

Massachusetts In-Person Tobacco Cessation Groups by Region*

Boston/MetroWest

Cambridge

Cambridge Health Alliance
(617) 591-6922

*Group counseling (for CHA patients only)

Charlestown

Mass General Pack It In—Charlestown
300 Ocean Ave. (basement of conference room)
(781) 485-6210

*Teens welcome

South Shore/South East/Cape Cod

Brockton

Good Samaritan Medical Center
235 N. Pearl Street
(508) 427-2327

*Group counseling

Fall River

SSTAR-Stanley Street Treatment and Resources
386 Stanley Street
(508) 324-3522

*Individual and Group Counseling

Falmouth

Cape Cod Healthcare
100 Ter Heun Drive
(508) 420-3300

*Teens welcome

New Bedford

Greater New Bedford Community Health Center
874 Purchase St.
(508) 992-6553 ext. 421
(Services in English, Spanish, and Portuguese)

Plymouth

Jordan Hospital
275 Sandwich St.
(508) 830-2174 *Teens welcome

Quincy

Quincy Medical Center
114 Whitwell Street
(617) 376-4003

*Nicotine Anonymous group

Weymouth

South Shore Hospital
55 Fogg Rd
(781) 624-8904 -- ask for Maria Parisi

Central

Athol

Athol Memorial Hospital
2033 Main Street
(978) 249-1226

Worcester

UMass Memorial Medical Center
55 Lake Avenue North
(508) 334-5393

North Shore/North East

Burlington

Lahey Clinic Medical Center
41 Mall Road
(781) 744-5615

*Group counseling

Danvers

Lifestyle Management Institute at Beverly Hospital
480 Maple Street
(978) 304-8020

Lynn

Lynn Community Health Center
269 Union Street
(781) 586-6544

*Teens welcome; Spanish and English

Peabody

Lahey Clinic Medical Center
1 Essex Center Dr
(781) 744-5615

*Group counseling

Revere

Mass General "Pack It In"—Revere
300 Ocean Ave.
(781) 485-6210

Salem

North Shore Medical Center
81 Highland Ave.
(781) 477-3900

Western/Berkshire

North Adams

North Adams Regional Hospital
71 Hospital Ave
(413) 664-5567

*Teens welcome

*Special services for pregnant women

Palmer

Griswold Behavioral Health Center
40 Wright Street
(413) 283-1178

Pittsfield

Berkshire Medical Center Hillcrest Campus
165 Tor Court
(413) 499-2602

* The list above is intended for informational purposes and does not represent an endorsement by the Massachusetts Department of Public Health.

Agency Name	Program Type	Contact Name	E-Mail
Boards of Health Programs			
Andover Board of Health	Boards of Health	Ron Beauregard	ronbeauregard@yahoo.com
Barnstable County Dept of Health and Environment	Boards of Health	Bob Collett	bcollett@barnstablecounty.org
Boston Public Health Commission	Boards of Health	Nikysha Harding	Nharding@bphc.org
Brookline BOH	Boards of Health	Wesley Chin	wchin@brooklinema.gov
Fall River Health Department	Boards of Health	Marilyn Edge	wbristoltoaccoalcohol@gmail.com
Leominster Board of Health	Boards of Health	Joan Hamlett	leominsterbohtca@hotmail.com
Lowell Board of Health	Boards of Health	Cesar Pungirum	cpungirum@lowellma.gov
Lynn BOH	Boards of Health	Joyce Redford	putitout@lynnma.gov
Melrose BOH	Boards of Health	Maureen Buzby	mbuzby@cityofmelrose.org
Somerville Board of Health	Boards of Health	Jason Dodd	jdodd@somervillema.gov
South Hadley Board of Health	Boards of Health	Mary Kersell	mwk@kin.umass.edu
Springfield Department of Health & Human Services	Boards of Health	Neville Anglin	nanglin@springfieldcityhall.com
Tri-Town Health Department	Boards of Health	Jim Wilusz	jim@tritownhealth.org
Worcester Division of Public Health	Boards of Health	Karyn Clark	ClarkKE@worcesterma.gov
Community Partnership Programs			
Bay State Community Services, Inc.	Community Partnerships	Jackie Doane	jdoane@baystatecs.org
Berkshire AHEC	Community Partnerships	Joan Rubel	jrubel@berkshireahec.org
Gandara Center	Community Partnerships	Sara Moriarty	smoriarty@gandaracenter.org
Greater Lawrence Family Health Center	Community Partnerships	Diane Knight	Dknight@glfhc.org
Hampshire Council of Governments	Community Partnerships	Michele Komosa	mkomosa@hampshirecog.org
Health Resources in Action - CP Boston	Community Partnerships	Liz Tanefis	etanefis@hria.org
Seven Hills Behavioral Health	Community Partnerships	Judith Coykendall	jcoykendall@sevenhills.org
UMASS Medical School (CP)	Community Partnerships	Tina Grosowsky	tina.grosowsky@umassmed.edu
Statewide			
Health Resources in Action - Smokefree Families	Statewide	Kathleen McCabe	kmccabe@hria.org
Massachusetts Association of Health Boards	Statewide	Cheryl Sbarra	Sbarra@mahb.org
Massachusetts Health Officers Association	Statewide	Sarah McColgan	smccolgan@mhoa.com
Massachusetts Municipal Association	Statewide	D.J. Wilson	djwilson@mma.org
Public Health Advocacy Institute	Statewide	Christopher Banthin	chris@phaionline.org

Local Tobacco-Free Community Partnerships and Communities Covered	Contact Name
Contact: Bay State Community Services, Inc.	Jackie Doane
Abington	
Acton	
Ashland	
Avon	
Bedford	
Boxborough	
Braintree	
Bridgewater	
Brockton	
Burlington	
Canton	
Carlisle	
Cohasset	
Concord	
Dover	
East Bridgewater	
Easton	
Framingham	
Hanover	
Hingham	
Holbrook	
Holliston	
Hopkinton	
Hudson	
Hull	
Lexington	
Lincoln	
Littleton	
Marlborough	
Maynard	
Medfield	
Millis	
Milton	
Natick	
Norfolk	

Norwell	
Norwood	
Quincy	
Randolph	
Scituate	
Sharon	
Sherborn	
Stoughton	
Stow	
Sudbury	
Walpole	
Waltham	
Wayland	
West Bridgewater	
Weston	
Weymouth	
Whitman	
Wilmington	
Winchester	
Woburn	
Wrentham	
Contact: Berkshire AHEC	Joan Rubel
Adams	
Alford	
Becket	
Cheshire	
Clarksburg	
Dalton	
Egremont	
Florida	
Great Barrington	
Hancock	
Hinsdale	
Lanesborough	
Lee	
Lenox	
Monterey	

Mount Washington	
New Ashford	
New Marlborough	
North Adams	
Otis	
Peru	
Pittsfield	
Richmond	
Sandisfield	
Savoy	
Sheffield	
Stockbridge	
Tyringham	
Washington	
West Stockbridge	
Williamstown	
Windsor	
Contact: Gandara Center	Sarah Moriarty
Agawam	
Blandford	
Chester	
Chicopee	
East Longmeadow	
Granville	
Hampden	
Holyoke	
Huntington	
Longmeadow	
Ludlow	
Monson	
Montgomery	
Palmer	
Russell	
Southwick	
Springfield	
Tolland	
West Springfield	

Westfield	
Contact: Greater Lawrence Family Health Center	Diane Knight
Amesbury	
Andover	
Beverly	
Billerica	
Boxford	
Chelmsford	
Danvers	
Dracut	
Dunstable	
Essex	
Georgetown	
Gloucester	
Groveland	
Hamilton	
Haverhill	
Ipswich	
Lawrence	
Lowell	
Lynn	
Lynnfield	
Malden	
Manchester by the Sea	
Marblehead	
Medford	
Melrose	
Merrimac	
Methuen	
Middleton	
Nahant	
Newbury	
Newburyport	
North Andover	
North Reading	
Peabody	
Reading	

Rockport	
Rowley	
Salem	
Salisbury	
Saugus	
Stoneham	
Swampscott	
Tewksbury	
Topsfield	
Tyngsborough	
Wakefield	
Wenham	
West Newbury	
Westford	
Contact: Hampshire Council of Governments	Michele Komosa
Amherst	
Ashfield	
Athol	
Belchertown	
Bernardston	
Buckland	
Charlemont	
Chesterfield	
Colrain	
Conway	
Cummington	
Deerfield	
Easthampton	
Erving	
Gill	
Goshen	
Granby	
Greenfield	
Hadley	
Hatfield	
Hawley	

Heath	
Leverett	
Leyden	
Middlefield	
Monroe	
Montague	
New Salem	
Northampton	
Northfield	
Orange	
Pelham	
Petersham	
Phillipston	
Plainfield	
Rowe	
Royalston	
Shelburne	
Shutesbury	
South Hadley	
Southampton	
Sunderland	
Ware	
Warwick	
Wendell	
Westhampton	
Whately	
Williamsburg	
Worthington	
Contact: Health Resources in Action	Elizabeth Tanefis
Arlington	
Belmont	
Boston	
Brookline	
Cambridge	
Chelsea	
Dedham	

Everett	
Needham	
Newton	
Revere	
Somerville	
Watertown	
Wellesley	
Westwood	
Winthrop	
Contact: Seven Hills Behavioral Health	Judith Coykendall
Acushnet	
Aquinnah	
Attleboro	
Barnstable	
Berkley	
Bourne	
Brewster	
Carver	
Chatham	
Chilmark	
Dartmouth	
Dennis	
Dighton	
Duxbury	
Eastham	
Edgartown	
Fairhaven	
Fall River	
Falmouth	
Foxborough	
Freetown	
Gosnold	
Halifax	
Hanson	
Harwich	
Kingston	

Lakeville	
Mansfield	
Marion	
Marshfield	
Mashpee	
Mattapoisett	
Middleborough	
Nantucket	
New Bedford	
North Attleboro	
Norton	
Oak Bluffs	
Orleans	
Pembroke	
Plainville	
Plymouth	
Plympton	
Provincetown	
Raynham	
Rehoboth	
Rochester	
Rockland	
Sandwich	
Seekonk	
Somerset	
Swansea	
Taunton	
Tisbury	
Truro	
Wareham	
Wellfleet	
West Tisbury	
Westport	
Yarmouth	
Contact: UMass Medical School	Tina Grosowsky
Ashburnham	
Ashby	

Auburn	
Ayer	
Barre	
Bellingham	
Berlin	
Blackstone	
Bolton	
Boylston	
Brimfield	
Brookfield	
Charlton	
Clinton	
Douglas	
Dudley	
East Brookfield	
Fitchburg	
Franklin	
Gardner	
Grafton	
Groton	
Hardwick	
Harvard	
Holden	
Holland	
Hopedale	
Hubbardston	
Lancaster	
Leicester	
Leominster	
Lunenburg	
Medway	
Mendon	
Milford	
Millbury	
Millville	
New Braintree	
North Brookfield	
Northborough	

Northbridge	
Oakham	
Oxford	
Paxton	
Pepperell	
Princeton	
Rutland	
Shirley	
Shrewsbury	
Southborough	
Southbridge	
Spencer	
Sterling	
Sturbridge	
Sutton	
Templeton	
Townsend	
Upton	
Uxbridge	
Wales	
Warren	
Webster	
West Boylston	
West Brookfield	
Westborough	
Westminster	
Winchendon	
Worcester	