PREVENT BURNS!


Stay away from burner or flame. Don’t wear loose clothing near fire.

Keep children away from stoves, outdoor grills, campfires, and fireplaces.

Don’t let appliance cords dangle where children can reach them.

Always turn off an iron when it’s unattended.

Keep hot liquids out of reach of children.

Turn down water heater to less than 125°. Higher temperatures can cause third degree burns (the worst) in two seconds!

Turn pot handles toward the back of the stove.

Never use gasoline to start a fire. Use starter fluid with care.

Never smoke in bed.

Protect your skin from the sun. Use tanning products with a high SPF rating.

KINDS OF BURNS

FIRST DEGREE: Epidermis (top layer of skin) is damaged. Skin is red and may swell. Victim feels pressure and pain.

SECOND DEGREE: Epidermis and dermis (second layer of skin) damaged. Blistering may occur.

THIRD DEGREE: Epidermis, dermis, and nerve endings destroyed. Victim may or may not feel pain. Skin is discolored (white, brown, black or red) and leathery in texture. Muscle, fat, and bone may also be destroyed.
FIRST AID FOR BURNS

**Cool** burn area with cool water. Continuously flush a chemical burn.

**Stop**, drop and roll!

**Never** put grease, butter, or ointment on a burn.

**Remove** victim from area of danger.

**Don’t** remove clothing from the burn.

**Cover** burn with clean sheet or towel.

**Call** 911 immediately.

*Please contact the Burn Center for permission to reproduce any part of this brochure.*