

Name/Professional Title(s): Karen Donnelly, Nurse Case Manager
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1. Please indicate the number of years of experience in care coordination/case management. 2 ½ years Workman's Comp; 2 years Home Care; Charge Nurse 80-90% while working on Dual Substance floor
2. Please provide the approximate number cases with morphine milligram equivalent above 100 (MME > 100) that you have assisted with in past three years. Approx. 25-30 cases
3. Please indicate the best geographic area where you have greatest experience. Boston, South of Boston, Cape and Brockton area
4. Please explain your background/experience with addiction or pain management.
Participated in a clinical assignment at Boston Medical Center – Suboxone Clinic; Worked for Pembroke Hospital – 2 years assigned to dual unit, managed detoxing patients based on protocol and monitoring vital signs; Clinical Instructor for Northeastern University, instructed 6-8 students along with Director of Detox Center. Resident Assistant in College – handled instances of overdosing and coordinated medical care/emergency room.
5. Please provide a very brief outline of three cases you have assisted with within last three years (i.e., starting MME, what treatment plan seemed to help and how case ended). Please explain the results of the three cases.
 - A. Assigned to file - to discuss weaning program with a Primary Care MD who had been overprescribing narcotics to a patient for over 1 year. Addressed alternatives such as Pain Management, Acupuncture, and Physical Therapy. Suggested referring to Pain Management clinic/Physiatrist who is a specialist in weaning patients off narcotics. Subsequent visit, I found out MD did not refer Patient and she had only weaned patient by 2 pills over a month.

- B. Assigned to file to obtain medical records for a patient who was followed by an MD who continued to prescribe narcotics for over 1 year; no MD visits were sent to insurance company and I was determined MD did not have an office, he was working out of his residence but I was able to ascertain medical records. Insurer was going to report MD practices.
- C. Assigned to file to obtain a Pain Management for a consult for a patient relocating to the area who had sustained a right leg crush injury over 5 years ago and was considered disabled. He was prescribed narcotics, benzodiazepines since the injury. I obtained approval and coordinated a consult with board certified pain management physician and anesthesiologist, at Hyde Park Pain Management to diagnose and treat chronic pain. The MD's have a connection with Massachusetts Workers' Compensation Judges and provide impartial opinions. We worked with Patient to reduce their narcotic intake. Opioid tapering was the goal, while decreasing ongoing chronic pain and suggestions/alternatives were discussed and offered. I obtained approval and coordinated treatment for injections/nerve block suggested for a diagnostic perspective. I provided ongoing communication/education and support to address patients concern and encouraged Patient to move forward with trying alternatives, to improve quality of life, reduce ramifications/side effects of long term opioid use. Additionally, I had to encourage Patient from obtaining prescriptions from more than 1 MD and made MD aware of another MD prescribing narcotics. I maintained contact with MD, informed him of comorbidities, including heart disease and diabetes. The MD office, front staff, medical assistants, MD's and I interacted with a team approach. MD lowered dose of narcotics and benzodiazepine medication. However, further diagnostics, and treatment were put on hold, while Patient dealt with cardiac issues.

6. Do you work with, or are you familiar with, any health care practitioners who specialize or have had success with assisting patients to reduce daily opioid intake?

Yes, Dr. Roberto and Eddy Feliz, Hyde Park, MA.

7. Do you have a vehicle and are willing to travel to meetings and medical appointments? Yes

8. Please indicate, if applicable, any language skills other than English.
English only language.