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July 2, 2019

**Bottled Water Consumption Advisory**

Per- and Polyfluoroalkyl Substances (PFAS) are chemicals used extensively in industry and consumer products, such as carpets, fabrics, food packaging, and other materials that are resistant to water, grease, or stains. They have also been used in some firefighting foam and cookware. Because these chemicals have so many uses, most people have been exposed to them.

The Massachusetts Department of Public Health (DPH) has been advised that certain bottled water products containing spring water from Spring Hill Farm Dairy, Inc., located in Haverhill, MA, contain PFAS chemicals at levels that DPH recommends not be consumed by people who are pregnant or breastfeeding, or by bottle-fed infants.

**Spring Hill Farm Dairy Inc.'s water has not exceeded the applicable regulatory standard and Spring Hill Farm Dairy Inc.'s permit in Massachusetts is valid and in good standing.** Spring Hill Farm Dairy Inc. is working cooperatively with DPH and plans to install a filtration process to remove PFAS compounds. That filtration system is expected to be operational July 24.

Although drinking water containing PFAS does not necessarily lead to health risks, out of an abundance of caution, Spring Hill Farm Dairy Inc. and DPH recommend the following:

- **Pregnant women, nursing mothers, and infants should not drink certain brands of spring water bottled by Spring Hill Farm Dairy Inc. (see below) before July 24 when PFAS levels are expected to be reduced.**
  - Use other water sources that do not contain PFAS for drinking and cooking foods that absorb water (like pasta).
  - Use formula that does not require adding water or temporarily use a different water source to make formula.
  - Visit MassDEP's website to learn where PFAS has been tested and found in drinking water supplies.

Information about the water source is listed on bottled water labels. The affected products are those that list the source as "spring" water on the label. Not all Spring Hill Farm Dairy Inc. brands list spring water as the source. Spring Hill Farm Dairy Inc. brand water that is labeled as distilled, purified, or fluorinated has not been found to include PFAS. Customers can check the label on the products listed in the table below to determine the source of the water.

A production date is posted on the shoulder of the bottle and can be checked to determine the date of the bottling. Only water produced before July 24, 2019 is included in this consumption advisory. Container sizes range from 1-2.5 gallons.

**For More Information:**

MassDEP Fact Sheet – PFAS in Drinking Water: Questions and Answers for Consumers

<https://www.mass.gov/doc/massdep-fact-sheet-pfas-in-drinking-water-questions-and-answers-for-consumers/download>

DPH's Fact Sheet – Per- and Polyfluoroalkyl Substances (PFAS) found at:

[https://www.mass.gov/files/documents/2018/11/08/pfas-drinking-water-fact-sheet\\_0.pdf](https://www.mass.gov/files/documents/2018/11/08/pfas-drinking-water-fact-sheet_0.pdf)

For additional information on possible health effects, you may contact the Massachusetts Department of Public Health, Bureau of Environmental Health at 617 624-5757 or the Department of Environmental Protection, Office of Research and Standards at 617-556-1165.

<b><u>Brand Name:</u></b>	<b><u>Water Source on Label</u></b>
<b>Sold in Massachusetts:</b>	
365 Spring Water (Whole Foods)	Spring Hill Spring
Acadia Spring Water (Stop and Shop)	Spring Hill Spring
Best Yet Spring Water (convenience stores)	Spring Hill Spring
Cumberland Farms Spring Water	Spring Hill Spring
IGA Spring Water (various markets)	Spring Hill Spring
Ice Canyon Spring Water (CVS)	Spring Hill Spring
Food Club Spring Water	Spring Hill Spring
Market Basket Spring Water	Spring Hill Spring
Natures Pride Spring Water (Garelick Farms)	Spring Hill Spring
Oakhurst Spring Water (various markets)	Spring Hill Spring
Roche Brothers Spring Water	Spring Hill Spring
Shaw Spring Water	Spring Hill Spring
Spring Hill Spring Water (various markets)	Spring Hill Spring
<b>Sold Outside of Massachusetts:</b>	
Golden Flow Spring Water	Spring Hill Spring
Hy-Top Spring Water	Spring Hill Spring
Native Brands Spring Water	Spring Hill Spring
Pride Pure	Spring Hill Spring