Welcome to DCR’s Ames Nowell State Park

Ames Nowell is a year-round day use area with recreational activity (including non-motorized boating and fishing) centered around Cleveland Pond. Facilities include a picnic area, ball field and several miles of trails along the pond edge and the surrounding woods.

The park is part of the Massachusetts state park system and is managed by the Massachusetts Department of Conservation and Recreation (DCR), an agency of the Executive Office of Energy and Environmental Affairs. DCR oversees 450,000 acres of parks, forests, beaches, bike trails, watersheds, and dams. Its mission is to protect, promote, and enhance the state’s natural, cultural, and recreational resources. To learn more about DCR and to discover more parks and recreational opportunities within the Massachusetts state parks, visit www.mass.gov/dcr.

TRAIL USE GUIDELINES AT AMES NOWELL

• Stay on designated trails and roads.
• Observe all posted rules and regulations.
• Off-Road Vehicle (ORV) use not permitted.

Be respectful of other trail users:

Hikers: Allow bicyclists and equestrians to pass.
Bicyclists: Control your bike—do not skid. Avoid startling horses and hikers—annouce your presence.
Equestrians: Control your horse.

LEGEND

Ames Nowell State Park
Major Road
Minor Road
Unpaved Road
Trail
Boardwalk/Bridge
Power Line
Parking Area
Pavilion
Restroom
Recreation Area
Picnic Area
Gate
Town Boundary
Stream
Pond
Wetland
Elevation Contour
10 foot interval