

Name/Professional Title(s): Jovanna N Stewart, RN, BSN
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1. Please indicate the number of years of experience in care coordination/case management.
15 years

2. Please provide the approximate number cases with morphine milligram equivalent above 100 (MME > 100) that you have assisted with in past three years. 10

3. Please indicate the best geographic area where you have greatest experience. My experience geographically has been New Hampshire, North Shore and Boston.

4. Please explain your background/experience with addiction or pain management. In my career as a Case Manager I have had opiate management, pharmacological management, associated mental health issues, addictive disorders and recommendations for DUA's resultant from home visits, assessment of potential opiate difficulties and subsequent coordination of appropriate medical care.

5. Please provide a very brief outline of three cases you have assisted with within last three years (i.e., starting MME, what treatment plan seemed to help and how case ended). Please explain the results of the three cases.
 - A. Starting MME was 90mg/day. My involvement was post peer review which recommended a weaning program. I met with the prescribing physician to discuss the peer review recommendation. The physician agreed with the recommendation. We collaborated and MD was agreeable to implement a monthly urine drug screen. Through my network connection I was able to recommend a new physical therapy program that included aqua therapy and a support groups outside the home in order to assist him outside of his house and continue more physically active. Pain medication was reduced from 90mg/day to 30mg/day at the time of file closure
 - B. Starting MME 40mg/day. Post-operative claim, the client was 6 months post op from back surgery and remained on opiate medication. I met with client and MD and recommended a referral to a pain management specialist that I had worked with previously. Both client and MD agreed to the referral. I was able to assist and coordinate a timely office visit. A weaning program was developed and claimant also underwent therapeutic injections to assist with his pain. I obtained a referral to a new physical therapist that specialized in working with chronic pain issues and claimant was able to wean off his pain medication over the course of 3 months.

C. Starting MME 90mg/day. Client needed surgery MD would not do it until he stopped using opioids that were being prescribed by the primary care physician. Client agreed to a consult with a pain management specialist. He was successfully weaned with the implantation of trigger point injections and behavior modification. Client had a successful surgery and recovery, using only 5 days of pain medication post operatively.

6. Do you work with, or are you familiar with, any health care practitioners who specialize or have had success with assisting patients to reduce daily opioid intake?

Yes I am familiar with a variety of network providers with specialize in weaning and supporting claimants during the process.

7. Do you have a vehicle and are willing to travel to meetings and medical appointments?

Yes I have a dependable vehicle and am willing to travel to meetings and medical appointments.

8. Please indicate, if applicable, any language skills other than English.

Fluent in Spanish