

May 2024 Programs

All Programs are free and open to the public. An adult must accompany children. Reasonable accommodations available upon request. Parking fees may apply depending on program location. For more information please email Jessica Narog-Hutton, Visitor Services Supervisor, at jessica.narog-hutton@mass.gov.

Open
Wednesday-Sunday
8:30am-3:30pm

CHRISTOPHER P. DUNNE VISITOR CENTER
177 Forest Street, Saugus

Modelled after a hunting lodge which once stood inside the park, stop in to find historic photos, artifacts, and animals! Open rain or shine!

Tuesday
May 21

Step into the Past
10:00 am—12:00 pm
Visitor Center, 177 Forest Street, Saugus

Join our park interpreter to discover the parks history. Hikes are approximately 2.5 miles, moderate difficulty, along rocky trails, with several stops. Best for adults and older children with a keen interest in history. Meet outside the Visitor Center. Rain cancels. All ages.

Stories in Stone: Breakheart has been shaped not only by nature but by the many people who have called it home.

Tuesday
May 28

The Beavers Are Back!
9:30-11:00 am
Visitor Center, 177 Forest Street, Saugus

Come join us to discover beavers and their history in Breakheart! We will explore their behaviors and how they build their home in the Saugus River! All ages.

Thursday
May 16, 23, 30

Wild Breakheart Series
10:00-11:00 am
Camp Nihan Educational Center
131 Walnut Street, Saugus

Help our park interpreter identify and count the many different birds that visit Breakheart! Take part in this world-wide project to document the distribution, abundance, and movements of thousands of species of birds. Binoculars encouraged but not necessary. First time birders welcome! Best for adults and older children. *Meet at the Ranger Station at the first parking lot. Rain cancels.*

PROGRAMS CONTINUE ON NEXT PAGE



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PROGRAMS CONTINUED

Fridays
May 17, 24 and
31

Kidleidoscope

10:30—11:30 am

Visitor Center, 177 Forest Street, Saugus

Come join our park interpreter for a story time and nature walk! Complete a small craft and explore the woods! Walks are gently paced and approximately 1 mile, though not accessible for strollers. Appropriate for families with children 3-5 years old. *Meet at the Visitor Center.*

Saturdays
May 18 and 25

Easy, Breezy, Beautiful Hike

9:30—11:30 am

Visitor Center, 177 Forest Street, Saugus

Join the Park Interpreter for this weekly guided hike! Each trip will highlight natural and historic features that make Breakheart unique. Hikes will be moderately paced and range from 2-3 miles over sometimes uneven and rocky terrain. Best for ages 8 years and up. *Meet at the Visitor Center. Heavy rain cancels.*

SPECIAL EVENTS

Thursday May 23

Full Moon Hike

7:00–9:00 pm

Visitor Center, 177 Forest Street, Saugus

Join us for a moon rise hike while we talk about the importance of the full moon, moon cycles and phases. There will be camp fire fun and activities. This program for adults and families with children 8 years old and up. Bring a flashlight and dress appropriately! **Registration is required, please email**

jessica.narog-hutton@mass.gov for more information.

Meet outside the Visitor Center. Rain cancels.

