

Massachusetts
**Department of
Mental Health**

ANNUAL REPORT
FISCAL YEAR 2016



PHOTO YEA





R IN REVIEW



Message from the Commissioner



Fiscal Year 2016 was a period filled with many narratives of treatment, recovery, and resilience. During this fiscal year, more residents of the Commonwealth with mental health conditions were living fuller lives through our multidisciplinary services and partnerships. Our strong DMH community of individuals and families served, staff, advocates, and friends in the Legislature and community, assisted us in telling the important story of recovery.

Throughout the Fiscal Year 2016, the Department focused on supporting individuals in their communities where they can recover and thrive. DMH fostered these connections through its 2016 Priorities: Housing, Employment, Jail Diversion, and Early Intervention. Listening to the stories from individuals served and families, we have learned that being seen, heard, and supported were woven around some of the most basic human needs – housing, a good paying job. Being served as an individual and not as a diagnosis with early intervention and treatment within the community is key. This annual report recalls the successes of reaching our goals and provides reflections from individuals served in their own words.

On behalf of individuals and families served, I thank you for your commitment to the Department and promoting good mental health. I look forward to our continuing partnerships and strengthening the voice of recovery. Thank you.

Sincerely,

A handwritten signature in black ink that reads "Joan Mikula". The signature is fluid and cursive.

Joan Mikula
Commissioner

SENIOR LEADERSHIP

Joan Mikula
Commissioner

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Management and Budget

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VISION

Mental health is an essential part of healthcare. The Massachusetts Department of Mental Health (DMH), promotes mental health through early intervention, treatment, education, policy and regulation so that all residents of the Commonwealth may live full and productive lives.

MISSION

DMH, as the State Mental Health Authority, assures and provides access to services and supports to meet the mental health needs of individuals of all ages, enabling them to live, work and participate in their communities. The Department establishes standards to ensure effective and culturally competent care to promote recovery, sets policy, promotes self-determination, protects human rights and supports mental health training and research. This critical mission is accomplished by working in partnership with other state agencies, individuals, families, providers and communities.

AUTHORITY

Massachusetts General Law: Chapters 19, and 123
“The Department shall take cognizance of all matters affecting the mental health of the citizens of the Commonwealth.”

Regulations: 104 Commonwealth of Massachusetts Regulations (CMR)

DMH is also authorized/required to:

- Approve MassHealth prior authorizations on psychotropic drugs
- Add new diagnoses to the Mental Health Parity statute
- Monitor the Department of Correction - Segregated Units
- Monitor the Houses of Correction - Step-down Units

FY16 PRIORITI



HOUSING PRIORITY Increase the number of placements into stable living environments for individuals experiencing homelessness and mental illness.

RESULT

The Department of Mental Health oversees a comprehensive system of care directed at assisting individuals who are homeless, living in shelters, or in places not intended for human habitation, and who lack the resources and support networks needed to obtain access to housing. FY16 accomplishments include:

- Outreach and Engagement – In FY16, DMH served over 4,700 individuals experiencing homelessness.
- Stabilization Services – In FY16, DMH operated 140 shelter beds for individuals with mental health conditions who are experiencing homelessness, and added 33 new beds to the Safe Haven shelter alternative program for a total of 66 beds.
- Housing First – During FY16, DMH's Aggressive Treatment and Relapse Program (ATARP) operated 55 housing units providing housing and support in the community. In conjunction with the federal Department of Housing and Urban Development (HUD), the Housing Options Program (HOP) provided low-intensity services to over 200 DMH Metro Boston Area households. DMH also increased rental assistance by \$500,000 to support 35 new housing units and cover costs for rent renewal increases.



EMPLOYMENT PRIORITY Increase competitive employment rate to 17% collectively.

RESULT

FY16 accomplishment:

- At the close of FY16, the DMH statewide rate for competitive employment was 18% which reflected a net gain of over 240 persons competitively working.

“ATTENDING TRANSITIONS OF BOSTON CLUBHOUSE HAS KEPT ME FOCUSED, STRENGTHENED MY COMMUNICATION SKILLS, AND BUILT MY CONFIDENCE. I HAVE **SUPPORTED MY PEERS** AT TRANSITIONS IN THEIR JOB SEARCH ACTIVITIES.”
-WILLIAM



ES & RESULTS



JAIL DIVERSION PRIORITY Sustain long term recovery in the community and avoid unnecessary incarceration.

RESULT

Strengthened DMH partnerships with local law enforcement through its Jail Diversion Programs (JDP) and Crisis Intervention Training (CIT). DMH provided funding for specialized trainings of law enforcement personnel and other first responders which aim to decrease criminal recidivism, enhance public safety, and improve access to care for those who need it. FY16 accomplishments include:

- 64 communities across the Commonwealth participated in police-based Crisis Intervention Trainings or Jail Diversion Programs.
- Over 8,000 trainings occurred during July 1, 2014 through June 30, 2016.
- Of responding police calls where arrests could have occurred approximately 83% were diverted from arrest into treatment in FY15 through FY16), involving more than 1,200 calls receiving a jail diversion response.
- In FY16, over 12,000 hours of mental health training were provided to approximately 350 officers, primarily by the regional Training and Technical Assistance Centers (CIT-TTACs).

“THE EFFECTIVENESS OF CIT TRAINING TO ME REALLY COMES IN THE FORM OF AN OVERALL AWARENESS OF WHAT THE PERSON IN CRISIS MAY BE EXPERIENCING, AND **ADAPTING POLICE RESPONSE TO ACHIEVE THE SAFEST AND MOST OPTIMAL OUTCOME. CIT REMINDED ME TO SLOW DOWN AND USE TIME AS MY ALLY TO GET US ALL HOME SAFELY.”**

- SPRINGFIELD POLICE DEPARTMENT OFFICER

EARLY INTERVENTION PRIORITY



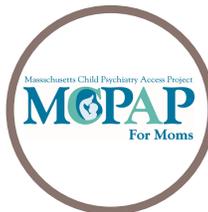
Assist pediatric primary care providers (PCPs) to meet the needs of children with behavioral health conditions, regardless of their insurance status.

RESULT

The Massachusetts Child Psychiatry Access Program (MCPAP) is a DMH funded program administered by the Massachusetts Behavioral Health Partnership. MCPAP is a system of regional children's behavioral health consultation teams. MCPAP teams provide Primary Care Providers with real time access to child psychiatry consultation, and when indicated, support in finding mental health resources in the community.

FY16 accomplishments include:

- Increased practice utilization from 71% to 78%, and provider utilization from 41% to 48%.
- Partnered with Department of Public Health and Children's Hospital Adolescent Substance Abuse Program with support from the Massachusetts Centers for Medicare and Medicaid Services (CMS) State Innovation Model grant. DMH and MCPAP developed a toolkit for pediatricians on adolescent substance use screening, brief intervention, and referral to treatment practices (SBIRT). MCPAP teams completed a statewide training initiative of enrolled practices in SBIRT using the toolkit.
- Re-procured MCPAP regional teams, Central/West, Boston North, and Boston South, to strengthen capacity for practice-based consultation on behavioral health, and to prepare providers for Accountable Care Organizations (ACOs).
- Partnered with Johns Hopkins University to develop the National Network of Child Psychiatry Access Projects (NNCPAP) representing the 30 states with Child Psychiatry Access Projects (CPAPs).



Assist obstetric providers and other front line perinatal care providers to help them meet the needs of their patients with postpartum depression (PPD) and other perinatal mental health conditions.

RESULT

Massachusetts Child Psychiatry Access Program for Moms is a psychiatric consultation program in Massachusetts that was developed after the success of the MCPAP program. MCPAP for Moms provides psychiatric consultation and care coordination support to obstetric providers and other front line perinatal care providers.

FY16 accomplishments include:

- Enrolled nearly 60% of obstetric practices statewide (118 of 198 obstetric practices).
- Provided services on behalf of nearly 1,500 women experiencing postpartum depression or other perinatal mental health conditions.
- Served as a national model for other states interested in developing similar programs including through the 21st Century Cures Act which will fund similar PPD screening and treatment programs throughout the country.

PRIORITY AS THE STATE MENTAL HEALTH AUTHORITY

The Department as the State Mental Health Authority promotes mental health for all citizens of the Commonwealth. DMH works collaboratively with other state agencies and providers to address access to mental health services, increase the successful recovery of individuals living with mental illness, and to reduce the stigma associated with living with and seeking treatment for mental illness.



LICENSING

The Licensing Division of the Department of Mental Health licenses and monitors all acute private and general hospitals with inpatient psychiatric units in the Commonwealth. The Licensing Division also monitors and provides licensure to the Intensive Residential Treatment Programs (IRTPs) for adolescents throughout the state.

RESULT

At the close of FY16, the DMH Licensing Division licensed 2,590 acute psychiatric beds in 66 inpatient facilities. This is an increase of 129 beds over FY15. FY16 accomplishments include:

- Developed new guidelines regarding the Use of Telemedicine to comply with 24/7 Physician Coverage/ Designated Physician Requirements. The guidelines will be issued in FY17.
- Revised licensing regulations under 104 CMR 27.00 to develop better standards for improving access to fresh air for individuals at inpatient facilities, effective July 1, 2017.



RESEARCH

DMH funds the Centers for Excellence, which include the Systems and Psychosocial Advances Research Center (SPARC), a University of Massachusetts Medical School (UMMS) program and the Commonwealth Research Center (CRC), a Beth Israel Deaconess Medical Center (BIDMC) and Harvard Medical School (HMS) program.

RESULT

Every \$1 invested by DMH yields more than \$10 to the Commonwealth to fund research, training, technical assistance, and service delivery. FY16 accomplishments include:

- Developed in collaboration with the Eunice Kennedy Shriver Center a more responsive system of care for DMH to assist adults with Autism Spectrum Disorder (ASD) who have a serious mental illness.
- Translated and disseminated scientific findings for behavioral health workforce through the SPARC Webinar Series, *Psychiatry Issue Briefs*, and *Research in the Works* publications, *Transitions Research and Training Center Tip Sheets* and *Comeback TV Episodes*.
- Disseminated scientific findings through peer-reviewed journal publications, and international professional conference presentations.
- Increased public education and community awareness through collaborations with DPH, Boston Public Schools, National Alliance on Mental Illness (NAMI), Boston Emergency Services Team (BEST), Boston Children's Hospital, and other youth service stakeholders.
- Provided extensive consultation and support to more than 300 referrals for adolescents and young adults age 14-30 at high risk for psychosis through the Center for Early Detection, Assessment, and Responses to Risk (the CEDAR Clinic).
- Presented findings at the Annual DMH Massachusetts Research Centers Conference offered each spring and attended by more than 100 providers, researchers, and individuals served.

SERVICES & PR



“ON MY TEAM I HAVE MY PARENTS, MY BROTHERS AS WELL AS MY CLINICIANS AND DMH CASE MANAGER. MY PROGRESS IS SOMETHING I AM DOING WITH THE HELP OF OTHER PEOPLE. **I AM NOW STRONG** AND INDEPENDENT.”

- MEG

SERVICES AVAILABLE TO CHILDREN AND ADOLESCENTS

- Caring Together
- Day/Therapeutic After-School Programs
- Individual and Family Flexible Supports
- Intensive Residential Treatment Programs (IRTP and CIRT)

SERVICES AVAILABLE TO ALL AGES

- DMH Case Management
- Emergency Services (ESP)
- Forensic Services
- Homelessness Services
- Inpatient/Continuing Care System

SERVICES AVAILABLE TO ADULTS

- Community Based Flexible Supports (CBFS)
- Clubhouses
- Program of Assertive Community Treatment (PACT)
- Recovery Learning Communities (RLCs)
- Respite Services



“I AM SO INCREDIBLY GRATEFUL FOR THE PAST 10 YEARS THAT I HAVE BEEN INVOLVED WITH A HUMAN SERVICE AGENCY THAT FOCUSES ON **TREATING PEOPLE LIKE PEOPLE AND NOT A DIAGNOSIS**, THAT HONORS ALL OF OUR ABILITIES TO MAKE OUR OWN CHOICES, AND THAT ADVOCATES FOR PEOPLE TO STAY OUT OF THE HOSPITAL IF AT ALL POSSIBLE.”

-HEIDI

OGRAM HIGHLIGHTS



The Children's Behavioral Health Knowledge Center fills an educational service gap in the children's behavioral health system by serving as an information hub through a website, workshops, webinars and an Annual Symposium. CBH Knowledge Center staff work collaboratively to develop, implement, and advocate for practices, programs, and service delivery models that are based on the best available evidence about what works to improve outcomes for young people. FY16 accomplishments include:

- Developed a webinar series to build the knowledge and skills in FY16. Dr. Allison Metz, Co-Director of the National Implementation Research Network (NIRN) led the webinars. Webinars are available to providers and policy makers from across the Commonwealth. The first webinar was *An Overview of Active Implementation Frameworks*.
- Worked with Dr. William Beardslee and his team at Boston Children's Hospital to adapt the Family Talk model for use by In-Home Therapy (IHT) clinicians working with children whose parents are living with depression or other mental health conditions. The Family Talk team developed free on-line training materials, using modules prepared in collaboration with colleagues at South Shore Mental Health (SSMH).

The webinars are recorded and available at www.cbhknowledge.center.



Northeast Area YouForward/Now is the Time Healthy Transitions Grant is a project to identify and serve transition age young adults experiencing, or at risk of developing, mental health conditions who are disconnected or disengaged from other supports and services. This project is funded by the *Now is the Time Healthy Transitions* grant awarded by SAMHSA and implemented by DMH in collaboration with Vinfen and Children's Friend and Family Services. FY16 accomplishments include:

- Served 35 young adults through core services during January 1 through June 30, 2016. Core services include Transition to Independence Process (TIP), Wraparound with Achieve My Plan (AMP), and Gathering and Inspiring Future Talent (GIFT).
- Created drop-in hours at three different locations in Haverhill. Provided intensive training to all direct service team members.



The Success for Transition Age Youth and Young Adults (STAY) project is a four year SAMHSA funded System of Care Expansion Grant, which grew out of concern regarding the disparity of mental health services by young adults. The grant supports three enhancements in Community Service Agencies (CSAs) including young adult peer mentors, Youth Advisory Groups (YAGs), and Achieve My Plan (AMP) enhancement to wraparound training. FY16 Accomplishments include:

- 22 young adult peer mentors now working in the CSAs who enhance services by using the power of lived experience to provide unique understanding and support.
- Completed two practice briefs on Young Adult Groups and on peer mentoring in collaboration with the Evaluation team at UMass Medical School. These resources have been disseminated into the community.
- Graduated 64 youth and young adults from the Gathering and Inspiring Future Talent (GIFT) Training with an additional 11 GIFT alumni trained as trainers.
- Developed a Transition Age Youth workgroup within DMH that brings together staff from the Child, Youth and Family, and Adult systems to address the unique needs and gaps in services for Transition Age Youth at the Department.



The Enhanced Outpatient Program Pilot (EOT) provides a single point of accountability that includes a multidisciplinary team that consists of 24/7 services and operate beyond the walls of the clinic setting. The team outreaches and engages individuals in the community, at their homes, or wherever they are to ensure services are delivered. FY16 accomplishments include:

- Provided support to an under-served, difficult to engage in services population that demonstrates a high need for mental health services, yet do not maintain a consistent connection with outpatient services.
- Engaged 88% of participants in therapy and/or substance misuse treatment.
- Continued 50% decrease in psychiatric hospitalizations.
- Decreased suicide and self-harm by 50%.



Recovery Learning Communities (RLCs) offer a network of six communities throughout Massachusetts in a variety of resource centers and locations. They offer self-help/peer support, information and referral, advocacy and training activities run by peers with lived experience with mental health challenges. RLCs shift the focus of symptom management to a focus of promoting recovery, resilience and wellness. RLCs also empower individuals to take charge of their own recovery process. FY16 accomplishments include:

- Engaged individuals in the community with services such as managing peer-operated warm lines, utilizing deaf and hard of hearing certified peer specialists, and using social media to connect with people who may otherwise be hard to reach.



Community Based Flexible Supports (CBFS) is the cornerstone of the Department’s community mental health system for adults. CBFS provides rehabilitative interventions and supports in partnership with individuals served and their families to promote and facilitate recovery. Services include interventions and supports that manage psychiatric symptoms in the community, restore or maintain independent living in the community, restore or maintain daily living skills, promote wellness, and the management of medical conditions, and assist individuals to restore or maintain and use their strengths and skills for employment. Accomplishments for FY16 included:

- Funded by the Department of Mental Health, over 11,500 individuals receive CBFS Services through DMH in FY16, making it the largest rehabilitative program.
- Provided CBFS services to the vast majority of individuals served in the communities where they live.

“THINGS CHANGED IN A **REMARKABLE** WAY WHEN I GOT INTO THE CBFS PROGRAM. THIS WAS THE VERY FIRST TIME SINCE MY FIRST ENCOUNTER WITH MENTAL HEALTH ISSUES THAT ANYONE HAD EVER TALKED TO ME ABOUT THE IDEA OF **RECOVERY**.”

- JOSEPH



EVENT HIGHLIGHTS

CEOs Against Stigma Campaign - September 2015

In the fall of 2015, the National Alliance on Mental Illness of Massachusetts (NAMI Mass) launched a campaign to address workplace mental health. NAMI Mass. conducted an extensive statewide survey on the topic of workplace mental health. It showed that while the vast majority of people in Massachusetts say they are more supportive of individuals with mental illness than ever before, the majority would advise a person with mental illness to keep it quiet at work. Mental illness is the single greatest cause of lost productivity at work and with grant funding from the Attorney General, the CEOs Against Stigma campaign aims to change this. DMH Commissioner Joan Mikula and Executive Office of Health and Human Services Secretary Marylou Sudders proudly joined in this initiative.



National Depression Screening Day 25th Anniversary - October 8, 2015

The year 2015 observed the 25th Anniversary of National Depression Screening Day. On Oct. 8, 2015, the Departments of Mental Health and Public Health partnered with Screening for Mental Health with a celebration at the State House. The event was sponsored by Massachusetts Sen. Jennifer Flanagan and Massachusetts Rep. Elizabeth Malia. In addition, Secretary MaryLou Sudders and Commissioner Mikula delivered remarks at the event. A Depression Screening kiosk was available for attendees to receive a free screening.

Friends of Metro Boston Thanksgiving - November 25, 2015

The Friends of Metro Boston Thanksgiving Dinner is a DMH tradition started 12 years ago by former Sen. Jack Hart and was sponsored by Sen. Linda Darcena Forry, the Boston Firefighters Local 718, Massport, the Friends of Metro Boston, and a large cast of private citizens and members of the mental health community. Over 150 volunteers joined Commissioner Mikula and DMH staff at Florian Hall in Dorchester to provide meals to more than 500 individuals served by the Department. Governor Charles Baker and Boston Mayor Martin Walsh were also in attendance.





Stephanie Moulton Symposiums - December 1, 2015 (Boston) and March 23, 2016 (Holyoke)

In 2015, the Department observed the fourth annual Stephanie Moulton Symposiums with the theme “Conversations about Safety.” The Symposium is a training and educational event dedicated to the memory of Stephanie Moulton who was an employee of North Suffolk Mental Health Association, and spent her life in the service of others. The event program was designed to present information, resources and an environment of healing for everyone throughout the mental health community. Dr. Peggy Johnson, Chief of Psychiatry at Commonwealth Care Alliance provided the keynote address.

PREP West Opening - December 8, 2015

With the success of the Prevention and Recovery in Early Psychosis (PREP) program location in Boston, DMH opened a second location in Holyoke. As part of DMH’s efforts to focus on early intervention, therapists, and counselors at the two locations use evidence-based treatment approaches. These approaches assist people to stabilize, recover, and resume functioning in their communities. By engaging teens and young adults during their first mental health episode, PREP’s highly specialized diagnostic service and comprehensive support aims for positive lifelong outcomes for individuals and their families.

PREP is a program funded by the Department of Mental Health that offers intensive early intervention for young people, age 16-30, who have experienced a serious mental health crisis, such as psychosis, for the first time.



2016 DMH Citizens Legislative Breakfasts

The Annual DMH Citizens Legislative Breakfast Series is an opportunity for members of the mental health community to meet with their legislators, thank them for their support, and discuss how DMH assists individuals with mental illnesses recover and live full lives in the communities of their choice. Our 2016 series exceeded previous attendance records with standing room only at most of the events. Individuals with lived experience and their family members also had the opportunity to share their own success stories about living with their illness.

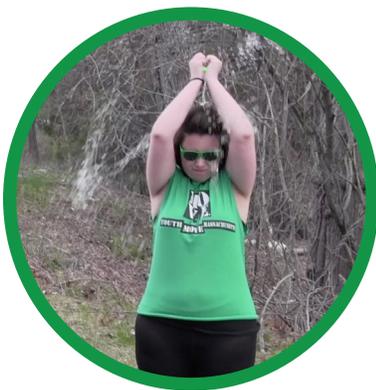


WRAP Ribbon Cutting and Opening - February 4, 2016

A team of DMH staff worked in collaboration with a cross-branch, public-private partnership with speed, conscientiousness, and focus to build the Women's Recovery from Addictions Program (WRAP) from the ground up. The WRAP program is an enhanced clinical treatment program for women who have been civilly committed for treatment by Massachusetts Courts under MGL. Ch. 123, Section 35 due to concerns about risk related to substance use, up to and not to exceed 90 days. The ribbon cutting ceremony was held in February. When the first 15 beds were opened. By July, there were 45 total beds open.

Burst the Stigma Campaign - May 2016

During May is Mental Health Month, young adults created a new Burst the Stigma campaign. This year was revamped with a water balloon twist, The Statewide Young Adult Council (SYAC) came up with a great, attention-grabbing idea to burst the stigma around mental illness in May and throughout the summer. DMH Child and Adolescent Services staff kicked off the fun and green "Burst the Stigma" water balloons were popping up on all forms of social media such as Twitter, Facebook, Instagram, YouTube, etc, challenging everyone to get involved and share their own experience bursting, overcoming, and/or educating others to eliminate stigma.



“MY NAME IS CHANDRA AND I BURST THE STIGMA BECAUSE I AM NOT MY MENTAL ILLNESS”



CBH Knowledge Center Symposium and Gailanne Reeh Lecture - May 6, 2016

The third Annual CBH Knowledge Center Symposium and Gailanne Reeh Lecture was held on May 6, 2016 at Worcester Recovery Center and Hospital. Michael Hoge, Ph.D., Director, Yale Group on Workforce Development and Senior Science and Policy Advisor for the Annapolis Coalition on the Behavioral Health Workforce delivered this year's Gailanne Reeh Lecture on *Behavioral Health Workforce: Advocacy and Action*, which was also the theme for the day.

Express Yourself - May 26, 2016

DMH Commissioner Joan Mikula once again took the stage for 22nd annual performance of Express Yourself (EXYO) and it was magical. The theme was *Illuminate* and the entire Citi Performing Arts Center was glowing. Throughout the year, EXYO prepares 150 young performers for this one evening to showcase what they have learned by participating in the art immersion program. The show is presented each May - National Mental Health Awareness Month. To learn more about the program visit www.exyo.org.



View photos from DMH events on our Flickr site



Visit the DMH Connections Channel on YouTube to watch DMH produced videos including personal recovery stories from persons with lived experience and their family members

SATISFACTION

FY16 DMH Community Consumer Satisfaction Survey

The JSI Research and Training Institute Inc. conducted a survey of consumer and family member satisfaction for the Massachusetts Department of Mental Health (DMH). The project surveys adult consumers, and family members of children/adolescents receiving mental health services, to understand their satisfaction with services provided or contracted by the Department. All individuals served and family members were asked to respond.

Below are some general findings of **OVERALL SATISFACTION** from the two FY16 surveys.

ADULT CBFS 80%
 Total Completed Surveys 3,659
 Survey Response Rate 44%

DMH uses this information to better understand why adults and families are reporting these experiences.

In FY17, DMH will engage in a public stakeholder process to inform the planning of CBFS service. The process will include two workgroups with seven meetings each, over the course of three months. The idea for the workgroups is in part due to feedback from people receiving services, including from the consumer survey. These results are also informing the workgroup topics.

ADULT CBFS SATISFACTION	
Overall general satisfaction	80%
Current level of functioning	65%
Level of social connectedness	72%
Service access	81%
Quality and appropriateness of services	80%
Treatment outcomes achieved	65%
Services consistent with a person-centered planning approach	84%
Self determination	80%
Satisfaction with their health and wellness	72%

To view the complete surveys visit www.mass.gov/dmh. Under “What We Do” click the “See All” link then click the “DMH Results and Reports” link. Links to the “Community Consumer and Family Member Satisfaction Survey Reports” are listed on the page.

FAMILY 77%
 Total Completed Surveys 1,971
 Survey Response Rate 45%

FAMILY OF YOUTH SATISFACTION	
Overall General Satisfaction	77%
Availability of outpatient clinicians	78%
Availability of DMH services	83%
Family involvement in treatment planning	81%
Post-DMH service care and planning	62%
Respect perceived during service delivery	91%
Safety perceived during service delivery	81%
Sensitivity and flexibility of services	90%
Outcomes - symptoms & functioning	59%

FY16 FACTS AT A GLANCE

26,000 individuals approved or formally authorized for DMH services in the community or inpatient setting

5,927 new applications for service authorization

Adult: 4,867

Children/Adolescents: 1,060

2,341 applications were approved

Adult: 1,869 (38.4%)

Children/Adolescents: 472 (44.5%)

5 Geographic Areas, **27** Site Offices

Fund **561** contracts with **170** private vendors

Approximately **3,400** employees statewide

FY16 BUDGET

\$ 761 million spent in FY 16

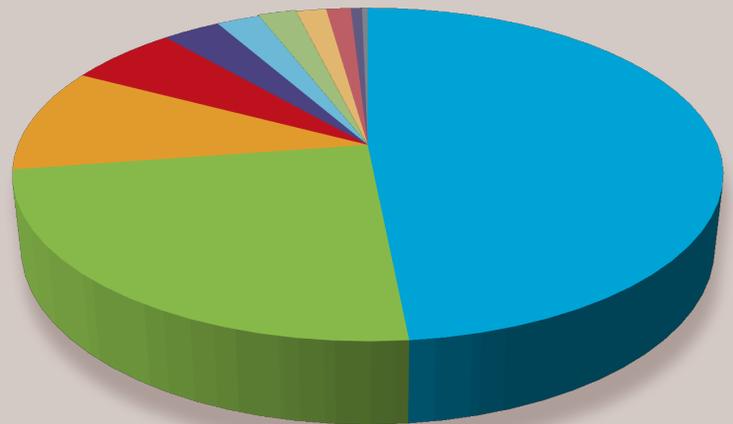
Adult Mental Health	\$369,035,079	48%
Inpatient Services	\$184,290,675	24%
Child, Youth and Family Services	\$76,783,314	10%
Operations	\$44,913,587	6%
Case Management	\$23,791,623	3%
Clinic	\$17,839,305	2%
Forensic Services	\$15,706,038	2%
Emergency	\$12,315,944	2%
Training/Research	\$10,111,679	1%
Regulatory	\$4,575,835	1%
Substance Misuse (Section 35)	\$2,394,962	>1%
Total	\$761,758,041	

DMH Operated Facilities

- Worcester Recovery Center and Hospital
- Taunton State Hospital
- The Hathorne Mental Health Units at Tewksbury State Hospital (Department of Public Health)
- The Metro Boston Mental Health Units at Lemuel Shattuck Hospital (Department of Public Health)

DMH Operated Community Mental Health Centers

- Pocasset Mental Health Center (Pocasset)
- Massachusetts Mental Health Center (Boston)
- Erich Lindemann Mental Health Center (Boston)
- Solomon Carter Fuller Mental Health Center (Boston)
- Corrigan Mental Health Center (Fall River)
- Brockton Multi-Service Center (Brockton)



Budget Highlights

- Launch of Section 35 units. \$5.8M was added to 5095-0015 account/program to develop a 45 bed substance misuse program for women.
- Early Retirement Incentive (ERIP) program was implemented. 166 DMH Full Time Employees (FTE) retired.



“DMH HAS GIVEN ME TOOLS AND THE OPPORTUNITY TO GROW AND BE A BETTER PERSON. THEY TOOK A CHANCE ON ME AND SUPPORTED ME AND I AM NOT FINISHED YET. I HAVE BEEN ABLE TO MAKE **REAL CHANGES**. I LIVE IN MY OWN ONE BEDROOM APARTMENT. I’VE BEEN THERE GOING ON THREE YEARS. I PAY MY OWN BILLS AND I **LIVE INDEPENDENTLY**.”

- JOLETTA





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DMH Connections
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MARYLOU SUDDERS
Secretary
Executive Office of Health and Human Services

JOAN MIKULA
Commissioner
Massachusetts Department of Mental Health

