

James P. Barassi, D.C.

Objective:

25 years as a devoted professional with proven experience and skills in the diagnosis and treatment of non-surgical acute and chronic musculoskeletal injury and conditions.

Education and Training

Fellowship: 1998-2001

- Research Fellow, Faculty Development & Alternative Medicine Fellowship Program in General Medicine, Beth Israel Deaconess Medical Center, Harvard Medical School, Boston, MA
- Program in Integrative Medicine. Center for Alternative Medicine Research and Education, (Osher Center for Integrative Medicine), Harvard Medical School
- Program in Clinical Effectiveness. (Joint Program) (Epidemiology & Biostatistics) Harvard School of Public Health, Massachusetts General Hospital, Beth Israel Deaconess Medical Center and Brigham and Women's Hospital.

Diplomate of the American Chiropractic Board of Sports Physicians 1994-1996

National University of Health Sciences, Lombard Illinois

Certified Chiropractic Sports Physician 1993-1994

National University of Health Sciences, Lombard Illinois

Doctor of Chiropractic 1987-1991

Palmer College of Chiropractic, Davenport, Iowa

Honors (research honors- ChiRhoTheta)

Clinical Internship Laboratory Medicine 1985-1986

Cambridge City Hospital, Cambridge, Massachusetts

Certification: American Society of Clinical Pathologists (ASCP)-Medical Technologist

Bachelors of Science degree/Medical Technology 1981-1986

Fitchburg State University, Fitchburg Massachusetts

Professional Work History

Gateway Chiropractic & Occupational Health Center (GCOHC) (Chiropractic Physician)

April 2015-present

435 Lancaster Street, Suite 214, Leominster, Ma 01453 Owner and founder of a Chiropractic Occupational Health Center. Responsibilities include establishment of clinical operational procedures, referral criteria, supply and equipment acquisition, staff training and patient care. The clinic provides traditional chiropractic treatment for musculoskeletal conditions and injury specifically to the back and neck. Services include DOT physical exams, non-DOT physical exams, Pre-employment assessments, physical exams for hydraulic licensing, hoist licensing and requirements set forth by the Department of transportation to include landscapers, box truck drivers, limo drivers and Tow truck drivers. Additional services include Drug testing and screening (DOT/Non-DOT/Random screening) Lift assessments and Breath Alcohol Testing.

Chiroinitiative.org

May 2014-present

The Chiropractic Initiative (Chiroinitiative.org) was specifically created for the single purpose of adding balance to the public discussion of what this discipline of healthcare is, and what it is not. To provide the public with scientifically based, unbiased information of what this discipline of healthcare has to offer. To go beyond the rhetoric of those in this profession who undermine the public's trust in providing unscientific rationale for treatment. We chose to enlighten the public on what constitutes 'good medicine' in chiropractic with the 'hope of raising the bar' of public expectations.

Spectrum Healthcare Resources (Contract Chiropractic Physician-Chiropractic Service) August 1, 2012-May 21, 2014

Naval Health Clinic-Newport, RI

Responsibilities included establishing and developing a new chiropractic clinical service within the naval hospital. I was responsible for the establishment of clinical operational procedures, referral criteria, supply and equipment acquisition, staff training and patient care.

Naval Branch Health Clinic-Groton, CT

Having developed this clinical service I continued my responsibility of primary patient care, staff oversight and supply acquisition.

OMV Medical Services (Contract Chiropractic Physician-Chiropractic Service) January 5, 2010- July 31, 2012

Naval Branch Health Clinic-Groton, CT

Responsibilities included establishing and developing a new chiropractic clinical service within the Naval Branch Health Clinic, U.S. Naval Submarine Base, Groton-New London, CT. I was responsible for the establishment of clinical operations, operational procedures, referral criteria, supply and equipment acquisition, staff training and patient care. Care model included the clinical diagnosis and treatment of acute and chronic musculoskeletal conditions. I developed the clinic with a research agenda in mind. *Outcome assessment included the tracking of clinical outcome variables along with narcotic consumption data points. The first 6 months of patient data showed a 65% reduction in narcotic medication usage with patients undergoing my treatment protocols. With the results of these data, I was asked to replicate the clinical service at the Naval Hospital in Newport RI.

Northeast Chiropractic & Sports Injury Inc. (NECSI) (Chiropractic Physician)

August, 1993-August, 2011

81 North Main Street, Leominster, Massachusetts. Owner and founder of NECSI Inc.

I founded this private practice clinic. I developed treatment protocols, guidelines and referral criteria for this clinic. I was responsible for developing the marketing plan, supply and equipment acquisition, staff training, selection and implementation of the software for the electronic health record (EHR) along with template development and staff training schedule. The primary focus of the practice was treatment and pain management of musculoskeletal injury as related to sports medicine and occupational medicine.

Boston University: Practitioner in Residence, September 1995-August, 1998

Commonwealth Medical Group, 930 Commonwealth Ave, Boston, Massachusetts, Supported by: Boston University School for the Arts, Boston University Health Policy Institute. I was recruited to establish an alternative medicine chiropractic practice within the existing medical services at the Commonwealth Medical Group with the focus of the service on acute care of nonspecific musculoskeletal conditions. I left the clinical service after being offered the Fellowship at Harvard Medical School.

Licensure and Certifications

Massachusetts Chiropractic License #1621 Issued 1991 by the Board of Professional Licensure, Commonwealth of Massachusetts.

National Registry of Certified Medical Examiners: National Registry # 9006995636

Diplomate of the American Board of Chiropractic Sports Physicians, 1996

Certified Chiropractic sports physician, 1994

Additional Accomplishments

Honors

Chi Rho Theta-Chiropractic research honor society inducted upon graduation with distinction in research from Palmer College of Chiropractic.

Peer reviewer

Annals of Internal Medicine

Natural Standard: author/peer reviewer

Committee Member:

Narcotic Review Committee, Naval Health Clinic Newport RI,

Pain Care Coordination Committee, Naval Health Clinic Newport RI.

Chiropractic Clerkship: In August of 2011, I established and developed a student clerkship as part of the chiropractic service at the Naval Branch Health Clinic-Groton CT. The primary focus in the development of the clerkship was to assist the student in improving their clinical skill set and to develop clinical experience through exposure to conditions and injury beyond that found in the student clinics both on and off campus. The clerkship also allowed the student to gain confidence both in the treatment of conditions to which they had no prior exposure and in speaking with patients and other clinicians with regard to the clinical situation at hand. This added exposure to a variety of clinical situations as part of the mentored clinical experience would optimistically serve the new practitioner well as they advance in their clinical career. I currently serve as adjunct faculty at three chiropractic universities who took part in this clerkship.

Clinical Appointments:

Staff Chiropractic Physician, Naval Health Clinic New England (NHCNE), Naval Base Newport, Newport RI, January 5, 2010-May 21, 2014

Staff Chiropractic Physician, Naval Branch Health Clinic, Naval Submarine Base - New London, Groton CT. January 5, 2010-May 21, 2014

Clinical Staff/ Medical Staff privileges granted: Nashoba Valley Medical Center, Ayer, Massachusetts December 2008-March 2010

Faculty Appointments:

Assistant Professor of Clinical Services, University of Bridgeport College of Chiropractic, 126 Park Avenue, Bridgeport, CT 06604 Feb 2011- present

Adjunct Clinical Faculty, Palmer College of Chiropractic 1000 Brady Street, Davenport Iowa, 92803 May 2011 - present

Adjunct Professor, National University of Health Sciences 200 E. Roosevelt Lombard, IL 60148 March 2013-present

Research and Publications

Freedman E, Barassi JP, My Ear Hurts! A Complete Guide To Understanding And Treating Your Child's Ear Infections Simon & Schuster, New York, NY. October 2001.

Barassi, JP, Chiropractic: A Systematic Review. In: Basch, EM, Ulbricht CE, Bent S, Boon H, Smith M, eds. Natural Standard Evidence-Based Clinical Guide. Boston, MA: Natural Standard Publishing, 2002

Mootz RD, Cherkin DC, Odegard CE, Eisenberg DM, Barassi JP, and Deyo, RA. Characteristics of chiropractic practitioners, patients, and encounters in Massachusetts and Arizona. J Manipulative Physiol Ther 2005;28(9).

Cherkin DC, Deyo RA, Sherman KJ, Hart LG, Street JH, Hrbek A, Cramer E, Milliman B, Booker J, Mootz R, Barassi J, Kahn JR, Kaptchuk TJ, and Eisenberg DM. Characteristics of licensed acupuncturists, chiropractors, massage therapists, and naturopathic physicians. J Am Board Fam Pract, 2002;15(5):378-90.

Cherkin DC, Deyo RA, Sherman KJ, Hart LG, Street JH, Hrbek A, Davis R, Cramer E, Milliman B, Booker J, Mootz R, Barassi J, Kahn JR, Kaptchuk TJ, and Eisenberg DM. Characteristics of visits to

licensed acupuncturists, chiropractors, massage therapists, and naturopathic physicians. *J Am Board Fam Pract*, 2002;15(6):463-72.

Major Lecturers/Presentations

Continuing Education Faculty, Harvard Medical School: Complementary and Alternative Medicine Case Conference, "Alternative Medicine: Implications for Clinical Practice, Harvard Medical School's Department of Continuing Medical Education, Boston, MA, February 2001.

Continuing Education Faculty, Harvard Medical School: *Chiropractic- Clinical Rounds-* chiropractic breakout session, "Alternative Medicine: Implications for Clinical Practice, and State-of-the-Science Symposia" Harvard Medical School's Department of Continuing Medical Education, Boston, MA, February 2000.

Continuing Education Faculty, Harvard Medical School: *Chiropractic- Clinical Implications -* chiropractic breakout session, "Alternative Medicine: Implications for Clinical Practice, and State-of-the-Science Symposia" Harvard Medical School's Department of Continuing Medical Education, Boston, MA, February 1999.

Visiting Lecturer: University of Bridgeport, *Chiropractic-Mentorship and Research Opportunities in the 21st Century*. University of Bridgeport College of Chiropractic. April 1999

Continuing Education Faculty, Harvard Medical School: *Chiropractic- The State of the Science-* chiropractic breakout session, "Alternative Medicine: Implications for Clinical Practice, and State-of-the-Science Symposia" Harvard Medical School's Department of Continuing Medical Education, Boston, MA, March 1998.

Visiting Lecturer: University of Bridgeport : *Chiropractic-The State of the Science in 1998*. University of Bridgeport College of Chiropractic. April 1998.

Continuing Education Faculty, Harvard Medical School: *Chiropractic- A Historical Perspective*. Harvard Medical School Conference on "Alternative Medicine: Implications for Clinical Practice," Boston, MA, March 1997.

Panel Member: *First International Workshop To Develop A Chiropractic Research Agenda* Research Focus Group: International Conference On Spinal Manipulation: October 1996, Bournemouth UK

Community Service:

Volunteer Puppy Raiser: December 2014-Present

NEADS (National Education for Assistance Dog Services, also known as Dogs for Deaf and Disabled Americans) to include the wounded warrior program.

Co-founder of The Cuban Children's Urgent Relief Effort (CCURE)

January 01, 2000 – May, 2014

The Cuban Children's Urgent Relief Effort, Inc. (CCURE) was a Massachusetts Non-Profit Corporation and has been designated as a 28 U.S.C. 501(c)(3) entity for tax status. CCURE is a registered humanitarian organization licensed by the U.S. Department of Treasury and Department of Commerce. The organization was formed with the immediate goal of soliciting medical assistance and donations for the children of Cuba. The fundamental mission of The Cuban Children's Urgent Relief Effort (CCURE) is to provide much needed medicine, medical supplies and equipment to sick children and to improve the health and well-being of children throughout Cuba.

Team Physician/Coaching/Healthcare Coordinator

Leominster Babe Ruth Coach 2007-2009

Leominster National Little League: League Vice President/Board Member 2004-2007

Leominster National Little League: Team manager/coach 2000-2007

Team Physician Offense-Defense Football Camp- Bryant College 2001-2002

Team Physician Notre' Dame Preparatory: Basketball Program 1997-2000

Team Physician The Winchendon School: Basketball Program 1995-1996