



May 8-10, 2019

## INDIVIDUAL CRISIS INTERVENTION AND PEER SUPPORT & GROUP CRISIS INTERVENTION (GRIN)

**Course Number:**  
680

**Location:**  
Cambridge Police Department  
125 Sixth Street  
4<sup>th</sup> Floor Classroom  
Cambridge, MA 02142-1009

**Time:**  
0800-1800

**Notes:**  
This is a "Priority Selection" course which is not first come-first serve.

**Priority Selection Date:**  
April 24, 2019

### Course Highlights

- Psychological Crisis and Psychological Crisis Intervention
- Resistance, Resiliency, Recover Continuum
- Critical Incident Stress Management
- Evidence-Based Practice
- Basic Crisis Communication Techniques
- Common Psychological and Behavioral Crisis Reactions
- Putative and Empirically-Derived Mechanisms
- SAFER-Revised Model
- Suicide Intervention
- Risk of Iatrogenic Harm
- Relevant Research Findings
- Relevant Recommendations for Practice
- Incident Assessment
- Strategic Intervention Planning
- Large Group Crisis Intervention
- Small Group Crisis Intervention
- Adverse Outcome Associated with Crisis Intervention
- Reducing Risks
- Critical Incident Stress Debriefing (CISD)

Crisis Intervention is NOT psychotherapy, rather, it is a specialized acute emergency mental health intervention that requires specialized training. As physical first aid is to surgery, crisis intervention is to psychotherapy. Thus, crisis intervention is sometimes called "emotional first aid." This first part of the program is designed to teach participants the fundamentals of, and a specific protocol for, individual crisis intervention.

Completion of "Individual Crisis Intervention and Peer Support" & "Group Crisis Intervention" and receipt of a certificate indicating full attendance (27 contact hours) qualifies as two CORE classes in the International Critical Incident Stress Foundation's Certificate of Specialized Training Program.



### Registration

Register at [DFS Learning Management System](#)