

# Massachusetts Insurance Market Reform, Affordability and MassHealth Sustainability

Executive Office of Health & Human  
Services

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# Massachusetts Insurance Market Reform and Affordability

## Overview

- **The Baker-Polito Administration has made it a priority to control spending growth at MassHealth**, which covers 1.9 million (over 1 in 4) residents of the Commonwealth and ~40% of the state budget
- **Since taking office, we have reduced spending growth from historical double-digits** (15% in FY15) to single digits (3.8% in FY17)
- However, MassHealth growth continues to outpace state revenue growth. **85% of growth has been driven by enrollment, which will account for \$600M of growth in FY18**
  - MassHealth enrollment continues to grow despite our near universal health care coverage, steady population numbers and low unemployment. If we don't address this growth, MassHealth will generate a \$1.1b net funding gap by 2020
- MassHealth was projected to grow by \$1.228 billion gross, \$581 million net, in FY18. With the reforms filed in the Governor's FY18 budget, **spending growth is instead \$997 million gross (6.6%), \$140 million net (2.3%)**

## Why is MassHealth enrollment growing?

- **Massachusetts had to make changes in our insurance market to conform to the ACA. Those changes created unintended consequences impacting employer-sponsored insurance (ESI).** Since 2011:
  - Almost half a million lives have shifted from commercial ESI into public coverage
  - The percentage of residents on commercial insurance has decreased by 7 percentage points while MassHealth enrollment increased by 7 percentage points over the same period
- These policy changes have been **compounded by increasing costs of health care**

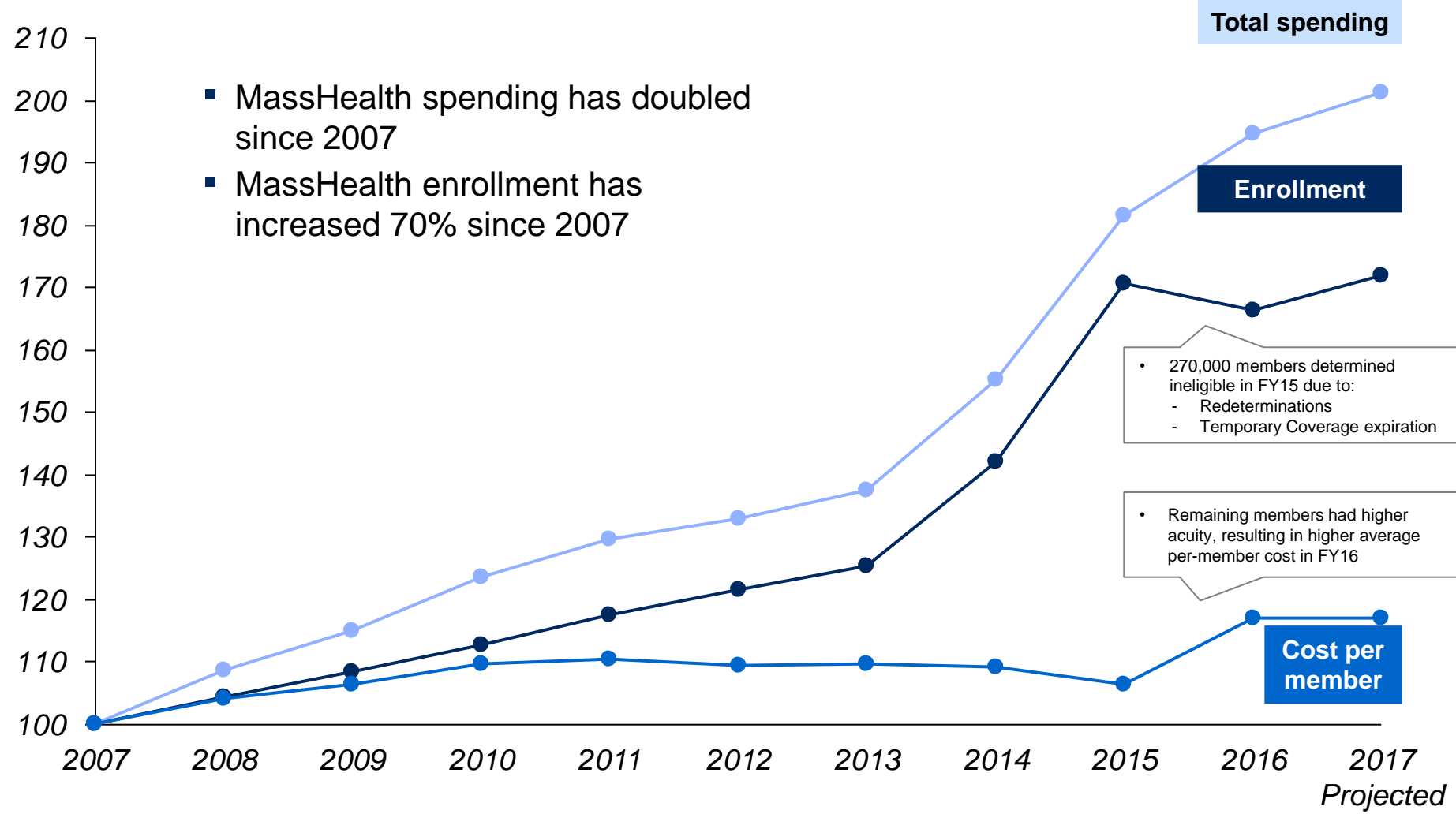
## Four Massachusetts Insurance Market Reforms

- To protect taxpayers and ensure the sustainability of the MassHealth program, we propose a multi-faceted approach to manage spending growth at MassHealth and in the commercial health insurance market
  - 1. Affordability:**
    - Establish a **cap on growth rates for certain health care providers; eliminate certain facility fees** that insurers and consumers pay to hospital systems; **institute a five-year moratorium on new insurance mandates; implement additional transparency** and offer **new employer options through the Connector**
  - 2. Flexibility:** Submit a federal waiver for relief from ACA employer mandate to simplify health care administration burden for employers
  - 3. Reinstate Ch. 58 principle of employer contribution to universal coverage** for employers with 11 or more FTEs
  - 4. Continue controls for MassHealth sustainability and program integrity**, such as:
    - Strengthen controls for program integrity, including implementing a Third Party Administrator to manage long term services and supports, and other cost avoidance and recovery measures to control fraud, waste, and abuse
    - Restructure MassHealth into integrated, accountable care models through the 1115 waiver
    - Align certain CarePlus benefits with commercial plans

# Enrollment drives 85% of MassHealth growth in FY17

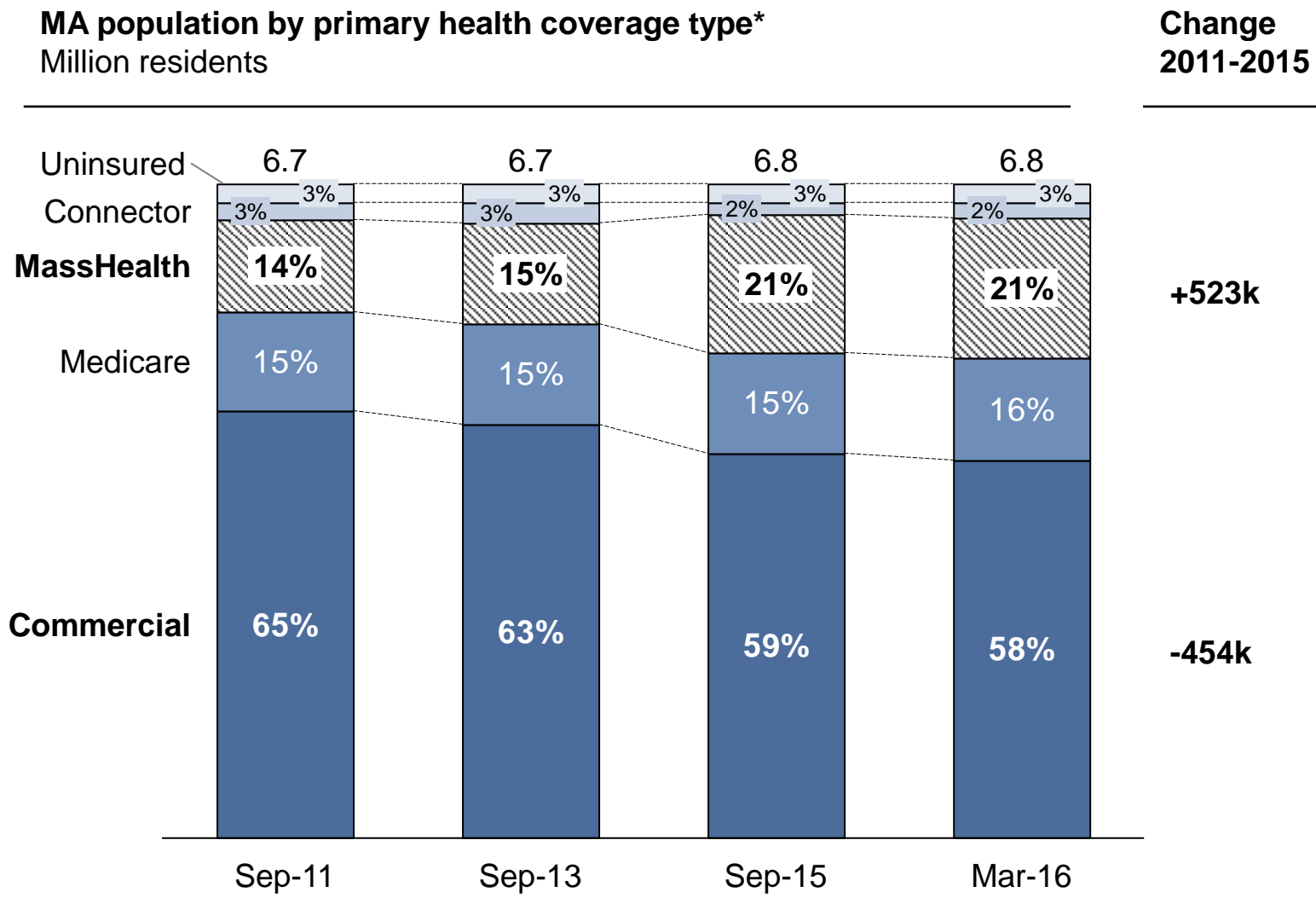
## MassHealth Program Spending Breakdown

Percent change since 2007



Why is MassHealth enrollment growing?

# MassHealth enrollment growth has been driven by a shift of MA residents from commercial coverage to public coverage



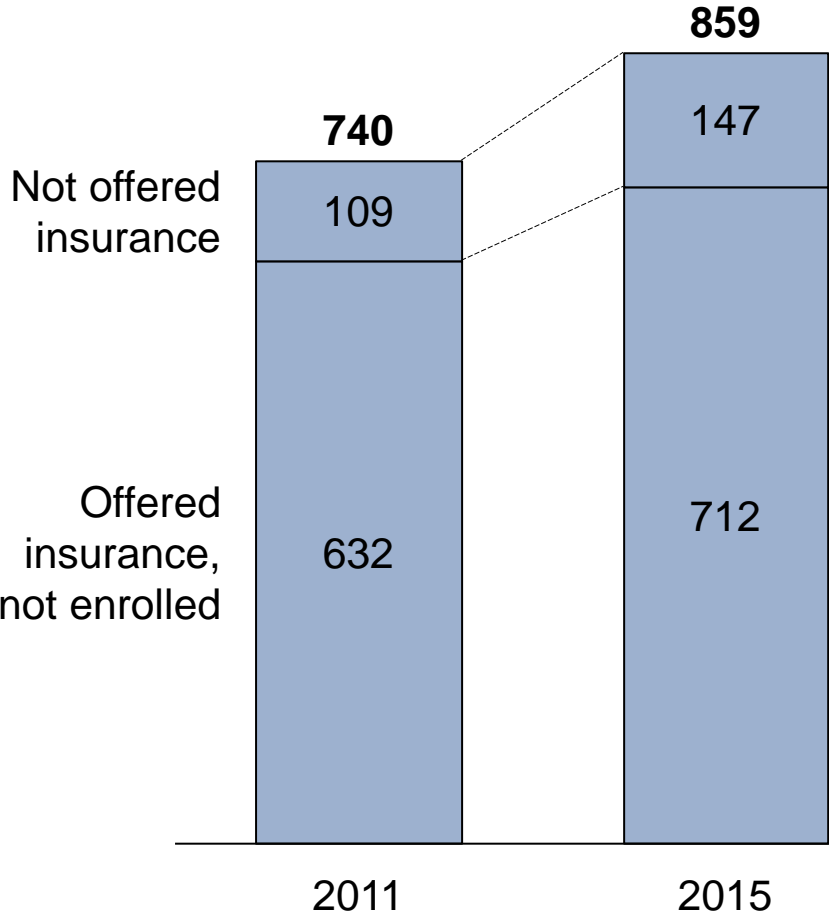
\* MassHealth enrollment including members with primary Medicare or commercial coverage represents 28% of population in 2016.

Why is MassHealth enrollment growing?

# Shift away from commercial coverage has been driven by 1) fewer employees enrolling when offered and 2) fewer employees offered coverage by their employers

**Full-time employees not on ESI**  
'000 employees

**Change**  
**2011-2015**



+118k

+38k

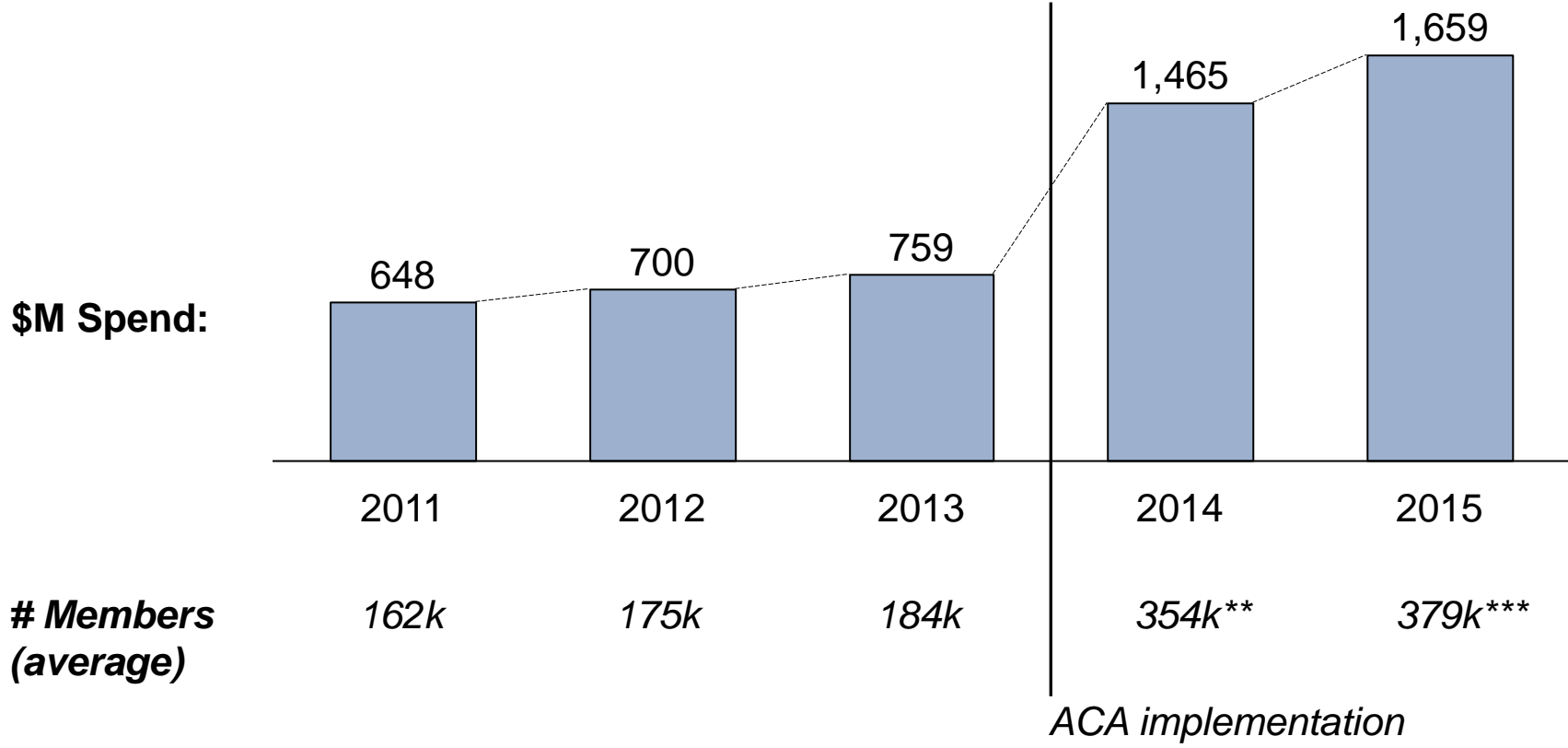
+80k

- **+15%** in # of full-time employees *not* on ESI
- **+118k** full-time employees *not* on ESI (est. **+300k lives** including dependents)
- ~50/50 between small group and large group employers

Why is MassHealth enrollment growing?

# MassHealth spend on employed individuals has increased more than 2.5x since 2011

MassHealth employed members annual spend and count (\$M)\*



NOTE: Employed MassHealth members only. Does not include ConnectorCare/CommCare members prior or post ACA. Prior to ACA estimated additional ~40k employed individuals were enrolled in CommCare plans 1 and 2A.

\* Only employees, dependents not included  
\*\* Includes 81k temporary MH members / \$179M spend  
\*\*\* Includes 15k temporary MH members / \$11M spend (no temp members after Q1 2015)

## Insurance market trends driven by multiple factors since 2013

### Rising healthcare costs

- Small group premiums increased 15%+ from 2013-17
- Out-of-pocket (OOP) costs grew from 16% to 25%
- Cost sharing among private commercial members continued to increase faster than inflation and wage growth, members continue to bear a greater share of healthcare costs\*

### Increased access to subsidized public coverage

- Employees with available ESI\*\* gained access to subsidies
  - Under Ch. 58, access to ESI disqualified from CommCare
  - Under ACA, Connector coverage available if out-of-pocket costs for ESI >9.5% of income
- Population <138% FPL gained access to MassHealth as of 1/1/14

### Changes in regulatory landscape

- Ch. 58 Fair Share Contribution repealed July 2013
- ACA employer mandate for employers >50 FTEs has not been implemented

### Demographic trends

- Despite healthy economic growth in MA, number of people with low income has increased

\* CHIA

\*\* ESI = Employer Sponsored Insurance

# Four insurance market reforms

## Description

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### **Health care affordability**

- Establish cap on growth rates for certain health care providers
  - Eliminate certain facility fees that insurers and consumers pay to hospital systems
  - Institute a five-year moratorium on new insurance mandates
  - Implement additional cost transparency reporting by CHIA
  - Create new options for small group employers through the Connector
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### **Federal flexibility**

- Submit federal waivers for flexibility, including for relief from ACA employer mandate to simplify health care administration burden for employers
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### **Reinstate Ch. 58 principle of employer contribution**

- Reinstate Ch. 58 commitment to universal coverage by reinstating employer contribution requirement for employers with 11 or more FTEs
  - Administrative Bulletin: companies doing business with the Commonwealth must offer health insurance
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### **Continued controls for MassHealth sustainability and program integrity**

- Continue to strengthen controls for program integrity, including implementing a Third Party Administrator to manage long term services and supports, and other cost avoidance and recovery measures to control fraud, waste, and abuse
- Implement the five-year federal 1115 waiver that will restructure MassHealth toward Accountable Models of Care
- Align certain CarePlus benefits with commercial plans



# Health care affordability: 5 components

## 1. Capping rate growth for certain health care providers

- The Commonwealth will establish a cap on certain health care provider rate increases on a graduated scale
- Effective date: all rates in effect on or after July 1, 2018
- Providers will be split into 3 tiers, from lowest to highest, based on their Commercial rates (weighted avg. for hospital, professional)
- Commercial health plans will only be allowed to increase rates to providers in each tier within specific limits:
  - Tier 1: no cap
  - Tier 2: <1%
  - Tier 3: 0%
- The thresholds for each tier will be specified in DOI regulation in consultation with EOHHS and CHIA
- Health plans must demonstrate compliance in their rate filings to DOI, through a file and approve process (with presumptive disapproval so that rates could not go into effect without DOI's express approval)
- Certain exceptions to these rules encourage investment in more sustainable models of care and to address access:
  - Excludes primary care and behavioral health providers
  - Providers with value-based contracts (e.g., ACO contract) can receive a rate increase 1% higher than caps above
- DOI to review growth caps and tiers in 3 years

## Health care affordability: 5 components (cont.)

### **2. Rebalancing away from facility-based care**

- Hospitals charge a “facility fee” for services, intended to cover the overhead costs of operating a 24-hour hospital, in addition to charges for physician/ professional services
- Today, these facility fees are also sometimes charged for services provided in an office/ clinic, such as a hospital’s on-site primary care clinic or a satellite clinic operating under the hospital’s license
- The reform will eliminate or reduce the facility fee for clinics so that insurance payments more appropriately reflect the actual costs of operating such facilities
- Effective date: all rates in effect on or after July 1, 2018
- Insurers would be required to pass on savings through lower premiums and/or by reinvesting in raising rates for providers (e.g., for primary care)
- DOI, in consultation with EOHHS and CHIA, will specify the circumstances in which the facility fee may be paid, provide for exceptions and set minimum standards for reinvestment of savings
- Health plans must demonstrate compliance in their rate filings with DOI through a file-and-approve process (with presumptive disapproval so that rates could not go into effect without DOI’s express approval)

### **3. Moratorium on new coverage mandates**

- 5-year moratorium on new health insurance coverage mandates

## Health care affordability: 5 components (cont.)

### 4. Transparency

- CHIA will provide consumer friendly cost information on the weighted average reimbursements for common procedures and services by individual provider (across Commercial health plans)
- CHIA will collect data from the health plans to develop a market-level report
- This enables employers and consumers to make informed choices

### 5. New employer options through the Connector

- New options through the Connector starting in CY2018 to reduce administrative burden for small employers
- For the first time, small employers will be able to offer employees a choice among a range of insurance through a new Connector small business platform
  - Employers make a contribution for employees
  - Employees then shop on the Connector and choose from a range of plans
  - Employees may choose to select lower cost plans, with a potential to save up to 30% off the average small group plan
  - Consumers and employers will have transparent, plan comparison features
- Employers will have two options for implementing this approach:
  - Option 1 (defined contribution model): the employer offers Employer Sponsored Insurance (ESI) and selects which plans their employees can access through the Connector Small Business Platform
  - Option 2 (HRA\*): employers can make a contribution to an employee's HRA; the employee can then shop for coverage as an individual on the Connector. There may be opportunities to access federal subsidies.
- The options significantly simplify the administration of health insurance for small employers and can reduce costs

## Federal flexibility

- The Commonwealth will seek greater flexibility from the federal government to achieve goals inherent in the ACA and Medicaid programs while meeting the needs of our state.
- We will seek a waiver of the Employer Mandate under the ACA, including the penalty for not offering insurance (not yet implemented), and burdensome paperwork requirements associated with the mandate
- We will also seek additional waivers for flexibility in areas such as:
  - State-specific approaches to actuarial value calculators, rating factors for small group premium development, and open enrollment rules
  - Benefit rules beyond what is permitted under the Essential Health Benefits rules
  - A more flexible risk adjustment system or not to apply risk adjustments
  - Insurance products offered through group purchasing cooperatives or professional employer organizations
  - Administrative rules and regulations, simplification regarding compliance and other reporting requirements
  - Greater flexibility and authority to ensure compliance with mental health parity rules
  - Waiving conflicting eligibility rules between Medicaid and the Exchange
  - Use of defined contribution plans and HRAs

## Reinstate Ch. 58 principle of employer contribution

- Reinstate Ch. 58 principle of employer contribution to universal coverage for employers with 11 or more FTEs
- Updated parameters:
  - Employer Contribution is \$2,000 per FTE\*, if owed (excludes temporary employees such as seasonal workers and interns)
  - Adequate coverage from an employer is defined as \$4,950 for full time employees (>35 hours/ week) for employer-sponsored insurance, or a contribution to a defined benefit plan such as an HRA (\$4,950 or another amount as determined by DOR). No additional requirement for spouses/ dependents
  - Employee uptake threshold is 80% of FTEs
- If an employer offers adequate coverage and at least 80% of FTEs take coverage, no Employer Contribution is required
- If an employer offers adequate coverage but less than 80% of FTEs take coverage, the Employer Contribution is only applied to the difference between the # of FTEs on coverage and 80%
  - Example: if 65% of FTEs uptake, the Employer Contribution only applies to 15% of FTEs (80% - 65%)
- DOR will issue regulations, in consultation with EOHHS
- If the ACA employer mandate is implemented, employers will be credited for any federal penalties before being assessed for their Employer Contribution.
- Effective date: Plan renewal dates after January 2018

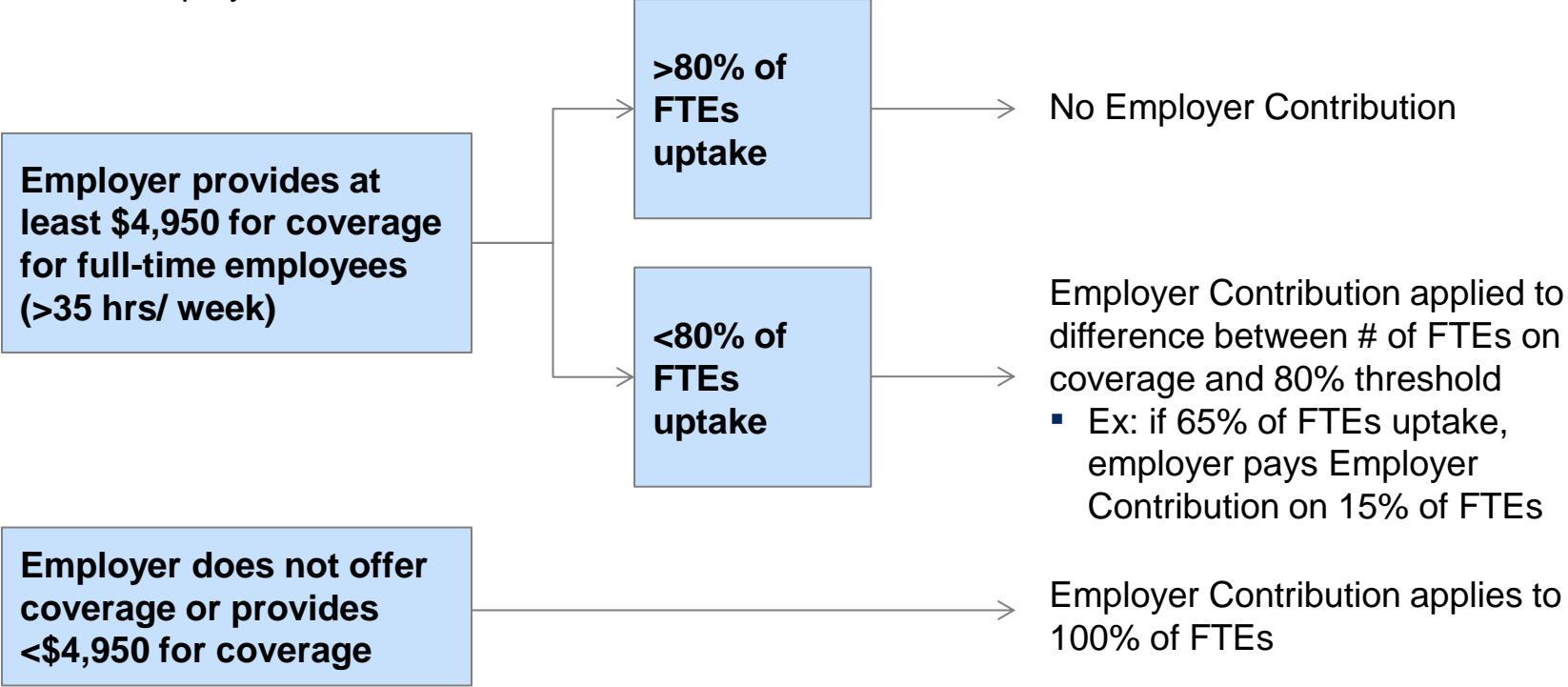
*\*FTEs calculated as the total number of employee hours per quarter / 500, for employers with at least 1 month tenure, with a maximum of 500 hours counted per employee. This formula avoids incenting employers to shift more full-time to part-time employees*

# Reinstate Ch. 58 principle of employer contribution: how it works

## Updated Chapter 58

Threshold for adequate coverage from an employer

Uptake threshold:



$$\text{Uptake rate} = \frac{\text{\# of employees on coverage}}{\text{Total \# of FTEs (FTEs defined as total number of employee hours per quarter / 500, for employers with at least 1 month tenure, with a maximum of 500 hours counted per employee)}}$$

# Reinstate Ch. 58 principle of employer contribution: example



Each employer has 20 FTEs (Full Time Equivalents):

- 18 full-time employees (18 FTEs)
- 4 part-time employees (2 FTEs)

	Employer 1	Employer 2	Employer 3
<b>Employer offer of coverage</b>	▪ \$6,000 (85% of premium) for full-time employees	▪ \$5,000 (70% of premium) for full-time employees	▪ Does not offer coverage
<b>Employees enrolled</b>	▪ 16 full-time	▪ 14 full-time	▪ --
<b>Uptake rate</b>	▪ 80% (16 / 20 FTEs)	▪ 70% (14 / 20 FTEs)	▪ 0%
<b>Current cost</b>	▪ \$96,000	▪ \$70,000	▪ --
<b>Applicable FTEs*</b>	▪ 0 FTEs	▪ 2 FTEs (10% of 20)	▪ 20 FTEs
<b>Employer Cont. (EC)</b> ((\$2,000 x applicable FTEs)	▪ <b>\$0</b>	▪ <b>\$4,000</b>	▪ <b>\$40,000</b>
<b>Total cost incl. EC</b>	▪ <b>\$96,000</b>	▪ <b>\$74,000</b>	▪ <b>\$40,000</b>
<b>Total cost per FTE (total divided by 20 FTEs)</b>	▪ \$4,800	▪ \$3,700	▪ \$2,000

\* FTEs required to meet 80% uptake threshold

## MassHealth sustainability and program integrity: overview

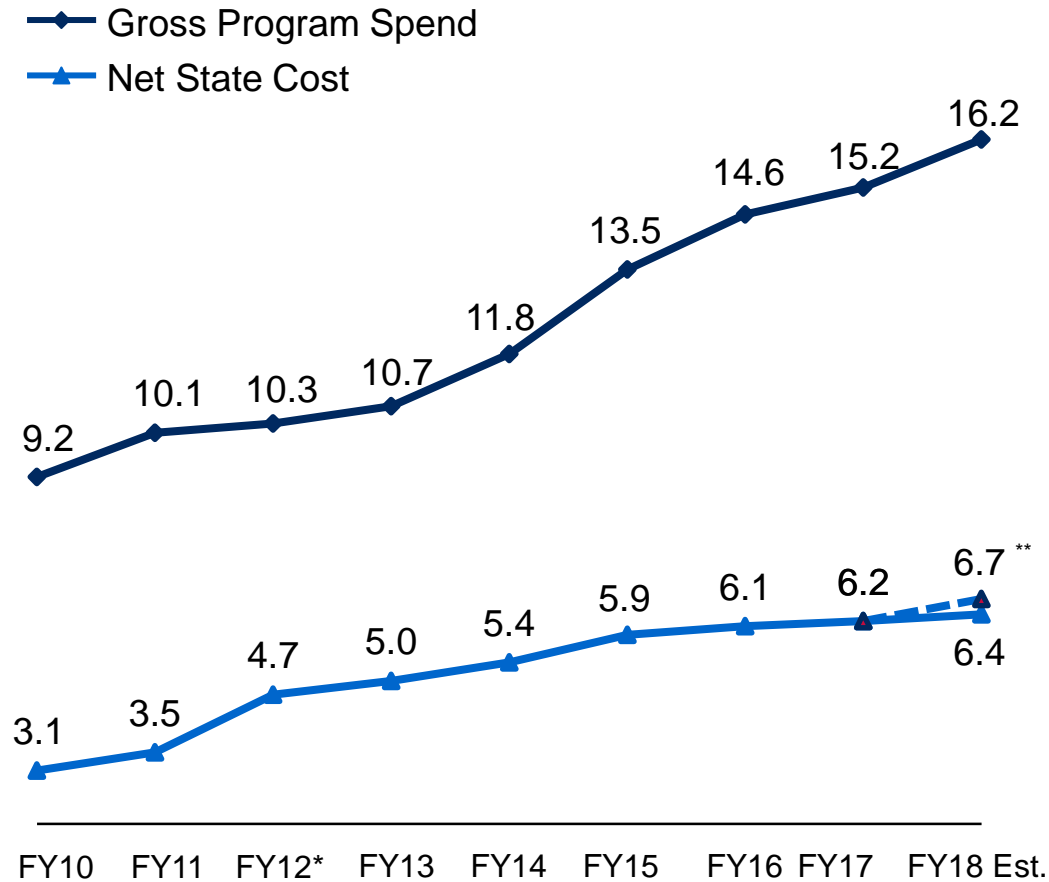
- We are committed to a sustainable, robust MassHealth program that meets the needs of the 1.9 million (or 1 in 4) residents of the Commonwealth on MassHealth
- 85% of MassHealth growth has been driven by enrollment growth (\$600M in FY18)
- The administration has reduced spending from historical double-digit growth to single digit annual growth;
  - 15% Gross Program spend in FY15
  - 8.5% Gross Program spend in FY16; 3.8% Gross Program spend in FY17
- This slowing of trend is the result of strengthened management of the program:
  - Fixing eligibility systems and completing redeterminations
  - Curtailing unrestrained growth in long-term services and supports
  - Instituting new audits, authorizations, and controls to limit inappropriate spending
  - Securing a five-year federal 1115 waiver that will restructure MassHealth toward Accountable Models of Care
- MassHealth will also better align its CarePlus benefits with commercial insurance coverage by eliminating non-emergency transportation (except for SUD) and glasses/contacts



# MassHealth sustainability and program integrity: we have reduced spending from historical double-digit growth to single-digit annual growth

## MassHealth Program Spending

\$ billions



Compound Annual Growth Rate				
FY10-13	FY13-15	FY16	FY17 Est.	FY18 Est.
5.1%	12.5%	8.5%	3.8%	6.6%
16.9%	9.2%	3.1%	1.7%	(7.3%)**
				2.3%

Note: Actuals through FY16. Excludes ELD Choices spending. Net numbers include NF assessment revenue.

\* Commonwealth lost >\$1B in federal revenue with sunset of American Recovery and Reinvestment Act (ARRA)

\*\* Excluding Insurance market reforms