I. **Conservative Care:**
   A. Not Applicable

II. **Clinical Findings:**
   A. Subjective
      1. Rest-sitting pain

   AND

   B. Objective
      1. Pain with patellar/femoral movement; **and/or**
      2. Recurrent dislocations

   AND

   C. Imaging
      1. Recurrent effusion; **and**
      2. Patella apprehension; **and**
      3. Synovitis with or without crepitus; **and**
      4. Lateral tracking; **and**
      5. Increased Q angle > 15 degrees