**Commonwealth of Massachusetts Executive Office of Health and Human Services** 

# Department of Mental Health Resource Directory

December 2023





# **TABLE OF CONTENTS**

AUTHORITY2MENTAL ILLNESS AND RECOVERY3HOW TO USE THIS DIRECTORY4INDIVIDUALS WHO ARE DEAF, HARD OF HEARING, OR SPEECH DISABLED5DIRECTORY7CENTRAL OFFICE7DMH OPERATED INPATIENT FACILITIES10METRO BOSTON AREA12SOUTHEAST AREA13NORTHEAST AREA15CENTRAL MASSACHUSETTS AREA19	VISION AND MISSION	2
HOW TO USE THIS DIRECTORY4INDIVIDUALS WHO ARE DEAF, HARD OF HEARING, OR SPEECH DISABLED.5DIRECTORY7CENTRAL OFFICE.7DMH OPERATED INPATIENT FACILITIES10METRO BOSTON AREA12SOUTHEAST AREA13NORTHEAST AREA15CENTRAL MASSACHUSETTS AREA17	AUTHORITY	2
INDIVIDUALS WHO ARE DEAF, HARD OF HEARING, OR SPEECH DISABLED. 5   DIRECTORY 7   Central Office. 7   DMH OPERATED INPATIENT FACILITIES 10   METRO BOSTON AREA 12   Southeast Area 13   Northeast Area 15   Central Massachusetts Area 17	MENTAL ILLNESS AND RECOVERY	
DIRECTORY 7   CENTRAL OFFICE 7   DMH OPERATED INPATIENT FACILITIES 10   METRO BOSTON AREA 12   SOUTHEAST AREA 13   NORTHEAST AREA 15   CENTRAL MASSACHUSETTS AREA 17	HOW TO USE THIS DIRECTORY	4
DIRECTORY 7   CENTRAL OFFICE 7   DMH OPERATED INPATIENT FACILITIES 10   METRO BOSTON AREA 12   SOUTHEAST AREA 13   NORTHEAST AREA 15   CENTRAL MASSACHUSETTS AREA 17	INDIVIDUALS WHO ARE DEAF, HARD OF HEARING, OR SPEECH DISABLED	5
DMH OPERATED INPATIENT FACILITIES 10   METRO BOSTON AREA 12   SOUTHEAST AREA 13   NORTHEAST AREA 15   CENTRAL MASSACHUSETTS AREA 17	DIRECTORY	7
DMH OPERATED INPATIENT FACILITIES 10   METRO BOSTON AREA 12   SOUTHEAST AREA 13   NORTHEAST AREA 15   CENTRAL MASSACHUSETTS AREA 17	CENTRAL OFFICE	7
CENTRAL MASSACHUSETTS AREA	DMH ODEDATED INDATIENT FACILITIES	10
CENTRAL MASSACHUSETTS AREA	METRO BOSTON AREA	
CENTRAL MASSACHUSETTS AREA	SOUTHEAST AREA	
CENTRAL MASSACHUSETTS AREA	NORTHEAST AREA	
WESTERN MASSACHUSETTS AREA	CENTRAL MASSACHUSETTS AREA	
	WESTERN MASSACHUSETTS AREA	

## ALPHABETICAL LISTING OF MASSACHUSETTS CITIES, TOWNS AND AREA OFFICES COVERED BY DMH ....... 20

For any changes to this guide, please contact Avis Somerville, Commissioner's Office, by email at <u>avis.somerville@mass.gov</u> or by phone at (617) 626-8130.

# Commonwealth of Massachusetts Department of Mental Health

# VISION AND MISSION STATEMENT

# VISION

Mental Health is an essential part of health care. The Massachusetts Department of Mental Health, as the State Mental Health Authority, promotes mental health through early intervention, treatment, education, policy and regulation so that all residents of the Commonwealth may live full and productive lives.

# MISSION STATEMENT

The Department of Mental Health, as the State Mental Health Authority, assures and provides access to services and supports to meet the mental health needs of individuals of all ages, enabling them to live, work and participate in their communities. The Department establishes standards to ensure effective and culturally competent care to promote recovery. The Department sets policy, promotes self-determination, protects human rights and supports mental health training and research. This critical mission is accomplished by working in partnership with other state agencies, individuals, families, providers and communities.

# AUTHORITY

Massachusetts General Law: Chapters 19, 123 Regulations: 104 CMR Departmental policies issued from time to time by Commissioner

# **Mental Illness and Recovery**

Serious, long-term mental illness describes disorders that cause severe disturbances in thinking, feeling and relating that result in a substantially diminished capacity for coping with the ordinary demands of life. Mental illness may affect anyone, regardless of age, sex, gender, race, income, religion or education. One in every five Americans experiences an episode of mental illness at least once in a lifetime or experiences numerous or persistent episodes.

We know that recovery from mental illness is possible. The Department of Mental Health (DMH) supports recovery in many ways, most importantly through its Community First Initiative. "Recovery Through Partnership" is the guiding principle that supports Community First for adults, children, adolescents and families with serious mental illness and serious emotional disturbance. We champion people's right to live as independently as possible in the community, and it is DMH's responsibility to support recovery and success of individuals with the lived experience of serious mental illness.

# **Community First Goals:**

- Sustain a person and family centered agency that is culturally competent and eliminates disparities.
- Use evidence based and emerging practices and data-driven decision making while achieving operational efficiencies.
- Engage in meaningful consumer and family involvement and peer support in all aspects of the Department of Mental Health.
- Rely on services that are flexible, trauma-informed, and that value respect and dignity.

Community First focuses on the individual and that for every individual there are as many paths to recovery. DMH consumers include those with serious mental illnesses. These include schizophrenia, depression and manic depression. Current research indicates that many severe mental illnesses are biological diseases that interfere with normal brain function. Genetic factors, family history, psychological or social factors, chronic medical illness, substance use and severe traumatic life crises can create a predisposition to mental illness. Mental illness is not the result of a lack of "willpower" or weak character. Mental illness can occur at any age, even when a child is very young or in elderly people.

Researchers continue to pursue the study of how biochemical, psychological, genetic and environmental factors interact and contribute to the onset of mental illness and severe emotional disturbance.

The majority of psychiatric disorders can be effectively treated. Treatment, which often combines medications with therapeutic and social rehabilitation interventions, can effectively alleviate the symptoms of mental illness and stabilize children and adolescents diagnosed with severe emotional disturbance.

Community support services are a critical component of recovery. Living independently, building social relationships, getting an education and holding a job are goals for most people with mental illness while others may need supports for longer periods to achieve and maintain independence.

# HOW TO USE THIS DIRECTORY

The Department of Mental Health (DMH) has a Central (administrative) Office, located in Boston, with 5 Area Offices located throughout the state. In addition, there are local service delivery sites within each Area. The DMH Areas are: Metro Boston, Southeast, Northeast, Central Massachusetts, and Western Massachusetts.

To get information about mental health services or the names of key DMH managers serving your city or town:

1) Locate the city or town of your residence in the alphabetical listing at the very back of the Directory; the Area is identified in parentheses after the city or town.

2) Locate the appropriate Area office from the Table of Contents at the front of the Directory.

3) Under the Area office, find your city or town under "Local Service Sites" and contact the "Person in Charge". The "Person in Charge" will be able to provide you with information or direct you to the appropriate resource.

4) The names of key managers in the Department's Central Office are also listed in this Directory.

## INDIVIDUALS WHO ARE DEAF, HARD OF HEARING, OR SPEECH DISABLED

Individuals who are deaf, hard of hearing, or speech disabled may access any of the Department of Mental Health's offices via a number of relay services. DMH staff may also reach out to deaf, hard of hearing or speech disabled persons through these services. The most common are:

- Video Relay Service (VRS) is federally funded telecommunications service where a remotely situated American Sign Language (ASL) interpreter interprets between a Deaf person who is using a video phone at once location and a hearing person who is using any voice phone, at another location. At the Deaf user's end, a videophone and a high-speed internet connection are necessary; nothing is needed at the hearing caller's end. VRS allows conversations to flow in near real time and in a faster and more natural manner than via TTY. VRS is a free service available 24 hours a day/7 days a week. Some VRS agencies also have trilingual interpreters who can interpret between eg Spanish and ASL. For more information visit the <u>VRS consumer guide</u>.
- Video Remote Interpreter (VRI) is conceptually similar to VRS in that it uses a remotely situated ASL interpreter to interpret between a Deaf ASL user and a hearing person. The difference is that this service is not federally funded and is designed to facilitate communication between a Deaf person and a hearing person at the same location, using a remotely situated ASL interpreter. For this service, a video connection and high-speed internet is required for the location where the Deaf and hearing person are located.
- The **Massachusetts Relay Service (MassRelay)** is a free service for the residents of Massachusetts. It enables people who are deaf, hard of hearing, late-deafened, or speech disabled to use the telephone system via a text telephone (TTY) or other device to call persons who can hear, and vice versa. Mass Relay is available 24 hours a day/7 days a week and is accessed by dialing 711. The call can be initiated from any TTY or telephone.
- **Captioned Telephone Service (CTS)** for people with a special "captioned telephone" that enables them to read what the other person is saying through captions displayed on the "captioned telephone", while communicating through spoken language.
- **Speech-to-Speech Relay Service (STS)** is used by a person with a speech disability. A communication facilitator, who is specially trained in understanding a variety of speech disorders, repeats what the caller says in a manner that makes the caller's words clear and understandable to the called party. No special telephone is needed. For more information visit the <u>STS Relay Service consumer guide</u>.

For more information about these and other forms of relay services, see the FCC factsheet at <u>http://www.fcc.gov/cgb/consumerfacts/trs.html.</u>

For all relay services, a Relay Operator will facilitate the call by dialing the party being called and then will stay on the line to relay messages via ASL (VRS/VRI), a TTY or regular telephone (STS) and verbally to people who can hear. Relay Operators provide exact interpretations/transcriptions of what they hear and see. All relay calls are confidential.

# How to use VRS

The ASL user, using a television or a computer with a video camera device and a broadband (high-speed) Internet connection, dials the VRS number and is connected to a qualified ASL interpreter. They communicate with each other in ASL through this video link. The VRS interpreter places a telephone call to the party the VRS user wishes to call and relays the conversation back and forth between the parties. The ASL user sees the interpreter on the monitor, and the person who can hear is connected via a regular telephone/cellphone. People who can hear can also initiate a VRS call; they simply call the ASL user's 10-digit number (regular telephone number) and will automatically be connected to a VRS interpreter.

There are a number of VRS providers, all of which provide the same service. Some people have a preferred provider, some do not. The current FCC-approved providers are:

- ASL Services Holdings, LLC (branded as GlobalVRS) Website: <u>https://www.globalvrs.com</u>
- Convo Communications, LLC Website: <u>https://www.convorelay.com</u>
- Sorenson Communications, LLC (branded as Sorenson VRS and CaptionCall) Website: <u>https://www.sorenson.com</u>
- ZP Better Together Purple (sub-brand) Website: <u>https://www.purple.us</u> ZVRS (sub-brand) Website: <u>https://www.zvrs.com</u>

# How to use MassRelay

NOTE: This particular form of communication is almost obsolete. There are rare instances when a person may try to reach out via a TTY, but for the majority of Deaf and hard of hearing consumers; their preferred method of access is now through VRS.

- 1. Dial **711**.
- 2. A Relay Operator will answer the call. Inform the Relay Operator either verbally or via the TTY of the number of the person you are calling and the connection will be made.
- 3. The Relay Operator will type the spoken words to the deaf/hard of hearing person's TTY and read/voice the typed words from the TTY back to the person who can hear.
- 4. The person who can hear should speak slowly and directly to the deaf/hard of hearing person, not to the Relay Operator.
- 5. The phrase "Go Ahead" is used each time one party has finished and is ready for a response.

Several DMH site offices also have VideoPhones, which can be used for direct communication between staff and ASL users.

DMH Site Office VideoPhone numbers	VideoPhone: (339) 219-6119 Westborough Site Office VideoPhone: (508) 948-0605 Lindemann/Cambridge/Somerville Site Office

# Central Office 25 Staniford Street, Boston, MA 02114 Main Number: (617) 626-8000 www.mass.gov/dmh Behavioral Health Helpline: (877) 773-2445 www.masshelpline.com

Brooke Doyle, Commissioner	(617) 626-8123
Lynn Beatrice, Executive Assistant to the Commissioner/Office Manager	(617) 626-8123
Avis Somerville, Administrative Assistant Kristen Lee, Administrative Assistant	(617) 626-8130 (617) 626-8128
Crystal Collier, Chief of Staff	(617) 626-8031
Startese Sims, Director of Human Rights / Ombudsman	(617) 626-8218
Flojona Desroches-McClain, Assistant Director of Human Rights	(617) 626-8139
Katherine Gallant, Director of Investigations	(617) 626-8108
Diane McPherson, Administrative Assistant	(617) 626-8269
Stephen Cidlevich, Director of Constituent Affairs	(617) 626-8140
Glenda Hazard, Director of Communications	(617) 626-8150
Jonathan Fox, Web Coordinator/Liaison	(617) 626-8350
Michelle Cormier, Communications Coordinator	(617) 626-8118
Daniela Harrigan, Director of Community Engagement	(617) 626-8124
Jay Tallman, Director of Policy	(617) 626-8179
Robert Walker, Office of Recovery and Empowerment	(617) 626-8275
Vacant, Director of Race, Equity & Inclusion / Diversity	
Brigido Ramirez Espinosa, Assistant Commissioner for Data & Analytics	(617) 626-8316
Christine Goldrick, Senior Director of Strategy	(617) 626-8137
Nancy Connolly, Assistant Commissioner for Forensic Services	(617) 626-8288
Beverly Burgos, Administrative Assistant	(617) 626-8071
Matthew Broderick, Manager of Forensic Operations and Policy	(617) 626-8122
Stephen Barnard, Deputy Commissioner for Management and Budget	(617) 626-8305
Susan Hanley, Executive Assistant/Office Manager	(617) 626-8020
Darin Martin, Director of Finance	(617) 626-8038
Thuy-Nhung Nguyen, Director of Accounting and Operations	(617) 626-8033
Helaina Boyd, Human Resources Liaison	(617) 626-8306
Sarah Hough, Director of Fiscal Resources	(508) 616-3564
Charlene Zuffante, Deputy Commissioner Child, Youth, Family Services	(617) 626-8188
Lisa Colozzo, Executive Assistant/Office Manager	(617) 626-8335
Vacant, Assistant Commissioner, Child, Youth, Family Services	
Nandini Talwar, M.D., Medical Director, Child, Youth, Family Services	(617) 626-8092
Omar Irizarry, Director of Cross-Agency Initiatives	(617) 626-8180
Margarita O'Neill-Arana, Director, Children's Behavioral Health Knowledge Ctr.	(617) 626-8076

Heidi Holland, Director, Young Adult Transitional Services	(617) 626-8082
Janice LeBel, Director of Systems Transformation	(617) 626-8085
Carol Murphy, Director of Programs and Practice	(617) 626-8698
Lester Blumberg, General Counsel, Legal Office	(617) 626-8233
John DiPietrantonio, Deputy General Counsel	(617) 626-8267
Jaki Fishkin, Deputy General Counsel	(617) 626-8226
Marianne Greeno, Senior Administrative Counsel	(617) 626-8228
Debra Leggett, Deputy General Counsel, Director of Privacy & Data Access Send emails to <u>DMHPrivacyOfficer@MassMail.State.MA.US</u>	(617) 626-8160
Olubunmi (Bunmi) Olotu, Assistant General Counsel/DMH Records Access Officer Send emails to <u>DMH.RAO@Mass.gov</u> )	(508) 977-3339
Jane Trott, Information Security Officer	(617) 626-8186
Robert Wagner, Deputy General Counsel	(617) 626-8230
Beth Lucas, Deputy Commissioner for Mental Health Services	(617) 626-8084
Melissa Touadjine, Executive Assistant/Office Manager	(617) 626-8074
Julie Shepherd, Assistant Commissioner of Mental Health Services	(617) 626-8097
Mio Tamanaha, Director of Behavioral Health Helpline	(617) 626-8062
Kim Clougherty, Director of Community Services	(617) 626-8164
Jennifer Evans, Director of Community Licensing	(508) 897-2096
Liam Seward, Director of Compliance and Emergency Management	(617) 626-8170
Michael Stepansky, Senior Manager of Program & Policy Implementation	(508) 616-3522
Jeff Morton, Director of Project Management	(617) 312-6286
Angel Mendez, Director of Learning and Development	(617) 626-8109
Kathy Sanders, M.D., Deputy Commissioner for Clinical & Professional Serv.	(617) 626-8059
Vacant, Executive Assistant/Office Manager	
Martha M. Ryan, Assistant Commissioner for Clinical & Professional Services/Director of Licensing	(617) 626-8279
Teresa Reynolds, Office Manager Licensing Division	(617) 626-8117
Sheila Lee, Director of Nursing Healthcare Inspector	(617) 626-8119
Teresa Anderson, Assistant Commissioner for Quality, Utilization & Analysis	(617) 626-8308
David Tringali, Director of Quality Management	(617) 626-8247
Mary-Louise White, Director, Office of Inpatient Management (OIM)	(617) 549-1324c (508) 977-3266
Karen Parlee, Complaints & Investigations Coordinator	(508) 977-3185
Amam Saleh, M.D., Medical Director, Office of Inpatient Management	(508) 616-2237(primary) (857) 286-1709c (617) 626-8254 (Central Off)
Jonathan Carvalho, Operations Manager, Office of Inpatient Management	(857) 332-4475c (508) 977-3242

# **Office of Inpatient Management (OIM) Facilities**

Metro Boston Area

Metro Boston Mental Health Units at Lemuel Shattuck Hospital 170 Morton Street Jamaica Plain, MA 02130

Metro Boston Mental Health Units at Dr. Solomon Carter Fuller Mental Health Center 85 East Newton Street Boston, MA 02118

Southeast Area Pocasset Mental Health Center 830 County Road Pocasset, MA 02559

Corrigan Mental Health Center 49 Hillside Street Fall River, MA 02720

**Taunton State Hospital** 60 Hodges Avenue PO Box 4007 Taunton, MA 02780

Recovery from Addiction Program (RAP) Glass Building 60 Hodges Avenue Glass Building PO Box 4007 Taunton, MA 02780

Northeast Area

Hathorne Units Tewksbury Hospital 365 East Street Tewksbury, MA 01876

<u>Central Area</u> Worcester Recovery Center and Hospital 309 Belmont Street Worcester, MA 01604 **Telephone #** (617) 522-8110 Fax (617) 522-7888 TTY (617) 971-3840

**Telephone #** (617) 626-8700 Fax (617) 626-8929

**Telephone #** (508) 564-9600 Fax (508) 564-9700 TTY (508) 564-9677

**Telephone #** (508) 235-7200 Fax (508) 235-7346 TTY (508) 678-2460

**Telephone #** (508) 977-3000 Fax (508) 977-3751 TTY (508) 977-3794

**Telephone** # 508-977-3223

**Telephone #** (978) 851-7321ext 2859 Fax (978) 851-1029

**Telephone #** (508) 368-4000 Fax (508) 363-1515 TTY (508) 752-0127 **Person in Charge** Dr. Romas Buivydas Chief of Psychiatric Operations

**Person in Charge** Jim Cooney Chief Operating Officer

**Person in Charge** Debra Demuth – Interim Center Director

**Person in Charge** Debra Demuth – Interim Site Director

**Person in Charge** Lynne Olsen-Vieira Chief Operating Officer

**Person in Charge** Kevin Davis Program Director (508) 977-3236

Rasim Arikan, M.D. Program Medical Director (508) 977-3047

**Person in Charge** Brad Richardson Chief of Psychiatric Operations

**Person in Charge** Kathy Wenzel Chief Executive Officer

Tara Callahan Assistant Chief Operations Officer

## Metro Boston Area 85 East Newton Street Boston, MA 02118 Phone (617) 626-9200 Fax (617) 626-9216 TTY (617) 626-9257

# Sara Anidi, Area Director

John Graham, Executive Assistant (617) 626-8943

Emilio Zirpolo	Director of Field Operations	(617) 626-9248
David Hoffman, MD	Area Medical Director	(617) 626-9223
Deborah Jones	Director of Community Services	(617) 626-9214
Melanie Schanche	Director of Child, Youth, Family Services	(617) 626-8749
Stephen DeLisi	Area Forensic Director	(617) 626-9225
Catherine Quinerly	Director of Recovery/Rehab Services	(617) 626-9270
Paul Rogers	Director of Quality Management	(617) 626-9222

# **Local Service Sites**

Fuller/Bay Cove Site Office Dr. Solomon Carter Fuller Mental Health Center 85 East Newton Street Boston, MA 02118 Chinatown, Dorchester, South Boston, Roxbury, South End, Mattapan	<b>Telephone #</b> (617) 626-8944 Fax (617) 626-8884 TTY (617) 305-9913	<b>Person in Charge</b> Patricia Cadet Site Director
Lindemann Community Mental Health Center/Cambridge/Somerville Site Office 25 Staniford Street Boston, MA 02114	<b>Telephone #</b> (617) 626-8500 Fax (617) 626-8515	<b>Person in Charge</b> Luis Borrero Site Director
Cambridge, Charlestown, Chelsea, Downtown Boston including Beacon Hill, East Boston, North End, Revere, Somerville, Winthrop		
Massachusetts Mental Health Center Site Office 75 Fenwood Road Boston, MA 02115 Allston, Back Bay, Brighton, Brookline, Fenway, Hyde Park, Jamaica Plain, Roslindale, Roxbury, West Roxbury	<b>Telephone #</b> (617) 626-9300 Fax (617) 626-9591 TTY (617) 626-9576	<b>Person in Charge</b> Rachel Steiner Site Director
following municipalities are covered by the Metro Boston A	<u>Area:</u>	Cardi Dardar

The following municipalities are covered by the Metro Boston Area:					
Allston	Cambridge	East Boston	Revere	South Boston	
Boston	Charlestown	Hyde Park	Roslindale	West Roxbury	
Brighton	Chelsea	Jamaica Plain	Roxbury	Winthrop	
Brookline	Dorchester	Mattapan	Somerville		

## **Southeast Area** 165 Quincy Street Brockton, MA 02302 Phone (508) 897-2000 Fax (508) 897-2024 TTY (508) 897-2102

## Sue Plasse, Area Director

Andrea Keddie, Administrative Assistant (508) 897-2032

Eric Pilsmaker	Director of Field Operations	(508) 897-2028
Liz Simpson, MD	Area Medical Director	(508) 897-2163
Deborah DeMuth	Director of Community Services	(508) 957-0912
Alexis Romanow	Director of Child, Youth Family Services	(508) 897-2193
Kimberly Bistis, Psy.D	Area Forensic Director	(508) 897-2115
Matthew Cianci	Director of Recovery/Rehab Services	(508) 897-2119
Keith Palmer	Director of Quality Management	(508) 897-2178

# Local Service Sites

Brockton Site Office Brockton Multi-Service Center 165 Quincy Street Brockton, MA 02302

Abington, Avon, Bridgewater, Brockton, East Bridgewater, Easton, Holbrook, Rockland, Stoughton, West Bridgewater, Whitman

#### Cape Cod & The Islands Site Office 500 Main Street Hyannis, MA 02601

Aquinnah, Barnstable, Bourne, Brewster, Chatham, Chilmark, Cotuit, Dennis, Eastham, Edgartown, Falmouth, Gay Head, Harwich, Hyannis, Mashpee, Nantucket, Oak Bluffs, Orleans, Osterville, Provincetown, Sandwich, Tisbury, Truro, Vineyard Haven, Wellfleet, West Tisbury, Woods Hole, Yarmouth

#### Fall River Site Office Corrigan Mental Health Center 49 Hillside Street Fall River, MA 02720

Fall River, Freetown, Somerset, Swansea, Westport

#### New Bedford Site Office 888 Purchase Street New Bedford, MA 02740

Acushnet, Dartmouth, Fairhaven, Gosnold, Marion, Mattapoisett, New Bedford, Onset, Rochester, Wareham **Telephone #** (508) 897-2000 Fax (508) 897-2075 TTY (508) 897-2102 (Crisis Unit) **Person in Charge** Mona MacKinnon Site Director

**Telephone #** (508) 957-0900 Fax (508) 957-0965 TTY (508) 771-3907 **Person in Charge** Debra Demuth – Interim Site Director

**Telephone #** (508) 235-7200 Fax (508) 235-7346 TTY (508) 678-2460

**Telephone #** (508) 996-7900 Fax (508) 999-1331 TTY (508) 994-2338 **Person in Charge** Debra Demuth – Interim Site Director

**Person in Charge** Paul Santos Site Director

#### Plymouth Site Office 38 Industrial Park Road Plymouth, MA 02360

Carver, Duxbury, Halifax, Hanover, Hanson, Kingston, Marshfield, Pembroke, Plymouth, Plympton

#### Quincy Site Office Quincy Mental Health Center 460 Quincy Avenue Quincy, MA 02169

Braintree, Cohasset, Hingham, Hull, Milton, Norwell, Quincy, Randolph, Scituate, Weymouth

#### Taunton/Attleboro Site Office 60 Hodges Avenue/P.O. Box 4007 Taunton, MA 02780

Attleboro, Berkley, Dighton, Lakeville, Mansfield, Middleboro, North Attleboro, Norton, Raynham, Rehoboth, Seekonk, Taunton

### The following municipalities are covered by the Southeast Area:

**Telephone #** (508) 732-3000 Fax (508) 746-3224 TTY (508) 746-0847

**Telephone #** (617) 984-1000 Fax (617) 984-1040 TTY (617) 984-1041

**Telephone #** (508) 977-3174 Fax (508) 977-3752 TTY (508) 977-3696 **Person in Charge** Theresa Silva Site Director

**Person in Charge** Laura Ruscio Site Director

**Person in Charge** Daniel Fisher Site Director

Abington	Cohasset	Gosnold	Mattapoisett	Pocasset	Tisbury
Acushnet	Cotuit	Halifax	Middleborough	Provincetown	Truro
Aquinnah	Dartmouth	Hanover	Milton	Quincy	Vineyard Haven
Attleboro	Dennis	Hanson	Nantucket	Randolph	Wareham
Avon	Dighton	Harwich	New Bedford	Raynham	Wellfleet
Barnstable	Duxbury	Hingham	North Attleboro	Rehoboth	West Bridgewater
Berkley	East Bridgewater	Holbrook	Norton	Rochester	Westport
Bourne	Eastham	Hull	Norwell	Rockland	West Tisbury
Braintree	Easton	Hyannis	Oak Bluffs	Sandwich	Weymouth
Brewster	Edgartown	Kingston	Onset	Scituate	Whitman
Bridgewater	Fairhaven	Lakeville	Orleans	Seekonk	Woods Hole
Brockton	Fall River	Mansfield	Osterville	Somerset	Yarmouth
Carver	Falmouth	Marion	Pembroke	Stoughton	
Chatham	Freetown	Marshfield	Plymouth	Swansea	
Chilmark	Gay Head	Mashpee	Plympton	Taunton	

## Northeast Area P.O. Box 387, 365 East Street Tewksbury, MA 01876-0387 Phone (978) 863-5000 Fax (978) 863-5091 TTY (978) 640-1193

## Susan C. Wing, Area Director

Efijenia Vasquez, Administrative Assistant (978) 863-5059

Michael Curtis	Director of Field Operations	(978) 863-5099
Daniel Breslin, M.D.	Area Medical Director	(978) 863-5054
Linda Simons	Director of Community Services	(978) 863-5043
Laurie Gobeil	Director of Child, Youth, Family Services	(978) 863-5069
Dr. Kerry Nelligan	Interim Area Forensics Director	(978) 863-5039
Justin Brown	Director of Recovery/Rehab Services	(978) 863-5012
Heather Valcanas	Director of Quality Management	(978) 863-5071

# **Local Service Sites**

#### Acton Site Office 35 Nagog Park, 2<sup>nd</sup> Floor Acton, MA 01720

Acton, Arlington, Bedford, Belmont, Boxborough, Burlington, Carlisle, Concord, Lexington, Lincoln, Littleton, Maynard, Stow, Waltham, Watertown, Wilmington, Winchester, Woburn

#### Essex North Site Office 280 Merrimack Street, 3<sup>rd</sup> Floor, Suite 360 Lawrence, MA 01843

Amesbury, Andover, Boxford, Bradford, Byfield, Georgetown, Groveland, Haverhill, Lawrence, Merrimac, Methuen, Newbury, Newburyport, North Andover, Rowley, Salisbury, West Newbury

#### Lowell Site Office 55 Technology Drive, 2<sup>nd</sup> Floor Lowell, MA 01851

Billerica, Chelmsford, Dracut, Dunstable, Lowell, Tewksbury, Tyngsboro, Westford

Lynn Site Office 330 Lynnway, Suite 201 Lynn, MA 01902 Lynn, Lynnfield, Nahant, Saugus, Swampscott

#### Metro North Site Office 178 Albion Street, Suite 410 Wakefield, MA 01880

Everett, Malden, Medford, Melrose, North Reading, Reading, Stoneham, Wakefield **Telephone #** (978) 206-2100 Fax (978) 206-2127 TTY (978) 206-2126

**Telephone #** (978) 738-4500 Fax (978)738-4559 TTY (978) 738-4558

**Telephone #** (978) 322-5000 Fax (978) 322-5077 TTY (978) 458-6142

**Telephone #** (781) 477-2070 Fax (781) 477-2071 TTY (781)477-2075

**Telephone #** (781) 224-7900 Fax (781) 224-7937 TTY (781) 224-7935 **Person in Charge** Amelia Peebles Site Director

**Person in Charge** Steven Noroian Site Director

**Person in Charge** Gerard Frater Site Director

**Person in Charge** Kathryn Ashe Site Director

**Person in Charge** Lori Montello Site Director

#### North Shore Site Office 45 Congress Street, Suite 4120 Salem, MA 01970

Beverly, Danvers, Essex, Gloucester, Hamilton, Hathorne, Ipswich, Manchester, Marblehead, Middleton, Peabody, Rockport, Salem, Topsfield, Wenham **Telephone #** (978) 741-7300 Fax (978) 741-7340 TTY (978) 741-7360

#### **Person in Charge** Sean McKinnon Site Director

#### The following municipalities are covered by the Northeast Area:

Acton	Dracut	Manchester	Salem
Amesbury	Dunstable	Marblehead	Salisbury
Andover	Essex	Maynard	Saugus
Arlington	Everett	Medford	Stoneham
Bedford	Georgetown	Melrose	Stow
Belmont	Gloucester	Merrimac	Swampscott
Beverly	Hamilton	Methuen	Tewksbury
Billerica	Haverhill	Middleton	Topsfield
Boxborough	Ipswich	Nahant	Tyngsborough
Boxford	Lawrence	North Andover	Wakefield
Bradford	Lexington	North Reading	Waltham
Burlington	Lincoln	Newbury	Watertown
Byfield	Littleton	Newburyport	Wenham
Carlisle	Lowell	Peabody	Westford
Chelmsford	Lynn	Reading	West Newbury
Concord	Lynnfield	Rockport	Wilmington
Danvers	Malden	Rowley	Winchester
			Woburn

## Central Massachusetts Area Farmhouse 361 Plantation Street, 1st Floor Worcester, MA 01605 Phone (774) 420-3140 Fax (774) 420-3165

## Jerry Juliano, Area Director

Nicole Palmer, Administrative Assistant (774) 420-3144

Michael Farrah	Director of Field Operations	(774) 420-3162
Tina Render, MD	Area Medical Director	(774) 420-3170
Annah Undenge	Director of Community Services	(774) 420-3173
Carly Sebastian	Director of Child, Youth, Family Services	(774) 420-3141
Kathleen Cahill	Area Forensic Director	(774) 420-3124
Valerie Comerford	Director of Recovery & Employment	(774) 420-3172
Alexandra Petit-Frere	Director of Quality Management	(774) 420-3143

# **Local Service Sites**

#### North County Site Office 49 Nursery Lane Fitchburg, MA 01420

Ashburnham, Ashby, Ayer, Barre, Berlin, Bolton, Clinton, Fitchburg, Gardner, Gilbertville, Groton, Hardwick, Harvard, Hubbardston, Lancaster, Leominster, Lunenburg, New Braintree, Oakham, Pepperell, Princeton, Rutland, Shirley, Sterling, Templeton, Townsend, Westminster, Winchendon

#### South County Site Office 40 Institute Road, Oaks "B" Bldg. North Grafton, MA 01536

Bellingham, Blackstone, Brimfield, Brookfield, Charlton, Douglas, Dudley, East Brookfield, Franklin, Grafton, Holland, Hopedale, Medway, Mendon, Milford, Millbury, Millville, Northbridge, North Brookfield, North Grafton, Oxford, Southbridge, Spencer, Sturbridge, Sutton, Upton, Uxbridge, Wales, Warren, Webster, West Brookfield, Whitinsville

#### Worcester Site Office 361 Plantation Street, - 2<sup>nd</sup> Floor Worcester, MA 01605

Auburn, Boylston, Holden, Leicester, Paxton, Shrewsbury, West Boylston, Worcester

Canton Site Office Pappas Rehabilitation Hospital for Children Donovan Building – 2<sup>nd</sup> Floor 5 Randolph Street Canton, MA 02021

Canton, Dedham, Foxboro, Medfield, Millis, Needham, Newton, Norfolk, Norwood, Plainville, Sharon, Walpole, Wellesley, Weston, Westwood, Wrentham **Telephone #** (978) 353-4400 Fax (978) 348-1275

**Telephone #** (508) 887-1100 Fax (508) 887-1166 **Person in Charge** Heather Powell Site Director

**Person in Charge** Patricia Surette Site Director

**Telephone #** (774) 420-3100 Fax (774) 420-3111 VP: (508) 340-4831

**Telephone #** (781) 401-9700 Fax (781) 401-9721 **Person in Charge** Juliet Sithole-Berk Site Director

**Person in Charge** Annah Undenge - Interim Site Director

#### Westborough Site Office Hadley Building 167 Lyman Street Westborough, MA 01581

Ashland, Dover, Framingham, Holliston, Hopkinton, Hudson, Marlborough, Natick, Northborough, Sherborn, Southborough, Sudbury, Wayland, Westborough

#### The following municipalities are covered by the Central Mass Area:

Ashburnham Ashby Ashland Auburn Ayer Barre Bellingham Berlin Blackstone Bolton Boylston Brimfield Canton Brookfield Charlton Clinton Dedham Douglas Dover Dudley East Brookfield Fitchburg Foxboro Framingham Franklin

Gardner Gilbertville Grafton Groton Harvard Hardwick Holden Holliston Holland Hopedale Hopkinton Hubbardston Hudson Lancaster Leicester Leominster Lunenburg Marlborough Medfield Medway Mendon Milford Millbury Millis Millville

Natick Needham New Braintree Newton Norfolk Northbridge North Brookfield North Grafton Norwood Oakham Oxford Paxton Pepperell Plainville Princeton Rutland Sharon Sherborn Shirley Shrewsbury Southbridge Southborough Southbridge Spencer Sterling

**Telephone #** 

(508) 616-2801

Fax (508) 616-2864

VP: (508) 614-9265

**Person in Charge** Tara Brennan Site Director

Sturbridge Sudbury Sutton Templeton Townsend Upton Uxbridge Wales Walpole Warren Webster Wellesley West Boylston West Brookfield Westborough Westminster Weston Westwood Whitinsville Winchendon Worcester Wrentham

## Western Massachusetts Area 1 Prince Street Northampton, MA 01060 Phone (413) 587-6200 Fax (413) 587-6203 TTY (413) 586-6592

## Julie Schwager, Area Director

Carol Pacinella, Administrative Assistant - (413) 587-6446

Susan Oman	Director of Field Operations	(413) 587-3541
Andrea Stone, M.D	Area Medical Director	(413) 587-6341
Heather Martin	Director of Community Services	(413) 587-6233
Sean Barry	Director of Child, Youth, Family Services	(413) 587-6358
John Barber	Area Forensic Director	(413) 587-6244
Celeste Clerk	Director of Recovery/Rehab Services	(413) 587-6478
Resa Brandfonbrener	Director of Quality Management	(413) 587-6346

# **Local Service Sites**

#### Berkshire Site Office 333 East Street Pittsfield, MA 01201

Adams, Alford, Becket, Cheshire, Clarksburg, Dalton, Egremont, Florida, Great Barrington, Hancock, Hinsdale, Housatonic, Lanesboro, Lee, Lenox, Monroe, Monterey, Mount Washington, New Ashford, New Marlboro, North Adams, Otis, Peru, Pittsfield, Richmond, Sandisfield, Savoy, Sheffield, Stockbridge, Tyringham, Washington, West Stockbridge, Williamstown, Windsor

#### Franklin/North Quabbin Site Office 13 Prospect Street Greenfield, MA 01301

Ashfield, Athol, Bernardston, Buckland, Charlemont, Colrain, Conway, Deerfield, Erving, Gill, Greenfield, Hawley, Heath, Leverett, Leyden, Montague, New Salem, Northfield, Orange, Petersham, Phillipston, Rowe, Royalston, Shelburne, Shutesbury, Sunderland, Turners Falls, Warwick, Wendell, Whately

#### Hampshire Site Office 1 Prince Street Northampton, MA 01060

Amherst, Chesterfield, Cummington, Easthampton, Goshen, Hadley, Hatfield, Middlefield, Northampton, Pelham, Plainfield, Westhampton, Williamsburg, Worthington

#### Holyoke/Chicopee Site Office 140 High Street, Suite 525 Springfield, MA 01105

Belchertown, Bondsville, Chicopee, Granby, Holyoke, Ludlow, Monson, Palmer, South Hadley, Southampton, Thorndike, Three Rivers, Ware **Telephone #** (413) 395-2000 Fax (413) 395-2018 TTY (413) 443-8294 **Person in Charge** Chris Haley Site Director

**Telephone #** (413) 772-5600 Fax (413) 772-5638 TTY (413) 772-3076 **Person in Charge** Dan Sontag Site Director

**Person in Charge** 

Kristin M. Smith

**Telephone #** (413) 587-6200 Fax (413) 587-5333 TTY (413) 586-6592

Site Director

**Telephone #** (413) 452-2300 Fax (413) 452-2372 TTY (413) 747-7240 **Person in Charge** Jennifer Dugan Site Director

#### Springfield Site Office 140 High Street, Suite 525 Springfield, MA 01105

*East Longmeadow, Hampden, Longmeadow, Springfield, Wilbraham* 

#### Westfield Site Office 1 Prince Street Northampton, MA 01060

Agawam, Blandford, Chester, Granville, Huntington, Montgomery, Russell, Southwick, Tolland, Westfield, West Springfield

#### The following municipalities are covered by the Western Mass Area:

(413) 452-2300 Fax (413) 452-2306 TTY (413) 747-7240

**Telephone #** 

**Telephone #** (413) 587-6200 Fax (413) 587-6444 TTY (413) 586-6592 **Person in Charge** Heather Martin - Interim Site Director

**Person in Charge** Christine Fowle Site Director

Adams	Deerfield	Lanesborough	Palmer	Thorndike
Agawam	Easthampton	Lee	Pelham	Three Rivers
Alford	East Longmeadow	Lenox	Peru	Tolland
Amherst	Egremont	Leverett	Petersham	Turner Falls
Ashfield	Erving	Leyden	Phillipston	Tyringham
Athol	Florida	Longmeadow	Pittsfield	Ware
Becket	Gill	Ludlow	Plainfield	Warwick
Belchertown	Goshen	Middlefield	Richmond	Washington
Bernardston	Granby	Monroe	Rowe	Wendell
Blandford	Granville	Monson	Royalston	Westfield
Bondsville	Great Barrington	Montague	Russell	Westhampton
Buckland	Greenfield	Monterey	Sandisfield	West Springfield
Charlemont	Hadley	Montgomery	Savoy	West Stockbridge
Cheshire	Hampden	Mt. Washington	Sheffield	Whately
Chester	Hancock	New Ashford	Shelburne	Wilbraham
Chesterfield	Hatfield	New Marlborough	Shutesbury	Williamsburg
Chicopee	Hawley	New Salem	South Hadley	Williamstown
Clarksburg	Heath	North Adams	Southampton	Windsor
Colrain	Hinsdale	Northfield	Southwick	Worthington
Conway	Holyoke	Northampton	Springfield	
Cummington	Housatonic	Orange	Stockbridge	
Dalton	Huntington	Otis	Sunderland	

## Alphabetical Listing of Massachusetts Cities, Towns and Area Offices Covered by DMH

Abington (Southeast) Acton (Northeast) Acushnet (Southeast) Adams (Western) Agawam (Western) Alford (Western) Allston (Metro Boston) Amesbury (Northeast) Amherst (Western) Andover (Northeast) Aquinnah (Southeast) Arlington (Northeast) Ashburnham (Central) Ashby (Central) Ashfield (Western) Ashland (Central) Athol (Western) Attleboro (Southeast) Auburn (Central) Avon (Southeast) Ayer (Central) Barnstable (Southeast) Barre (Central) Becket (Western) Bedford (Northeast) Belchertown (Western) Bellingham (Central) Belmont (Northeast) Berkley (Southeast) Berlin (Central) Bernardston (Western) Beverly (Northeast) Billerica (Northeast) Blackstone (Central) Blandford (Western) Bolton (Central) Bondsville (Western) Boston (Metro Boston) Bourne (Southeast) Boxborough (Northeast) Boxford (Northeast) Boylston (Central) Bradford (Northeast) Braintree (Southeast) Brewster (Southeast) Bridgewater (Southeast) Brighton (Metro Boston) Brimfield (Central) Brockton (Southeast) Brookfield (Central) Brookline (Metro Boston) Buckland (Western) Burlington (Northeast) Byfield (Northeast) Cambridge (Metro Boston) Canton (Central) Carlisle (Northeast) Carver (Southeast)

Charlemont (Western) Charlestown (Metro Boston) Charlton (Central) Chatham (Southeast) Chelmsford (Northeast) Chelsea (Metro Boston) Cheshire (Western) Chester (Western) Chesterfield (Western) Chicopee (Western) Chilmark (Southeast) Clarksburg (Western) Clinton (Central) Cohasset (Southeast) Colrain (Western) Concord (Northeast) Conway (Western) Cotuit (Southeast) Cummington (Western) Dalton (Western) Danvers (Northeast) Dartmouth (Southeast) Dedham (Central) Deerfield (Western) Dennis (Southeast) Dighton (Southeast) Dorchester (Metro Boston) Douglas (Central) Dover (Central) Dracut (Northeast) Dudley (Central) Dunstable (Northeast) Duxbury (Southeast) East Boston (Metro Boston) East Bridgewater (Southeast) East Brookfield (Central) East Longmeadow (Western) Eastham (Southeast) Easthampton (Western) Easton (Southeast) Edgartown (Southeast) Egremont (Western) Erving (Western) Essex (Northeast) Everett (Northeast) Fairhaven (Southeast) Fall River (Southeast) Falmouth (Southeast) Fitchburg (Central) Florida (Western) Foxboro (Central) Framingham (Central) Franklin (Central) Freetown (Southeast) Gardner (Central) Gay Head (Southeast) Georgetown (Northeast) Gilbertville (Central)

Gill (Western) Gloucester (Northeast) Goshen (Western) Gosnold (Southeast) Grafton (Central) Granby (Western) Granville (Western) Great Barrington (Western) Greenfield (Western) Groton (Central) Groveland (Northeast) Hadley (Western) Halifax (Southeast) Hamilton (Northeast) Hampden (Western) Hancock (Western) Hanover (Southeast) Hanson (Southeast) Hardwick (Central) Harvard (Central) Harwich (Southeast) Hatfield (Western) Hathorne (Northeast) Haverhill (Northeast) Hawley (Western) Heath (Western) Hingham (Southeast) Hinsdale (Western) Holbrook (Southeast) Holden (Central) Holland (Central) Holliston (Central) Holvoke (Western) Hopedale (Central) Hopkinton (Central) Housatonic (Western) Hubbardston (Central) Hudson (Central) Hull (Southeast) Huntington (Western) Hyannis (Southeast) Hyde Park (Metro Boston) Ipswich (Northeast) Jamaica Plain (Metro Boston) Kingston (Southeast) Lakeville (Southeast) Lancaster (Central) Lanesborough (Western) Lawrence (Northeast) Lee (Western) Leicester (Central) Lenox (Western) Leominster (Central) Leverett (Western) Lexington (Northeast) Levden (Western) Lincoln (Northeast) Littleton (Northeast)

Longmeadow (Western) Lowell (Northeast) Ludlow (Western) Lunenburg (Central) Lynn (Northeast) Lynnfield (Northeast) Malden (Northeast) Manchester (Northeast) Mansfield (Southeast) Marblehead (Northeast) Marion (Southeast) Marlborough (Central) Marshfield (Southeast) Mashpee (Southeast) Mattapan (Metro Boston) Mattapoisett (Southeast) Maynard (Northeast) Medfield (Central) Medford (Northeast) Medway (Central) Melrose (Northeast) Mendon (Central) Merrimac (Northeast) Methuen (Northeast) Middleborough (Southeast) Middlefield (Western) Middleton (Northeast) Milford (Central) Millbury (Central) Millis (Central) Millville (Central) Milton (Southeast) Monroe (Western) Monson (Western) Montague (Western) Monterey (Western) Montgomery (Western) Mount Washington (Western) Nahant (Northeast) Nantucket (Southeast) Natick (Central) Needham (Central) New Ashford (Western) New Bedford (Southeast) New Braintree (Central) New Marlborough (Western) New Salem (Western) Newbury (Northeast) Newburyport (Northeast) Newton (Central) Norfolk (Central) North Adams (Western) North Andover (Northeast) North Attleboro (Southeast) North Brookfield (Central) North Grafton (Central)

## Alphabetical Listing of Massachusetts Cities, Towns and Area Offices Covered by DMH

North Reading (Northeast) Northampton (Western) Northborough (Central) Northbridge (Central) Northfield (Western) Norton (Southeast) Norwell (Southeast) Norwood (Central) Oak Bluffs (Southeast) Oakham (Central) Onset (Southeast) Orange (Western) Orleans (Southeast) Osterville (Southeast) Otis (Western) Oxford (Central) Palmer (Western) Paxton (Central) Peabody (Northeast) Pelham (Western) Pembroke (Southeast) Pepperell (Central) Peru (Western) Petersham (Western) Phillipston (Western) Pittsfield (Western) Plainfield (Western) Plainville (Central) Plymouth (Southeast) Plympton (Southeast) Pocasset (Southeast) Princeton (Central) Provincetown (Southeast) **Ouincy** (Southeast) Randolph (Southeast) Ravnham (Southeast) Reading (Northeast) Rehoboth (Southeast) Revere (Metro Boston) Richmond (Western) Rochester (Southeast) Rockland (Southeast)) Rockport (Northeast) Roslindale (Metro Boston) Rowe (Western) Rowley (Northeast) Roxbury (Metro Boston) Royalston (Western) Russell (Western) Rutland (Central) Salem (Northeast) Salisbury (Northeast) Sandisfield (Western) Sandwich (Southeast) Saugus (Northeast) Savoy (Western) Scituate (Southeast) Seekonk (Southeast) Sharon (Central)

Sheffield (Western) Shelburne (Western) Sherborn (Central) Shirley (Central) Shrewsbury (Central) Shutesbury (Western) Somerset (Southeast) Somerville (Metro Boston) South Hadley (Western) Southampton (Western) Southborough (Central) South Boston (Metro Boston) Southbridge (Central) Southwick (Western) Spencer (Central) Springfield (Western) Sterling (Central) Stockbridge (Western) Stoneham (Northeast) Stoughton (Southeast) Stow (Northeast) Sturbridge (Central) Sudbury (Central) Sunderland (Western) Sutton (Central) Swampscott (Northeast) Swansea (Southeast) Taunton (Southeast) Templeton (Central) Tewksbury (Northeast) Thorndike (Western) Three Rivers (Western) Tisbury (Southeast) Tolland (Western) Topsfield (Northeast) Townsend (Central) Truro (Southeast) Turners Falls (Western) Tyngsborough (Northeast) Tyringham (Western) Upton (Central) Uxbridge (Central) Vineyard Haven ((Southeast) Wakefield (Northeast) Wales (Central) Walpole (Central) Waltham (Northeast) Ware (Western) Wareham (Southeast) Warren (Central) Warwick (Western) Washington (Western) Watertown (Northeast) Wayland (Central) Webster (Central) Wellesley (Central) Wellfleet (Southeast) Wendell (Western) Wenham (Northeast)

West Boylston (Central) West Bridgewater (Southeast) West Brookfield (Central) West Newbury (Northeast) West Roxbury (Metro Boston) West Springfield (Western) West Stockbridge (Western) West Tisbury (Southeast) Westborough (Central) Westfield (Western) Westford (Northeast) Westhampton (Western) Westminster (Central) Weston (Central) Westport (Southeast) Westwood (Central) Weymouth (Southeast) Whately (Western) Whitinsville (Central) Whitman (Southeast) Wilbraham (Western) Williamsburg (Western) Williamstown (Western) Wilmington (Northeast) Winchendon (Central) Winchester (Northeast) Windsor (Western) Winthrop (Metro Boston) Woburn (Northeast) Woods Hole (Southeast) Worcester (Central) Worthington (Western) Wrentham (Central) Yarmouth (Southeast)