



## Age-Expected Child Development from Birth to 5 Years

The Early Childhood Outcomes Center ([www.the-eco-center.org](http://www.the-eco-center.org)) developed a list of links to resources that provide different kinds of information about age-expected skills and behaviors observed in children of from birth to 5 years. This kind of information may be helpful for providers and family members in discussions about Child Outcomes Summary Form ratings.

### Broad Topics

<http://www.cfw.tufts.edu/>

Tufts University hosts a Child & Family WebGuide that allows users to select a variety of issues by age or topic. Websites addressing those issues are listed, with reviews and ratings of their quality. Under “typical development,” there is a section on developmental milestones.

### Birth to 5 Years

<http://www.cdipage.com/>

This Child Development Institute site was developed by a clinical psychologist. It includes a wide array of information, including charts on toddler and preschool development across domains and general development from birth to 5 years.

<http://www.pbs.org/wholechild/abc/index.html>

<http://www.pbs.org/parents/childdevelopment/>

Two different sections from the Public Broadcasting Service (PBS) site provide a general overview of development by domain (first link) and specific information for each specified domain and age group (second link) on children’s development and skills from birth to 6 years.

<http://www.umm.edu/ency/article/002348.htm>

The University of Maryland Medical Center provides an overview of common developmental milestones and broad recommendations for play activities at various ages from birth to 5 years.

<http://www.med.umich.edu/1libr/yourchild/devmile.htm>

The University of Michigan Health System provides a detailed list of milestones at various age groups from birth through adolescence. The list is based on one developed by the American Academy of Pediatrics and ZERO TO THREE. Additional resources for more information are provided.

<http://www.aap.org/healthtopics/stages.cfm>

Detailed information from the American Academy of Pediatrics on developmental stages and common issues from birth to 21 years of age.

## **Birth to 5 Years (continued)**

<http://www.cdc.gov/ncbddd/autism/actearly/default.htm>

This information from the Centers for Disease Control and Prevention (CDC) provides bulleted information on the developmental milestones for children from 3 months to 5 years of age and offers developmental warning signs for each age group. The site also offers interactive tools for users to specify certain ages, select areas of development, and examine expected changes in milestones over time.

<http://www.kidsgrowth.com/stages/guide/index.cfm>

This site provides brief paragraphs summarizing what is commonly observed at various ages from birth to 18 years. It includes bulleted descriptions of specific skills in many areas, including development and feeding behavior. The site also provides considerable parenting resources and advice, with content overseen by a medical advisory board.

<http://www.babycenter.com/baby/babydevelopment/index>

This site provides information on development and key issues by age (birth to 8 years). Milestone charts and common questions/issues and resources are provided for each age. In many cases, milestone charts are organized by skills that most kids this age can do, emerging skills that about half of kids this age can do, and advanced skills that a few kids this age can do. There also is a section on what to expect when, with a list of common questions from parents about their children's development. Considerable information is provided about warning signs for developmental delays.

<http://www.talaris.org/timeline.htm>

This site provides a timeline of development of skills in children birth to 5 years, with references for further information. It also provides "Research Spotlights," many of which combine 60-second video spots with information on key parenting issues and related topics.

<http://ohioline.osu.edu/hyg-fact/5000/5297.html>

This site includes a short fact sheet about differences in children's play at various ages.

<http://www.speechdelay.com/testrosemilestones1.htm#0-6%20MONTHS>

This site was developed by a speech therapist. It identifies speech milestones from birth to 7 years and provides "Talking Tips" to teach parents how to support language development.

<http://www.nidcd.nih.gov/health/voice/speechandlanguage.asp#mychild>

This site by the National Institute on Deafness and Other Communication Disorders provides an interactive checklist for users to check off a child's skills and track development from birth to 5 years. Additional information about ongoing research is also presented.

[http://en.wikipedia.org/wiki/Child\\_development](http://en.wikipedia.org/wiki/Child_development)

Although this site requires the caveat that its content is open to editing and addition by the general public, Wikipedia content generally has been found to be quite consistent with other sources. The site includes a detailed description of common patterns of child development across domains from birth to 5 years.

## **Birth to 3 Years**

<http://www.firstsigns.org/healthydev/healthydev.htm>

This site provides questions and information about warning signs suggesting that a child's development may be exhibiting some delays relative to more typical milestones. Articles, checklists, and steps to take are provided.

<http://health.discovery.com/centers/kids/timeline/timeline.html>

Information from the Discovery Health Channel offers basic developmental milestone information for children birth to 1 year old.