**Massachusetts Department of Mental Health**

**worcester recovery center and hospital –K-2**

**May 30th, 2018**

**program is brought to you by the massachusetts nurses association**



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**(8:15am-9:00AM) registration**

**(9:00AM-12:00Pm) Combatting the ravages of nurse burnout with empowerment and resiliency - Presented by: mary linda o’reilly MS, aprn, anp, Psych Np**

DESCRIPTION***:***

The overall goal for this program is to provide nursing professionals with strategies that will prevent, identify, and manage compassion fatigue. Although the nursing profession encompasses challenging physical, emotional and spiritual work, it can be extremely fulfilling. However, conflict and stress may be an almost daily experience for staff who are actively engaged in clinical practice. The consequence of consistent exposure to this stress can take its toll on even the strongest personality. This program will explore strategies to promote resiliency. Program is applicable for other disciplines including social work, psychology, etc.

LEARNING OBJECTIVES:

* Identify the signs and symptoms of burnout in nursing professionals
* Discuss the root-causes of burnout in licensed nurses
* Describe the experience of burnout
* List 3 examples of the physical, mental, and emotional effects of burnout
* State approaches to manage burnout

**(12:00PM-1:00PM) – COMPLIMENTARY LUNCH WILL BE PROVIDED.**

**PLEASE ALERT US TO ANY FOOD ALLERGIES OR IF YOU REQUIRE GLUTEN-FREE.**

(**1:00PM-4:00PM) Domestic and Sexual Violence Training: What Nurses Need to Know – Presented by erin miller mps, mdv, ctss casac-t**

description:

This presentation will look at the dynamics of Domestic and Sexual Violence, the health impact of violence and abuse, and the consequence of children’s exposure to violence. Components of trauma-informed care will be explored.

This training is applicable for other disciplines. Per MGL c 260, §9 of the Acts of 2014 requires the boards of registration in medicine, nursing, nursing home administrators, physician assistants, social workers, psychologists and allied mental health and human services to promulgate regulations establishing standards that require training on the issue of domestic and sexual violence as a condition of licensure and license renewal.  This training meets the requirement for licensing for all disciplines listed before, except Nursing Home Administrators.

LEARNING OBJECTIVES:

* Define the dynamics of Domestic/Sexual Violence
* Define sexual violence and the emergency response
* Identify the consequences of children’s exposure to violence and abuse
* List the role of providers regarding violence and abuse more broadly in trauma-informed care

**Target Audience**: Case Management Staff, Community Provider Staff, Psychologists, Nurses, Social Workers, Licensed Mental Health Counselors, Mental Health Professionals.

***To successfully complete a program and receive contact hours, you must: 1) sign in, 2) be present for the entire period of the session and 3) complete and submit the evaluation.***

**Learning Level: (Introductory**)    Cancellation Policy:

Email will be sent to original distribution list notifying learners and potential participants in regards to the cancellation of the training event – if rescheduling information is known, it will be included in e-mail/message. In addition, Main Operators at Worcester Recovery Center and Hospital (508)-368-3300 will be made aware of cancellation and contacted regarding the status of a training event. Learners can cancel by e-mailing Dana.Palit@MassMail.State.MA.US. Or Susan Clish at sclish@mnarn.org. The program will be held at: ***Worcester Recovery Center and Hospital - 309 Belmont Street, Worcester, MA 01604 (508)-368-4000. Shuttle available and parking information will be shared on the DMH website.***

**Registration:** Please **call Susan Clish, MNA Health & Safety at (781) 830-5723 or e-mail** sclish@mnarn.org. Deadline to register is: **May 25, 2018.**

***Please bring photo id to be admitted to the program, as this is a locked facility.***



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