

Summary of Discussion from October 11, 2011 Duals Open Meeting

Welcome and Introduction/Update

Robin Callahan, Deputy Medicaid Director and **Greg Wilmot**, Senior Advisor for Strategic Planning from Massachusetts's Executive Office of Health and Human Services facilitated the meeting.

The proposal to CMS:

- The draft proposal to the Centers for Medicare & Medicaid Services (CMS) will be posted on the Duals website (<http://www.mass.gov/masshealth/duals>).
- Very grateful for the RFI submissions, e-mails, written letters, and input from these meetings, all of which has been tremendously helpful in writing this proposal.
- MassHealth has a data use agreement in place with CMS, facilitating more analysis around the dual eligible population to gain a better understanding of this population resulting in a design that will support their needs.
- MassHealth will continue to have stakeholder engagement, but this is the last open meeting *before* the proposal submission.
- There will be more open meetings like this in the implementation phase and those dates will be forthcoming. Stakeholders will have an opportunity to continue to participate.
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 - Flexibility will be necessary to ensure maximum administrative integration, clear accountability, and shared financial contributions
 - Global Payment Rates
- CMS Decision by Spring, 2012 (estimated)
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- Enrollment begins January, 2013

Discussion with Audience

Benefit Design:

- Slide 9 of the presentation references the use of “non-medical” staff in care plan teams. Does this refer to social workers?
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 - **MassHealth response:** There are many community-based organizations and an entity does not need to contract with all of them. However, an Integrated Care Organization (ICO) needs to understand the needs of their members and make connections to serve this population. They will need to understand the resources available in their communities and how to make them available to meet the needs of their caseload through contracts or other relationships.
- Would some of the entities focus on specific populations, such as populations in need of mental health care or long-term services and supports?
 - **MassHealth response:** The entity must serve the integrated, whole care needs of the member. How they meet these needs will vary based on contractual relationships. Each entity is completely responsible for the full set of service options.
- Slide 10 references flexibility and "in lieu of" services. Is this only a suggested list? Can the entity support whatever is needed to meet the member's needs as determined through a person-centered planning process?
 - **MassHealth response:** Yes
- Why is conflict-free case management not mentioned in the presentation? Also, if a member needs 24-hour care in the community that's equal to nursing home care, can that member still get that community care? This is supposed to be a least restrictive environment state.
 - **MassHealth response:** The budget will be negotiated with CMS and should have a lot of flexibility. However, the budget will likely not be able to cover all services to all enrollees. Nursing facility care is in the budget because there should be an incentive to divert people into a community-based setting. By including this spending, 115,000 people who do not have access to certain long-term support services (LTSS) will now be able to access these community-based services. The entity will be expected to offer community alternatives to institutional care.

The managing entity or integrated care organization (no specific name decided on yet):

- There is a fear that the entity will profit from the service plan if a conflict-free broker is not required. Patient-Centered Medical Home (PCMH) is a good model. The entity should contract with community-based providers and not build new services "in house."

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- May the ICO provide additional services?
 - **MassHealth response:** If there are savings in the system, the organization may be able to add other services as well. They will need to meet minimum standards and flexibility in terms of benefits. However, an ICO could provide an additional service to be competitive with other networks.
- How would enhanced services work within a patient-centered care model?
 - **MassHealth response:** Everyone will have access to services that the ICO is required to provide. However, not all plans do the same exact things and members should be able to make choices between those plans on the basis of their networks and auxiliary benefits. Once minimum standards, protections and access to all defined services are met, ICOs should be creative to attract members.
- We haven't talked about protection of providers. The Medicare rate is often higher than the Medicaid rate and if rates are lowered this will impact the services the provider is feasibly able to offer its members.
 - **MassHealth Response:** Rate negotiation will occur with CMS. We will propose to use the higher Medicare rates as a base.

Clinical care team/community health workers:

- Happy to see the use of community health workers but want to discuss the "what" function instead of the "who" function. Qualifications are important in terms of who can offer this support.
 - **MassHealth Response:** This is a function that could be served by non-medical staff. It is about building relationships and connecting the member with the community. It allows the individual to decide who should be involved in this activity.
- How do you ensure that key clinical professionals are on the care team and at all meetings to ensure the needs of the individual are met? How do you guarantee

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that all professionals will meet the individual's needs and know about all other care the person is receiving?

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 - **MassHealth response:** The intent is not to create silos but to denote some of the critical functions on the team. There must be an attention to clinical matters in order to decrease acute costs to fund increases in community care.
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- Will a competitive bidding process be used for the brokerage component?
 - **MassHealth response:** CMS is currently thinking about how to support states with brokerage. MassHealth is currently doing a re-procurement of customer service. We will need increased competence to provide the necessary information to duals regarding enrollment and options available to them.

Opt-out option/enrollment

- Why is there a voluntary opt-out for Duals, but a voluntary opt-in for the Senior Care Options (SCO) program?
 - **MassHealth response:** This program is being developed during a different time. We need to put together a demonstration for a population that currently has very limited access to any integrated model and that will have significant scale and impact within the three years allotted by CMS. Programs for All-inclusive Care for the Elderly (PACE) and SCO do not have the impact and quick scale that CMS is looking for within this proposal. We need to have stability of enrollment guaranteed for the entities so that they can offer robust services to the members. We need to design a program that will win the approval of CMS.
- Do you have an estimate of the numbers of enrollees with an opt-in and with opt-out?
 - **MassHealth Response:** We're not able to evaluate who would select this option or whether they would tend to be high-cost or low-cost. The primary attractions for this program are the extra benefits – care

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- Can we assume that in areas where there isn't a choice of ICOs, there will be no auto enrollment of members?
 - **MassHealth response:** Yes
- The default should be fee-for-service (FFS). If the product is good, members will opt for that product. Members value their relationship with current providers. Currently, SCO relationships with community mental health providers are inadequate.
- Opt-out looks like cherry-picking. If the member appears to be more difficult, the ICO would move them back to FFS.
 - **MassHealth response:** If there are other measures to mitigate this, additional input is appreciated.
- I fully support having no lock-in period, but it can be problematic if someone has complex needs and wants to switch plans but doesn't have a transition plan in place.
 - **MassHealth response:** We'd expect that providers *would* need to create a transition plan for that individual.
- Can members opt-out without ever having been enrolled in one of these plans?
 - **MassHealth response:** Yes, they can opt-out before auto assignment occurs.
- Will there be a penalty for opting out if too many people decide to do so?
 - **MassHealth response:** No, there will be a lot of concern from CMS and MassHealth but no member issues.
- When can a member's plan be changed?
 - **MassHealth response:** There is no lock-in period, so the member can change any time. Opting out will not have a penalty; it just means going back to what the current default is: fee-for-service. We will actively seek further input on communications and the production of understandable materials and customer service support.
 - The proposed demo will not change what's currently offered under fee-for-service. If you like what you've got now, you can keep it, but we believe that for many people, like those with behavioral health issues, the current system is insufficient. We will try to explain to members why this will be a better model of care due to the significant added value.
- I'm concerned about a geographic emphasis, rather than a skill or competency-based emphasis in the roll out. How can we be more creative?
 - **MassHealth Response:** The enrollment will probably need to be phased in. Future meetings can better define the roll-out process. There will be plenty of time for feedback during implementation after submitting the proposal to CMS and negotiating terms and conditions.
- Can this be explained more in the next presentation?

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- **MassHealth response:** Yes, there will be a 30- day public comment period on the proposal to CMS. There will be negotiations between the state and CMS. CMS must decide what they are willing to pay for and if it is financially sustainable.

Consumer comments:

- There needs to be a change to MassHealth notices. No one can understand them because they are far too complex and confusing.
 - **MassHealth response:** Agreed
- Make sure to make this consumer-friendly; all these acronyms are confusing.
 - **MassHealth response:** We understand.

Geography:

- If a person living in Western Mass doesn't have transportation access and available providers within the region, will transportation be provided to Boston if needed?
 - **MassHealth response:** That is an open question. The hope is that multiple networks and providers will be available to all. However, some regions will be more difficult and this is a challenge.
- It is difficult to align the focus on certain populations with a breakdown by geographic areas. What happens to those in Western MA that cannot access these specialty plans?
 - **MassHealth response:** We will need to look at this more. The approach is to identify regions like the MCO regions but if there are special opportunities, they could be made available in a different way.

Services:

- Regarding reducing acute expenditures, could we use the under-65 PCC population as a comparison group?
 - **MassHealth response:** We're looking at that data. However, we don't currently have a model that looks like this proposal and integrates LTSS. However, there still is a lot to gain from that data set.
- Have you considered including the Department of Housing and Urban Development (HUD) in the proposal? HUD and CMS have been working together already federally.
 - **MassHealth response:** Yes, this proposal will stress other collaborations within MassHealth. There is a lot of synergy between Money Follows the Person and the Duals demonstration, and housing will be an important part of that demonstration.

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 - **MassHealth response:** The plans could offer services to MassHealth-only folks now but they would not be enrolling in the demonstration. We can work on strategies within the PCC and managed care organization (MCO) plans. There could be further opportunities in the future.
- Do you know the number of providers not enrolled in MassHealth?
 - **MassHealth Response:** Yes, but we don't have that data here today.
- There needs to be a positive statement on compliance with ADA (Americans with Disabilities Act) in the quality measurements.
- Regarding meeting the needs of people with disabilities, make sure it's not just about checking off a box to say yes, we meet the legal requirements for ADA compliance, but also include a robust definition of cultural competency, for disability as well as race and ethnicity.
- If someone needs extensive renovation to remain in their home, how will that work under capitated payment?
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- Please talk further about risk adjustment.
 - **MassHealth response:** There will be a risk adjustment that acknowledges different kinds of expenditures. Rating categories will be created to reimburse organizations so they don't have incentives to cherry-pick members and to ensure members get the care they need. We'll be starting with Medicare rates and working with CMS on stratifications. Comments on approaches are appreciated.
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