 2009-January 2010 Provided clinical, administrative, supervision and teaching for 32 first year students, 8 fourth year students and 16 residents from multiple core programs at St. Elizabeth's Medical Center
- Site Leader: Compassionate Care: Resident as Teacher Initiative Arthur Vining Davis Educational Grant September 2010- April 2011 Responsible for overseeing St. Elizabeth's Medical Center participation in this innovative role modeling of compassionate care by ten residents from multiple core residency programs of St. Elizabeth's Medical Center

**Newton Square Counseling Center**

**July 1989 to present**

**Worcester, MA**

**Executive Director**

**President, Newton Square Health Center, P.C.**

Private Practice with a collaborative group of approximately 12 licensed clinical social workers, mental health counselors, psychologists and advanced practice nurses. Providing clinical and administrative leadership and support.

**Worker's Compensation Disability Evaluation  
Worcester, MA**

**May 1993 to present**

Provide Impartial Physician Examinations for the Commonwealth of Massachusetts Department of Industrial Accidents. Provide Independent Medical Evaluations for Individuals applying for Worker's Compensation.

**Harrington Memorial Hospital  
Southbridge, MA**

**July 1990-October 2009**

**Chief, Psychiatric Services  
Medical Director Adult Inpatient Unit**

**July 1992 –October 2007**

Provided clinical and administrative leadership to psychiatrists, psychologist, nurses and clinical social workers on a 13 bed inpatient unit.

**Other Responsibilities:**

- Maintain a close working relationship with multiple managed care organizations and the Department of Mental Health.
- Electroconvulsive Therapy.

**George B. Wells Human Services Center  
Harrington Memorial Hospital  
Southbridge, MA  
Medical Director**

**July 1990-October 2007**

Clinical and administrative leadership and clinical supervision of a large hospital based comprehensive Community Mental Health Center, serving a 15 town area of Central Massachusetts.

**Other Responsibilities:**

- Direct supervision of psychiatrists, advanced practice nurses, registered nurses, psychologists, and social workers.
- Close working relationship with multiple managed care organizations, Department of Mental Health, Department of Mental Retardation, Department of Public Health, Residential Programs and Community agencies and advocacy groups.

**Services included:**

- Adult Mental Health Program
- Substance Abuse & Recovery Program
- Suboxone Clinic
- Psychiatric Emergency Services
- Viewpoint Acute Stabilization and Respite Program

- Child and Family Program
- Education and Training Program

**Monson Developmental Center  
Palmer, MA**

**December 1993-June 2006**

Provided psychiatric consultation for a large inpatient facility for the Department of Mental Retardation working with mild to profoundly mentally retarded/developmentally delayed individuals during a period of statewide transition from hospital based to community based residential settings.

**University of Massachusetts Medical Center  
Worcester, MA  
Director, Emergency Mental Health Service**

**July 1988-June 1990**

Clinical and administrative supervision of psychiatric emergency services for the greater Worcester region. Responsible for the training and supervision of PGY I-IV year residents and University of Massachusetts Medical Students.

**Rockland County Community Mental Health Center  
Pomona, New York  
Director, Crisis & Emergency Services**

**July 1986 to June 1988**

Clinical and administrative supervision of a county-wide psychiatric emergency department and a brief therapy Crisis Clinic. Consultant for rehabilitation day program for young adults with chronic and persistent mental illnesses.

## **COMMITTEES AND ORGANIZATIONS**

### **Medical Staff Organizations:**

Vice President, Harrington Hospital Medical Staff	9/2004-10/2007
Secretary, Harrington Hospital Medical Staff	9/2002-8/2004

### **Hospital Committees:**

Graduate Medical Education Committee, St. Elizabeth's Medical Center	1/2008-5/2011
Medical Executive Committee, Carney Hospital	3/ 2010-5/2011
Patient Care Assessment Committee, Carney Hospital	3/ 2010-5/2011
Medical Quality Review Committee, Carney Hospital	3/2010-5/2011
Physician-Vice President Manager's Committee, Carney Hospital	3/ 2010-5/2011
Pharmacy & Therapeutics Committee, Carney Hospital	3/ 2010-5/2011
Medical Executive Committee, Harrington Hospital	7/1990-10/2007
Quality Assurance Committee, Harrington Hospital	7/1990-10/2007
<i>Mental Health Executive Committee, Harrington Hospital</i>	7/1990-10/2007

## **Education & Training**

Curriculum Committee, Tufts University School of Medicine 9/2010-5/2011  
Chair, Faculty Education Committee, 1/2008-5/2011  
St. Elizabeth's Medical Center

## **Regional & Nation Organizations**

American Psychiatric Association  
American Society of Clinical Psychopharmacology  
American Association of Directors of Psychiatric Residency Training Programs  
Massachusetts Psychiatric Society  
Massachusetts Medical Society

## **EDUCATION**

University of Massachusetts Medical School  
Worcester, MA  
Doctor of Medicine May 1981

University of Michigan School of Public Health  
Ann Arbor, MI  
Masters in Public Health June 1981

University of Massachusetts  
Amherst, MA  
Bachelor of Science, Majors: Zoology and History May 1975

University of Massachusetts  
Amherst, MA  
History Graduate Program In Process, all but Comprehensive Examinations

## **TRAINING**

George Washington University Medical Center January 1981-June 1982  
Washington, D.C.-Internship in Internal Medicine

Mount Sinai Medical Center July 1982-June 1985  
New York, NY-Residency in Psychiatry

Mount Sinai Medical Center July 1984-June 1985

New York, NY-Chief Resident, Psychiatry

Columbia University College of Physicians and Surgeons  
New York State Psychiatric Institute  
New York, NY  
Fellowship in Public Psychiatry

July 1985-June 1986

### ACADEMIC APPOINTMENTS

Assistant Professor, Tufts University School of Medicine	2008-2011
Affiliate in Psychiatry, University of Massachusetts Medical School	1994-2007
Assistant Professor, Psychiatry: University of Massachusetts Medical School	1988-1994
Instructor, Columbia University College of Physicians and Surgeons	1986-1988

### PUBLICATIONS

Nestelbaum Z, Siris S., Rifkin A., et al: Exacerbation of Schizophrenia Associated with Amantadine, The American Journal of Psychiatry 143: 1170-1171, September 1986.

Nestelbaum Z., The Fall and the Fall of the New York City Department of Health. Health Policy Advisory Center Bulletin., June 1978

Appelbaum K.L., Fisher W.H., Nestelbaum Z., et al: Are Pretrial Commitments for Forensic Evaluation Used to Control Nuisance Behavior? Hospital and Community Psychiatry 43 (6): 603-607, June 1992

### HONORS

Fellow, American Psychiatric Association

Excellence in Teaching Award, St. Elizabeth's Medical Center Psychiatric Residency Program	2008-2009
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Excellence in Teaching Award, University of Massachusetts Psychiatric Residency Program	1988-1989
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Clinical Teaching Recognition Tufts University School of Medicine	2008-2009
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Class Speaker University of Massachusetts Medical School Commencement	May 1981
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Phi Beta Kappa University of Massachusetts at Amherst	May 1981
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**CERTIFICATES AND LICENSES:**

**Diplomate: American Board of Psychiatry and Neurology, Inc.**

**Diplomate: National Board of Medical Examiners**

**Massachusetts State Medical License**

**New York State Medical License**

**Drug Enforcement Agency License, including X number**

**References are available upon request.**