



# North Region Coastal District

## Revere Beach Reservation

Department of Conservation and Recreation

### SPRING PROGRAMS

#### APRIL— JUNE 2024

All Programs are free and open to the public. An adult must accompany children. Reasonable accommodations for persons with disabilities are available upon request. Please dress for the weather. Programs are cancelled during inclement weather, including high winds. For more information call (781) 656-1485 or email [matthew.nash@mass.gov](mailto:matthew.nash@mass.gov)

#### Wednesdays

May 8 & 22

June 5 & 26

10:15-11:45 am

#### A MINDFUL NATURE CONNECTION

Use your senses to enliven and enrich your experience of nature and discover how these invitations can amplify your peace, creativity and health. Be prepared for sitting, standing, and walking short distances. Bring a small chair, blanket, pillow or pad to sit on. If you arrive late look for us on the beach.

**Ages:** Adults and teens with an adult chaperone

**Meet At:** Revere Beach Reservation, on the lawn at Eliot Circle

#### Transit Directions

A short walk from the Revere Beach stop on the MBTA blue line

#### Fridays

May 10

June 7

9:00-10:30 am

#### SLOW BIRDING

Led by DCR Park Staff. Come observe the beautiful details of birds and their behaviors and share observations with others in the group. Pose questions and memories that observations elicit. Birds we may see include Piping plover, Manx shearwater, resident gulls, with Common terns arriving by May.

**Ages:** adults and children 8 years + with an adult chaperone

**Meet At:** Across from 21 Revere Beach Blvd., Revere, MA. Park on Revere Beach Boulevard near the meeting spot, display a homemade sign with the letters "BBC" on your dashboard throughout the program's scheduled times to avoid the 9:00 am to 10:00 am parking restriction. Be sure to follow all other parking regulations which are strictly enforced.

#### Transit Directions

A short walk from the Revere Beach stop on the MBTA blue line

coming events